

NEW ZEALAND POWERLIFTING FEDERATION**New Zealand Mens Powerlifting Championships 2022, Globe, Palmerston North (New Zealand), 01-05.08.2****Nominations on 31st of July 2022**

Name / B.Year	Team	Squat	Bench Press	Deadlift	Sum	Total
Open						
-59kg						
1 Stewart Ryan /1985	Southern	110.0	85.0	155.0	350.0	340.0
-66kg						
1 Pelaco Judah /1997	Wellington & C	185.0	130.0	240.0	555.0	555.0
2 Sue Jackson /2000	Auckland	196.0	125.0	230.0	551.0	551.0
3 Hemmington Will /1998	Auckland	180.0	140.0	230.0	550.0	550.0
4 Kwan Sheng Choong /1994	Auckland	190.0	125.0	215.0	530.0	530.0
5 Abbas Ali /1996	Canterbury	200.0	107.5	220.0	527.5	527.5
6 Fong Zako /1998	Southern	177.5	127.5	230.0	535.0	522.5
7 Allbon Connor /1995	Wellington & C	155.0	120.0	170.0	445.0	445.0
-74kg						
1 Sichone Kavwa /1989	Auckland	252.5	167.5	280.0	700.0	700.0
2 Strachan John /1988	Auckland	230.0	150.0	275.0	655.0	655.0
3 Bautista Emmanuel James	Canterbury	215.0	147.5	275.0	637.5	637.5
4 Lewis Dylan /1992	Southern	210.0	117.5	245.0	572.5	570.0
5 Singer Damien /1991	Wellington & C	205.0	110.0	250.0	565.0	565.0
6 Twigley Brandon /1992	Wellington & C	180.0	145.0	220.0	545.0	545.0
7 McAllister Hamish /1986	Wellington & C	180.0	140.0	220.0	540.0	540.0
8 Ahlers-Simpson Francis /19	Canterbury	182.5	120.0	225.0	527.5	527.5
9 Zhang Fan /1993	Auckland	192.5	120.0	212.5	525.0	525.0
10 Sherborne Jordon /1998	Wellington & C	180.0	115.0	210.0	505.0	502.5
-83kg						
1 Monigatti Timothy /1996	Southern	307.5	182.5	322.5	812.5	812.5
2 Chock Ian /1993	Auckland EQP	260.0	150.0	265.0	675.0	675.0
3 Snell Rodney /1994	Auckland EQP	220.0	205.0	235.0	660.0	660.0
4 Tan Jak /1993	Auckland	250.0	132.5	272.5	655.0	655.0
5 Campbell Jamie /1994	Southern	227.5	145.0	270.0	642.5	642.5
6 Carmichael Jarrad /1994	Auckland	220.0	150.0	235.0	605.0	605.0
7 Liang Wilson /1990	Auckland	192.5	125.0	265.0	582.5	582.5
8 Kingipotiki William /1990	Southern	210.0	127.5	245.0	582.5	582.5
9 Clarke George /1996	Wellington & C	190.0	125.0	230.0	545.0	545.0
10 Wilson James /1992	Auckland	175.0	107.5	200.0	482.5	482.5
-93kg						
1 King Jamie /1993	Canterbury	290.0	173.0	330.0	793.0	793.0
2 Koopu Mahaki /1998	Canterbury	275.0	170.0	280.0	725.0	725.0
3 Christie Jonathan /1986	Southern	260.0	150.0	280.0	690.0	690.0
4 Vis Robin /1986	Canterbury	260.0	140.0	277.5	677.5	677.5
5 Chan Philip /1995	Wellington & C	262.5	147.5	270.0	680.0	672.5
6 McLeod Lee /1996	Auckland	240.0	150.0	270.0	660.0	660.0
7 Pickup Chris /1984	Canterbury	217.5	127.5	262.5	607.5	607.5
8 Wallace William /1997	Auckland	227.5	132.5	145.0	505.0	605.0
9 Strathdee Henry /1997	Wellington & C	210.0	152.5	230.0	592.5	592.5
10 Payne Luke /1998	Canterbury	215.0	142.5	230.0	587.5	582.5
11 Funtilon Arvin /1988	Auckland	202.5	125.0	250.0	577.5	577.5
12 Kelly Ben /1994	Waikato Bay of	205.0	130.0	235.0	570.0	570.0
-105kg						
1 Koopu Maui /1997	Canterbury	297.5	192.5	300.0	790.0	790.0

