

Asian Open Women's Equipped Records

Last update: 29 Nov 2023, 13:55 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	46.75	210.0	14.11.2016	Orlando / U.S.America	
-52kg	Su Yi-Jie	Chinese Taipei	1995	49.10	190.0	13.11.2023	Druskininkai / Lithuania	
-57kg	Hartati Sri	Indonesia	1984	56.15	225.0	06.11.2018	Halmstad / Sweden	
-63kg	Hung Hsiu-Ching	Chinese Taipei	1995	62.30	232.5	15.11.2023	Druskininkai / Lithuania	
-69kg	Shedge Akshaya Ajit	India	1995	68.10	232.5	20.06.2022	Coimbatore / India	
-76kg	Reboton Joyce Gail	Philippines	1992	75.50	242.5	09.07.2022	Birmingham / U.S.America	
-84kg	Rahayu Sri	Indonesia	1992	82.98	268.0	24.07.2015	Hong Kong / Hong Kong	
84+kg	Su Fang-Yun	Chinese Taipei	1992	121.07	297.5	17.11.2017	Pilsen / Czechia	
BENCH PRESS								
-47kg	Widari Widari	Indonesia	1991	46.55	141.0	05.11.2018	Halmstad / Sweden	
-52kg	Huang Yen-Tzu	Chinese Taipei	1992	51.10	125.0	05.11.2018	Halmstad / Sweden	
-57kg	Huang Yen-Tzu	Chinese Taipei	1992	56.15	152.5	09.11.2021	Stavanger / Norway	
-63kg	Kitamura Mayumi	Japan	1967	62.85	173.0	16.11.2016	Orlando / U.S.America	
-69kg	Kitamura Mayumi	Japan	1967	66.60	157.5	16.11.2023	Druskininkai / Lithuania	
-76kg	Reboton Joyce Gail	Philippines	1992	75.50	147.5	09.07.2022	Birmingham / U.S.America	
-84kg	Hung Min-Chu	Chinese Taipei	1983	83.50	181.5	07.11.2014	Aurora / U.S.America	
84+kg	Okatenko Xeniya	Kazakhstan	1994	104.49	185.0	17.11.2017	Pilsen / Czechia	
DEADLIFT								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	45.60	186.0	04.11.2014	Aurora / U.S.America	
-52kg	Chou Yi-Ju	Chinese Taipei	1980	49.78	192.5	04.11.2014	Aurora / U.S.America	
-57kg	Hung Hsiu-Ching	Chinese Taipei	1995	56.50	210.5	19.11.2019	Dubai / United Arab Emirates	
-63kg	Sari Noviana	Indonesia	1984	60.40	225.0	31.10.2012	Aguadilla / Puerto Rico	
-69kg	Shedge Akshaya Ajit	India	1995	67.94	212.5	04.05.2023	Alappuzha / India	
-76kg	Lin Li-Chen	Chinese Taipei	1990	75.45	217.5	17.11.2023	Druskininkai / Lithuania	
-84kg	Rahayu Sri	Indonesia	1992	82.98	206.0	24.07.2015	Hong Kong / Hong Kong	
84+kg	Chang Ya-Wen	Chinese Taipei	1984	88.17	235.0	02.11.2012	Aguadilla / Puerto Rico	
TOTAL								
-47kg	Chen Wei-Ling	Chinese Taipei	1982	46.75	500.0	14.11.2016	Orlando / U.S.America	
-52kg	Huang Yen-Tzu	Chinese Taipei	1992	51.70	470.0	13.11.2017	Pilsen / Czechia	
-57kg	Hartati Sri	Indonesia	1984	56.15	565.0	06.11.2018	Halmstad / Sweden	
-63kg	Sari Noviana	Indonesia	1984	60.40	587.5	31.10.2012	Aguadilla / Puerto Rico	
-69kg	Nurkenova Asel	Kazakhstan	2000	68.14	542.5	04.05.2023	Alappuzha / India	
-76kg	Reboton Joyce Gail	Philippines	1992	75.50	602.5	09.07.2022	Birmingham / U.S.America	
-84kg	Shovita Shovita	India	1997	82.95	620.0	24.07.2015	Coimbatore / India	
84+kg	Okatenko Xeniya	Kazakhstan	1994	104.49	670.0	17.11.2017	Pilsen / Czechia	
BENCH PRESS (SINGLE LIFT)								
-47kg	Widari Widari	Indonesia	1991	46.55	141.0	05.11.2018	Halmstad / Sweden	
-52kg	Nagaya-Shirakawa Kaori	Japan	1963	51.80	130.0	24.05.2011	Soelden / Austria	

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-57kg	Huang Yen-Tzu	Chinese Taipei	1992	56.15	152.5	09.11.2021	Stavanger / Norway
-63kg	Kitamura Mayumi	Japan	1967	62.85	173.0	16.11.2016	Orlando / U.S.America
-69kg	Kitamura Mayumi	Japan	1967	66.60	157.5	16.11.2023	Druskininkai / Lithuania
-76kg	Mizoguchi Kumi	Japan	1988	75.70	172.5	16.09.2023	Toyako-cho Abuta-gun / Japan
-84kg	Bermukhambetova Zhadyra	Kazakhstan	1986	83.80	182.0	29.12.2021	Istanbul / Turkiye
84+kg	Okatenko Xeniya	Kazakhstan	1994	114.04	187.5	25.05.2019	Tokyo / Japan

Abbreviation: * – Pending Approval