

**COMMONWEALTH POWERLIFTING FEDERATION**  
**Commonwealth Mens Equipped Powerlifting Championships 2022, Auckland (New Zealand), 28.11-04.12.2022**

**DETAILED SCORESHEET**

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
<b>Open</b>																					
<b>-66kg</b>																					
1	Rao S.krupa	1998	IND	65.60	0.1345	15	232.5	240.0	247.5	1	112.5	117.5	120.0	1	242.5	<del>262.5</del>	275.5-co	1	643.0	86.50	12
<b>-74kg</b>																					
1	Homer Luke	1996	CAN	73.80	0.1241	17	310.0	317.5	323.0-cor	1	<del>400.0</del>	180.0	<del>182.5</del>	1	275.0	290.0-co	303.0-co	1	806.0-co	100.06	12
2	Sevetiya Shailandra	1995	IND	72.40	0.1257	16	275.0	<del>290.0</del>	<del>290.0</del>	2	160.0	<del>180.0</del>	<del>180.0</del>	2	240.0	275.0	<del>290.0</del>	2	710.0	89.25	9
<b>-83kg</b>																					
1	Singh Ansu	1992	IND	82.00	0.1163	19	300.0	322.5	<del>337.5</del>	1	155.0	165.0	170.0	2	270.0	295.0	305.0	1	797.5	92.75	12
2	Chock Ian	1993	NZL	78.70	0.1192	20	265.0	275.0	<del>292.5</del>	2	180.0	<del>192.5</del>	192.5	1	265.0	280.0	<del>295.0</del>	2	747.5	89.11	9
<b>-93kg</b>																					
1	Petterson Griffith Carlos	1994	GUY	92.20	0.1089	21	310.0	<del>335.0</del>	340.0	1	160.0	<del>170.0</del>	X	3	330.0-co	350.0-co	<del>372.0</del>	1	850.0	92.60	12
2	Morgan Thomas	1996	WAL	91.60	0.1093	23	265.0	280.0	287.5	2	215.0	<del>225.0</del>	<del>245.0</del>	2	225.0	245.0	257.5	3	760.0	83.08	9
3	McCloy Evan	1987	AUS	92.70	0.1086	22	270.0	<del>285.0</del>	<del>300.0</del>	3	220.0	<del>280.0</del>	<del>280.0</del>	1	240.0	260.0	<del>272.5</del>	2	750.0	81.47	8
<b>-105kg</b>																					
1	Torley Christian	1991	AUS	102.80	0.1032	12	325.0	340.0	<del>345.0</del>	1	190.0	200.0	<del>210.0</del>	2	240.0	255.0	260.0	1	800.0	82.57	12
2	Green Lachlan	1990	AUS	104.10	0.1026	13	305.0	315.0	<del>325.0</del>	2	225.0	<del>245.0</del>	<del>245.0</del>	1	225.0	242.5	<del>257.5</del>	3	782.5	80.30	9
3	Shaw Joe	1998	ENG	104.70	0.1023	11	<del>260.0</del>	270.0	<del>280.0</del>	3	190.0	200.0	<del>212.5</del>	3	210.0	230.0	250.0	2	720.0	73.69	8
<b>-120kg</b>																					
1	A Rajarathinam	1997	IND	114.60	0.0984	14	302.5	330.0	<del>350.0</del>	1	165.0	<del>185.0</del>	<del>185.0</del>	1	240.0	270.0	302.5	1	797.5	78.49	12
<b>120+kg</b>																					
1	Saquib Basha Shaik	1996	IND	131.90	0.0934	16	<del>315.0</del>	330.0	<del>350.0</del>	1	225.0	237.5	247.5	1	310.0	<del>335.0</del>	<del>335.0</del>	1	887.5	82.90	12
2	Pal Paritesh	1999	IND	148.45	0.0901	15	<del>250.0</del>	250.0	<del>280.0</del>	2	140.0	160.0	180.0	2	200.0	X	X	2	630.0	56.76	9

**Team (points)**

1	India	57	[12+12+12+12+9]	429.90	IPF GL
2	Australia	29	[12+9+8]	244.34	IPF GL
3	Canada	12	[12]	100.06	IPF GL
4	Guyana	12	[12]	92.60	IPF GL
5	New Zealand	9	[9]	89.11	IPF GL
6	Wales	9	[9]	83.08	IPF GL
7	England	8	[8]	73.69	IPF GL

**Best Lifters of Open by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Homer Luke	Canada	73.80	806.0	100.0609	1
2.	Singh Ansu	India	82.00	797.5	92.7508	1
3.	Petterson Griffith Carlos	Guyana	92.20	850.0	92.5982	1

