

## World Masters 2 Women's Equipped Records

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| w.class                          | name                       | nation      | born | bwt    | result       | date       | location                     | state |
|----------------------------------|----------------------------|-------------|------|--------|--------------|------------|------------------------------|-------|
| <b>SQUAT</b>                     |                            |             |      |        |              |            |                              |       |
| -47kg                            | Fukushima Yukako           | Japan       | 1970 | 46.55  | <b>182.5</b> | 14.11.2022 | Viborg / Denmark             |       |
| -52kg                            | Buxbom Eva                 | Denmark     | 1969 | 51.99  | <b>162.5</b> | 14.11.2022 | Viborg / Denmark             |       |
| -57kg                            | Buxbom Eva                 | Denmark     | 1969 | 56.35  | <b>180.0</b> | 06.05.2022 | Pilsen / Czechia             |       |
| -63kg                            | Orsini Antonietta          | Italy       | 1964 | 62.21  | <b>205.0</b> | 16.11.2016 | Orlando / U.S.America        |       |
| -69kg                            | Orsini Antonietta          | Italy       | 1964 | 64.32  | <b>212.5</b> | 01.01.2021 | Wroclaw / Poland             |       |
| -76kg                            | Blikra Inger               | Norway      | 1961 | 71.73  | <b>220.0</b> | 01.01.2021 | Pilsen / Czechia             |       |
| -84kg                            | Hille Arnesen Heidi        | Norway      | 1970 | 83.94  | <b>252.5</b> | 07.05.2023 | Thisted / Denmark            |       |
| 84+kg                            | Hille Arnesen Heidi        | Norway      | 1970 | 86.80  | <b>255.0</b> | 18.11.2023 | Druskininkai / Lithuania     |       |
| <b>BENCH PRESS</b>               |                            |             |      |        |              |            |                              |       |
| -47kg                            | Fukushima Yukako           | Japan       | 1970 | 46.55  | <b>130.0</b> | 14.11.2022 | Viborg / Denmark             |       |
| -52kg                            | Feraud Nathalie            | France      | 1967 | 50.30  | <b>98.0</b>  | 09.10.2019 | Potchefstroom / South Africa |       |
| -57kg                            | Zaroviene Daiva            | Lithuania   | 1965 | 56.95  | <b>124.0</b> | 14.07.2015 | Pilsen / Czechia             |       |
| -63kg                            | Kitamura Mayumi            | Japan       | 1967 | 62.93  | <b>157.5</b> | 20.11.2019 | Dubai / United Arab Emirates |       |
| -69kg                            | Kitamura Mayumi            | Japan       | 1967 | 66.60  | <b>157.5</b> | 16.11.2023 | Druskininkai / Lithuania     |       |
| -76kg                            | Blikra Inger               | Norway      | 1961 | 70.80  | <b>137.5</b> | 01.01.2021 | Pilsen / Czechia             |       |
| -84kg                            | Hille Arnesen Heidi        | Norway      | 1970 | 83.77  | <b>147.5</b> | 07.08.2021 | Pilsen / Czechia             |       |
| 84+kg                            | Manaena Sonia              | New Zealand | 1961 | 126.18 | <b>157.5</b> | 29.07.2011 | Melbourne / Australia        |       |
| <b>DEADLIFT</b>                  |                            |             |      |        |              |            |                              |       |
| -47kg                            | Fukushima Yukako           | Japan       | 1970 | 46.35  | <b>170.0</b> | 08.07.2022 | Birmingham / U.S.America     |       |
| -52kg                            | Buxbom Eva                 | Denmark     | 1969 | 51.99  | <b>167.5</b> | 14.11.2022 | Viborg / Denmark             |       |