2 Dawkins Edward /1989	Canterbury	270.0	160.0	302.5	732.5	732.5
3 Tonuu Marius /1996	Auckland	260.0	180.0	282.5	722.5	712.5
4 McKay Angus /1996	Southern	250.0	150.0	275.0	675.0	675.0
5 McAskie Liam /1995	Waikato Bay of	222.5	190.0	260.0	672.5	672.5
6 Black Harry /1997	Wellington & C	237.5	162.5	262.5	662.5	662.5
7 Boreham Glenn /1984	Auckland	232.5	160.0	260.0	652.5	652.5
8 King Sean /1998	Auckland	232.5	150.0	255.0	637.5	637.5
9 Yasakith Ridma /1996	Auckland	235.0	147.5	255.0	637.5	637.5
10 Tomu Kolo /1994	Waikato Bay of	185.0	145.0	280.0	610.0	610.0
11 Warren Keota /1994	Wellington & C	207.5	135.0	260.0	602.5	602.5
12 Arrowsmith Mark /1995	Wellington & C	200.0	137.5	247.5	585.0	585.0
13 Hogan Denzil /1998	Auckland	210.0	145.0	222.5	577.5	577.5

-120kg

1 Hills Aaron /1989	Auckland	272.5	190.0	315.0	777.5	772.5
2 Malosi-Solomona Carl /199	Auckland	265.0	140.0	312.5	717.5	717.5
3 Munro Jonathan /1995	Canterbury	272.5	165.0	272.5	710.0	710.0
4 Clarke Paul /1989	Auckland	230.0	187.5	260.0	677.5	677.5
5 Falakiseni William /1998	Auckland	232.5	165.0	260.0	657.5	657.5
6 Peake Sean /1994	Waikato Bay of	235.0	130.0	260.0	625.0	625.0
7 Swinnen Ian /1990	Canterbury	227.5	160.0	230.0	617.5	617.5
8 Elisara Matthew /1997	Wellington & C	215.0	160.0	240.0	615.0	615.0
9 Jones Dean /1985	Canterbury	242.5	120.0	250.0	612.5	612.5
10 Murphy Sam /1990	Canterbury	225.0	147.5	240.0	612.5	612.5

120+kg

1 Malofou Terry /1998	Auckland	327.5	235.0	365.0	927.5	927.5
2 Tongotongo Tisi /1998	Auckland	272.5	230.0	310.0	812.5	812.5
3 Tevaga James /1996	Auckland	320.0	190.0	300.0	810.0	810.0
4 Cocker Stanley /1992	Auckland	332.5	205.0	225.0	762.5	762.5
5 Filo Sione /1991	Auckland	255.0	180.0	320.0	755.0	755.0
6 Postlewaight Allan /1991	Auckland	272.5	195.0	282.5	750.0	750.0
7 Harteman Anthony /1995	Wellington & C	250.0	172.5	250.0	672.5	672.5
8 Muipu David /1996	Auckland	200.0	100.0	200.0	500.0	500.0

In the Competitions were participating 71 lifters

Sub-Juniors

-66kg

1 Lee Hamo /2004	Auckland	150.0	82.5	185.0	417.5	417.5
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-74kg

1 Tsering Nyima /2004	Northland	182.5	100.0	210.0	492.5	492.5
2 Abadi Elijah /2005	Auckland	160.0	77.5	205.0	442.5	442.5
3 Bubb Ollie /2005	Canterbury	140.0	92.5	190.0	422.5	422.5
4 Campbell Caleb /2005	Canterbury	162.5	70.0	180.0	412.5	412.5