**Sub-Juniors**

<b>-66kg</b>																					
1	R Dinesh	2006	IND	64.45	0.1363	12	170.0	200.0	<del>218.0</del>	1	110.0	117.5	120.0	1	197.5	218.0-csj	<del>225.0</del>	1	538.0	73.30	12
<b>-74kg</b>																					
1	M Jayamaruthy	2004	IND	73.35	0.1246	15	235.0	253.0-csj	<del>262.5</del>	1	132.5	137.5	<del>140.0</del>	1	245.0	<del>265.0</del>	<del>265.0</del>	1	635.5	79.21	12
<b>-93kg</b>																					
1	Noronha Raxon	2005	IND	92.15	0.1090	18	245.0	257.5	271.0-csj	1	<del>400.0</del>	120.0	130.0	1	210.0	225.0	240.0	1	641.0	69.85	12

**Team (points)**

1 India 36 [12+12+12] 222.36 IPF GL

**Best Lifters of Subjuniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	M Jayamaruthy	India	73.35	635.5	79.2087	1
2.	R Dinesh	India	64.45	538.0	73.3030	1
3.	Noronha Raxon	India	92.15	641.0	69.8498	1

**Juniors**

<b>-59kg</b>																					
1	Abdulla S Sheik	2001	IND	58.10	0.1473	10	190.0	200.0	210.0	1	105.0	115.0	120.0	1	150.0	170.0	X	1	500.0	73.67	12
<b>-74kg</b>																					
1	Singh Thakur Sumit	1999	IND	71.95	0.1262	13	245.0	250.0	<del>255.0</del>	1	140.0	<del>147.5</del>	147.5	2	250.0	255.0	<del>257.5</del>	1	652.5	82.36	12
2	V Minj Alex	2000	IND	72.45	0.1257	14	230.0	<del>247.5</del>	247.5	2	165.0	<del>170.0</del>	<del>170.0</del>	1	220.0	237.5	<del>245.0</del>	2	650.0	81.67	9
<b>-83kg</b>																					
1	Kumar B Anil	2000	IND	80.25	0.1178	16	<del>250.0</del>	<del>250.0</del>	250.0	1	150.0	160.0	170.0	1	225.0	237.5	242.5	1	662.5	78.05	12
<b>-93kg</b>																					
1	Prasad M Durga	2002	IND	89.25	0.1108	17	250.0	257.5	<del>265.0</del>	1	150.0	160.0	170.0	1	220.0	227.5	240.0	1	667.5	73.99	12
<b>-120kg</b>																					
1	Kaweti Sagar Vijay	2000	IND	109.50	0.1003	19	230.0	<del>260.0</del>	<del>260.0</del>	1	130.0	137.5	142.5	1	<del>200.0</del>	210.0	<del>225.0</del>	1	582.5	58.44	12

**Team (points)**

1 India 60 [12+12+12+12+12] 366.52 IPF GL

**Best Lifters of Juniors by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Singh Thakur Sumit	India	71.95	652.5	82.3644	1
2.	V Minj Alex	India	72.45	650.0	81.6744	2
3.	Kumar B Anil	India	80.25	662.5	78.0471	1

**Masters 1**

<b>-59kg</b>																					
1	Gowda Hanumanthe	1976	IND	58.20	0.1471	1	<del>140.0</del>	140.0	142.5	1	95.0	102.5	107.5	1	165.0	175.0	177.5	1	427.5	62.91	12
<b>-66kg</b>																					
1	Kharvi D K Satish	1976	IND	64.50	0.1362	3	180.0	202.5	<del>205.0</del>	1	<del>115.0</del>	115.0	125.0	1	195.0	215.0	225.0	1	552.5	75.24	12
<b>-83kg</b>																					
1	Ferrao Roshan	1979	IND	82.10	0.1162	6	245.0	<del>260.0</del>	260.0	1	110.0	<del>117.5</del>	117.5	1	230.0	242.5	<del>250.0</del>	1	620.0	72.06	12
<b>-93kg</b>																					
1	Narayan Prabhu Venktesh	1982	IND	90.60	0.1100	10	245.0	<del>265.0</del>	265.0	1	145.0	152.5	160.0	2	245.0	265.0	275.0	1	700.0	76.97	12
2	Yadav Jitendra	1982	IND	84.75	0.1141	9	230.0	240.0	250.0	2	<del>160.0</del>	160.0	180.0	1	210.0	225.0	235.0	2	665.0	75.87	9
<b>-105kg</b>																					
1	Umbalkar Vishal	1978	IND	100.65	0.1043	12	<del>240.0</del>	240.0	250.0	1	170.0	177.5	<del>182.5</del>	1	250.0	265.0	X	1	692.5	72.19	12
2	Wasnik Raj	1981	IND	99.10	0.1050	11	<del>200.0</del>	200.0	215.0	2	120.0	130.0	X	2	170.0	<del>172.5</del>	190.0	2	535.0	56.19	9
<b>-120kg</b>																					
1	Rajesh Shetye	1981	IND	115.40	0.0981	14	<del>180.0</del>	180.0	<del>200.0</del>	1	95.0	105.0	112.5	1	180.0	200.0	207.5	1	500.0	49.07	12