| -57kg                            | Allen Helen                | Australia   | 1961 | 56.52  | <b>183.0</b> | 04.10.2017 | Sundsvall / Sweden           |       |
| -63kg                            | Orsini Antonietta          | Italy       | 1964 | 62.36  | <b>195.0</b> | 12.05.2017 | Malaga / Spain               |       |
| -69kg                            | Orsini Antonietta          | Italy       | 1964 | 64.32  | <b>202.5</b> | 01.01.2021 | Wroclaw / Poland             |       |
| -76kg                            | Blikra Inger               | Norway      | 1961 | 71.73  | <b>212.5</b> | 01.01.2021 | Pilsen / Czechia             |       |
| -84kg                            | Hille Arnesen Heidi        | Norway      | 1970 | 83.90  | <b>210.0</b> | 08.05.2022 | Pilsen / Czechia             |       |
| 84+kg                            | Manaena Sonia              | New Zealand | 1961 | 125.41 | <b>245.0</b> | 01.08.2013 | Cali / Colombia              |       |
| <b>TOTAL</b>                     |                            |             |      |        |              |            |                              |       |
| -47kg                            | Fukushima Yukako           | Japan       | 1970 | 46.55  | <b>477.5</b> | 14.11.2022 | Viborg / Denmark             |       |
| -52kg                            | Koykka Anita               | Philippines | 1960 | 51.35  | <b>410.0</b> | 03.05.2012 | Udaipur / India              |       |
| -57kg                            | Buxbom Eva                 | Denmark     | 1969 | 56.35  | <b>450.0</b> | 06.05.2022 | Pilsen / Czechia             |       |
| -63kg                            | Kitamura Mayumi            | Japan       | 1967 | 62.60  | <b>550.0</b> | 07.11.2018 | Halmstad / Sweden            |       |
| -69kg                            | Orsini Antonietta          | Italy       | 1964 | 64.32  | <b>555.0</b> | 01.01.2021 | Wroclaw / Poland             |       |
| -76kg                            | Blikra Inger               | Norway      | 1961 | 71.73  | <b>567.5</b> | 01.01.2021 | Pilsen / Czechia             |       |
| -84kg                            | Hille Arnesen Heidi        | Norway      | 1970 | 83.94  | <b>607.5</b> | 07.05.2023 | Thisted / Denmark            |       |
| 84+kg                            | Manaena Sonia              | New Zealand | 1961 | 126.18 | <b>625.0</b> | 29.07.2011 | Melbourne / Australia        |       |
| <b>BENCH PRESS (SINGLE LIFT)</b> |                            |             |      |        |              |            |                              |       |
| -47kg                            | Fukushima Yukako           | Japan       | 1970 | 46.55  | <b>130.0</b> | 14.11.2022 | Viborg / Denmark             |       |
| -52kg                            | Nagaya-Shirakawa Kaori     | Japan       | 1963 | 51.12  | <b>130.0</b> | 21.05.2014 | Rodby / Denmark              |       |
| -57kg                            | Zaroviene Daiva            | Lithuania   | 1965 | 56.95  | <b>124.0</b> | 14.07.2015 | Pilsen / Czechia             |       |
| -63kg                            | Kitamura Mayumi            | Japan       | 1967 | 62.60  | <b>167.5</b> | 24.05.2019 | Tokyo / Japan                |       |
| -69kg                            | Kitamura Mayumi            | Japan       | 1967 | 66.60  | <b>157.5</b> | 16.11.2023 | Druskininkai / Lithuania     |       |
| -76kg                            | Voho Tiina                 | Finland     | 1973 | 75.55  | <b>150.0</b> | 25.05.2023 | Sun City / South Africa      |       |
| -84kg                            | Duhem Leila                | France      | 1963 | 83.57  | <b>155.0</b> | 23.05.2014 | Rodby / Denmark              |       |
| 84+kg                            | Rehoff Christensen Annette | Denmark     | 1965 | 122.88 | <b>207.5</b> | 12.10.2018 | Hamm / Luxembourg            |       |

Abbreviation: \* – Pending Approval