-83kg

1 Cummings Zachariah /2004	Canterbury	240.0	130.0	265.0	635.0	635.0
2 Scanlon Thomas /2005	Waikato Bay of	210.0	140.0	270.0	620.0	620.0
3 Du Toit Schwarz /2004	Wellington & C	182.5	112.5	220.0	515.0	515.0
4 Timmins Alex /2005	Waikato Bay of	180.0	110.0	192.5	482.5	482.5
5 Mckelvey Takumi /2004	Wellington & C	170.0	90.0	190.0	450.0	450.0

-93kg

1 Fouche Tyrone /2004	Auckland	175.0	115.0	247.5	537.5	537.5
2 Farrell Joseph /2005	Wellington & C	147.5	120.0	202.5	470.0	470.0

-105kg

1 Shehata Ahmed /2004	Wellington & C	220.0	180.0	260.0	660.0	660.0
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120+kg

1 Williams Hone /2006	Northland	230.0	130.0	245.0	605.0	630.0
In the Competitions were participating 14 lifters						
Juniors						
-59kg						
1 De Ocampo Eiman /2000	Canterbury	155.0	90.0	195.0	440.0	440.0
2 Thakkar Dhairya /2000	Southern	125.0	90.0	185.0	400.0	400.0
-66kg						
1 Richards Lachlan /2000	Canterbury	157.5	100.5	200.0	458.0	458.0
-74kg						
1 Calder-Lee Ben /2001	Canterbury	230.0	148.0	260.0	638.0	638.0
2 Stoddard Josh /2000	Canterbury	190.0	117.5	185.0	492.5	492.5
3 Buitendach Reynhard /2000	Auckland	175.0	110.0	190.0	475.0	475.0
-83kg						
1 Trainor Matt /2000	Wellington & C	270.0	170.0	295.0	735.0	735.0
2 Winika Paora /2000	Wellington & C	230.0	157.5	250.0	637.5	637.5
3 Knight Brayden /2000	Wellington & C	220.0	155.0	240.0	615.0	615.0
4 Cheung Kinan /2001	Auckland	210.0	150.0	230.0	590.0	590.0
5 Saito Kazu /2000	Wellington & C	200.0	135.0	245.0	580.0	580.0
6 Peterson Jared /1999	Wellington & C	190.0	132.5	250.0	572.5	572.5
7 Macmillan Ryan /1999	Auckland	215.0	112.5	230.0	557.5	557.5
8 Signal Josh /1999	Southern	187.5	137.5	230.0	555.0	555.0
-93kg						
1 Silvey Matt /2000	Southern	265.0	160.5	305.0	730.5	730.5
2 Munyaka MacDonald /1999	Canterbury	235.0	185.0	300.0	720.0	720.0
3 Aucamp Brendan /2000	Waikato Bay of	250.0	142.5	320.0	712.5	712.5
4 Mishra Raynan /2000	Auckland	247.5	150.0	297.5	695.0	695.0
5 Burrell Jack /2001	Wellington & C	242.5	145.0	265.5	653.0	653.0
6 Newman Harry /2001	Canterbury	230.0	155.0	255.0	640.0	640.0
7 Oreta Andre /2001	Canterbury	232.5	145.0	260.0	637.5	637.5
8 Nehring Nicolai /2003	Auckland	210.0	157.5	215.0	582.5	585.5
9 Waller Nick /1999	Wellington & C	220.0	140.0	210.0	570.0	570.0
-105kg						
1 Graham Heath /2002	Waikato Bay of	273.0	165.0	295.0	733.0	733.0
2 Dickerson-Gillett Quintin /2000	Canterbury	245.0	170.0	285.0	700.0	700.0
3 Dio Raffy /2001	Auckland	258.0	150.0	275.0	683.0	683.0
4 Milligan Harry /2002	Southern	225.0	135.0	275.0	635.0	635.0
5 Vroland Duncan /2000	Canterbury	212.5	125.0	250.0	587.5	587.5
6 Farid Ahmed /2002	Wellington & C	195.0	130.0	250.0	575.0	575.0
120+kg						
1 Jahnke Tyler /2000	Waikato Bay of	312.5	150.0	310.0	772.5	772.5
2 Bell David /2000	Auckland	260.0	170.0	245.0	675.0	675.0
In the Competitions were participating 31 lifters						
Masters 1						
-66kg						
1 Richardson Andrei /1978	Auckland	170.0	112.5	212.5	495.0	490.0
-93kg						
1 Best Richard /1975	Wellington & C	197.5	150.0	220.0	567.5	567.5
2 Flint Alex /1978	Auckland	190.0	130.0	220.0	540.0	540.0
-105kg						
1 Neves Darren /1980	Auckland	260.0	162.5	260.0	682.5	682.5
2 Ng Edwin /1979	Auckland	250.0	120.0	270.0	640.0	655.0
-120kg						
1 Jones David /1981	Wellington & C	235.0	130.0	270.0	635.0	635.0

