

COMMONWEALTH POWERLIFTING FEDERATION

Commonwealth Mens Equipped Benchpress Championships 2022, Auckland (New Zealand), 28.11-04.12.2022

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-66kg												
1	Nitin Kudalkar Sidhant	1998	IND	65.10	0.4402	33	80.0	100.0	107.5	107.5	47.32	12
-83kg												
1	Singh Ansu	1992	IND	82.85	0.3564	37	155.0	165.0	172.5	165.0	58.81	12
-93kg												
1	Morgan Thomas	1996	WAL	92.05	0.3328	38	215.0	215.0	225.0	225.0	74.87	12
-105kg												
1	Shaw Jo	1998	ENG	104.35	0.3114	41	190.0	190.0	200.0	200.0	62.28	12
2	Clarke Toby	1994	NI	93.25	0.3303	40	140.0	155.0	170.0	155.0	51.19	9
120+kg												
1	Bentley Garrett	1988	CAN	129.85	0.2868	46	315.0	322.5	322.5	322.5	92.51	12
2	Marshall Martin	1987	ENG	129.70	0.2869	44	230.0	230.0	250.0	230.0	66.00	9
3	Naik Kantyani Prasad	1988	IND	154.45	0.2754	47	100.0	X	X	100.0	27.54	8

Team (points)

1	India	32	[12+12+8]	33.66	IPF GL
2	England	21	[12+9]	28.28	IPF GL
3	Canada	12	[12]	32.51	IPF GL
4	Wales	12	[12]	74.87	IPF GL
5	Northern Ireland	9	[9]	51.19	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Bentley Garrett	Canada	129.85	322.5	92.5085	1
2.	Morgan Thomas	Wales	92.05	225.0	74.8726	1
3.	Marshall Martin	England	129.70	230.0	65.9971	2

Juniors

-74kg												
1	Choudhary Haroon	2001	IND	73.50	0.3917	34	120.0	130.0	132.5	130.0	50.92	12
-93kg												
1	Gardner Angus	2000	ENG	90.50	0.3362	39	140.0	155.0	157.5	157.5	52.95	12

Team (points)

1	England	12	[12]	52.95	IPF GL
2	India	12	[12]	50.92	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Gardner Angus	England	90.50	157.5	52.9495	1
2.	Choudhary Haroon	India	73.50	130.0	50.9216	1

Masters 1

-59kg												
1	Hanumanthe Gowda	1976	IND	57.65	0.5074	16	95.0	100.0	102.5	102.5	52.01	12
-66kg												
1	Kharvi D K Satish	1976	IND	65.35	0.4384	17	115.0	122.5	130.0	122.5	53.70	12
-93kg												
1	Narayan Prabhu Venkte	1982	IND	91.00	0.3351	26	145.0	155.0	170.0	155.0	51.93	12
120+kg												
1	Breetzke Simon	1978	RSA	138.80	0.2818	32	240.0	260.0	260.0	240.0	67.62	12

Team (points)

1	India	36	[12+12+12]	57.65	IPF GL
2	South Africa	12	[12]	67.62	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Breetzke Simon	South Africa	138.80	240.0	67.6219	1

2.	Kharvi D K Satish	India					65.35		122.5		53.7012	1
3.	Hanumanthe Gowda	India					57.65		102.5		52.0132	1

Masters 2

-66kg

1	Hrynkow David	1964	CAN	66.00	0.4339	18	82.5	95.0	95.0	82.5	35.79	12
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-74kg

1	Poorathankandy Jagann	1968	IND	71.80	0.3999	19	110.0	120.0	125.0	120.0	47.99	12
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-83kg

1	Anand Mandia	1971	IND	82.95	0.3561	22	160.0	167.5	170.0	170.0	60.54	12
2	Rosborough Jim	1972	NI	81.50	0.3607	21	145.0	150.0	167.5	150.0	54.10	9

-93kg

1	Deshmukh Subhash	1966	IND	91.50	0.3340	27	125.0	125.0	132.5	132.5	44.25	12
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-120kg

1	Ball Darren	1970	ENG	118.40	0.2956	30	150.0	152.5	155.0	155.0	45.82	12
2	G Shivaramalingam	1965	IND	109.65	0.3046	31	120.0	130.0	X	120.0	36.55	9

Team (points)

1	India	45	[12+12+12+9]	39.33	IPF GL
2	England	12	[12]	15.82	IPF GL
3	Canada	12	[12]	35.79	IPF GL
4	Northern Ireland	9	[9]	54.10	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Anand Mandia	India	82.95	170.0	60.5351	1
2.	Rosborough Jim	Northern Ireland	81.50	150.0	54.0977	2
3.	Poorathankandy Jagann	India	71.80	120.0	47.9896	1

Masters 3

-83kg

1	Singh Sabharwal Inderjit	1954	IND	81.60	0.3603	23	110.0	110.0	125.0	125.0	45.04	12
2	Dhyan Singh Yumlembaz	1959	IND	82.65	0.3570	24	80.0	90.0	90.0	90.0	32.13	9

-105kg

1	Urlich Tony	1960	NZL	97.15	0.3228	28	110.0	117.5	122.5	117.5	37.93	12
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Team (points)

1	India	21	[12+9]	77.17	IPF GL
2	New Zealand	12	[12]	37.93	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Singh Sabharwal Inderjit	India	81.60	125.0	45.0410	1
2.	Urlich Tony	New Zealand	97.15	117.5	37.9276	1
3.	Dhyan Singh Yumlembaz	India	82.65	90.0	32.1310	2

Masters 4

-83kg

1	Saha Nirmal Kr	1948	IND	75.35	0.3835	25	65.0	65.0	75.0	75.0	28.76	12
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-105kg

1	Ellender Mick	1945	ENG	94.30	0.3281	29	110.0	120.0	127.5	120.0	39.38	12
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Team (points)

1	England	12	[12]	39.38	IPF GL
2	India	12	[12]	28.76	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Ellender Mick	England	94.30	120.0	39.3766	1
2.	Saha Nirmal Kr	India	75.35	75.0	28.7622	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Game
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CAN = Canada
ENG = England
IND = India

NI = Northern Ireland
NZL = New Zealand
RSA = South Africa

WAL = Wales