**Team (points)**

1 India 60 [12+12+12+12+12] 359.36 IPF GL

**Best Lifters of Masters 1 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Narayan Prabhu Venktesh	India	90.60	700.0	76.9685	1
2.	Yadav Jitendra	India	84.75	665.0	75.8725	2
3.	Kharvi D K Satish	India	64.50	552.5	75.2367	1

**Masters 2****-66kg**

1	Hrynkow David	1964	CAN	65.50	0.1347	2	137.5	145.0	152.5	1	80.0	90.0	<del>95.0</del>	1	180.0	190.0	202.5	1	445.0	59.93	12
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**-83kg**

1	Patil Tanaji	1966	IND	82.80	0.1156	5	200.0	215.0	225.0	1	125.0	135.0	142.5	1	195.0	215.0	<del>222.5</del>	1	582.5	67.36	12
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**-93kg**

1	Singh Bisht Jiwan	1968	IND	90.15	0.1102	8	250.0	270.0	X	1	<del>430.0</del>	<del>430.0</del>	130.0	1	230.0	260.0	275.0	1	675.0	74.42	12
2	D Ravichandran	1971	IND	84.15	0.1146	7	170.0	190.0	<del>240.0</del>	2	60.0	80.0	95.0	2	170.0	190.0	205.0	2	490.0	56.13	9

**-120kg**

1	G Shivaramalingam	1965	IND	108.60	0.1007	13	140.0	X	X	1	120.0	X	X	1	180.0	X	X	1	440.0	44.30	12
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**Team (points)**

1	India	45	[12+12+12+9]	242.22	IPF GL
2	Canada	12	[12]	59.93	IPF GL

**Best Lifters of Masters 2 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Singh Bisht Jiwan	India	90.15	675.0	74.4181	1
2.	Patil Tanaji	India	82.80	582.5	67.3603	1
3.	Hrynkow David	Canada	65.50	445.0	59.9299	1

**Masters 3****-83kg**

1	King Stephen	1962	NZL	82.60	0.1158	4	205.0	225.0	<del>240.0</del>	1	95.0	102.5	107.5	1	180.0	192.5	200.0	1	532.5	61.67	12
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**-105kg**

1	Urlich Tony	1960	NZL	97.90	0.1057	7	<del>450.0</del>	150.0	160.0	1	110.0	115.0	<del>120.0</del>	1	180.0	190.0	200.0	1	475.0	50.19	12
2	Sahni Shyam Dinanth	1959	IND	94.35	0.1076	8	100.0	115.0	130.0	2	85.0	95.0	100.0	2	140.0	150.0	160.0	2	390.0	41.98	9

**-120kg**

1	Pordel Abbas	1961	AUS	115.45	0.0981	9	165.0	175.0	182.5	1	185.0-c3	205.0-c3	215.0-c3	1	185.0	205.0	220.0	1	617.5	60.60	12
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**Team (points)**

1	New Zealand	24	[12+12]	111.86	IPF GL
2	Australia	12	[12]	60.60	IPF GL
3	India	9	[9]	41.98	IPF GL

**Best Lifters of Masters 3 by IPF GL Formula**

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	King Stephen	New Zealand	82.60	532.5	61.6656	1
2.	Pordel Abbas	Australia	115.45	617.5	60.5953	1
3.	Urlich Tony	New Zealand	97.90	475.0	50.1895	1

**Masters 4****-74kg**

1	Bristow Maxwell	1944	AUS	67.95	0.1312	1	<del>440.0</del>	<del>420.0</del>	120.0	1	60.0	70.0	72.5	1	165.0	180.0	<del>185.0</del>	1	372.5	48.88	12
<b>-83kg</b>																					
1	Kumar Kudroli Harish	1952	IND	80.70	0.1174	3	110.0	<del>420.0</del>	<del>430.0</del>	1	80.0	<del>90.0</del>	90.0	1	130.0	135.0	<del>140.0</del>	1	335.0	39.33	12
<b>-105kg</b>																					
1	Ellender Mick	1945	ENG	93.80	0.1080	6	80.0	100.0	120.0	1	105.0	115.0	120.0	1	175.0	190.0	<del>200.0</del>	1	430.0	46.43	12

#### Team (points)

1	Australia	12	[12]	48.88	IPF GL
2	England	12	[12]	46.43	IPF GL
3	India	12	[12]	39.33	IPF GL

#### Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Bristow Maxwell	Australia	67.95	372.5	48.8828	1
2.	Ellender Mick	England	93.80	430.0	46.4258	1
3.	Kumar Kudroli Harish	India	80.70	335.0	39.3330	1

#### Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia

CAN = Canada

ENG = England

GUY = Guyana

IND = India

NZL = New Zealand

WAL = Wales