2 Taumoepeau Steven /1974	Wellington & C	220.0	150.0	250.0	620.0	620.0
3 Campbell Brendan /1977	Wellington & C	212.0	145.0	260.0	617.0	617.0
4 Sanileva Sani /1974	Auckland	210.0	160.0	225.0	595.0	590.0

120+kg

1 Anderson Jason /1979	Wellington & C	260.0	150.0	300.0	710.0	710.0
2 Smith Craig /1978	Canterbury	200.0	150.0	250.0	600.0	600.0

In the Competitions were participating 11 lifters

Masters 2

-74kg

1 Williamson Tecwyn /1966	Canterbury	200.0	127.5	220.0	547.5	547.5
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-83kg

1 Graham Robb /1968	Waikato Bay of	180.0	100.0	210.0	490.0	490.0
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-93kg

1 McMillan Craig /1969	Wellington & C	230.0	140.0	262.5	632.5	632.5
2 Kelsall Simon /1970	Auckland	200.0	140.0	220.0	560.0	560.0

-105kg

1 Snelgrove Adrian /1964	Auckland	200.0	150.0	250.0	600.0	600.0
2 Farrell Mark /1969	Wellington & C	172.5	132.5	215.0	520.0	520.0

-120kg

1 Peters Jason /1970	Wellington & C	215.0	130.0	215.0	560.0	560.0
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120+kg

1 Muller Carl /1967	Wellington & C	245.0	145.0	205.0	595.0	595.0
2 Gattsche Paul /1968	Auckland	180.0	190.0	190.0	560.0	560.0

In the Competitions were participating 9 lifters

Masters 3

-74kg

1 Crawford-Smith John /1962	Southern	147.5	87.5	175.0	410.0	405.0
2 Pickens Stephen /1957	Northland	132.5	87.5	180.0	400.0	400.0
3 Crosbie Philip /1957	Auckland	140.0	72.5	160.0	372.5	372.5

-83kg

1 King Stephen /1962	Auckland EQP	207.5	90.0	195.0	492.5	492.5
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-93kg

1 Tapa Norman /1960	Auckland	207.0	133.5	225.0	565.5	565.5
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-105kg

1 Henderson Bill /1960	Wellington & C	202.5	112.5	245.0	560.0	560.0
2 Ulrich Tony /1960	Northland EQP	170.0	120.0	190.0	480.0	480.0

120+kg

1 Holmes Geoffrey /1961	Wellington & C	200.0	100.0	200.0	500.0	500.0
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In the Competitions were participating 8 lifters

Masters 4

-74kg

1 Patchett Barry /1945	Waikato Bay of	102.5	85.0	137.5	325.0	325.0
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-93kg

1 Barrett Bryan /1952	Northland	170.0	100.0	210.0	480.0	480.0
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In the Competitions were participating 2 lifters