

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Chapon Tiffany	France	2001	46.77	161.5	10.02.2024	Sheffield / Great Britain	
-52kg	Dekkers Pleun	Netherlands	1994	51.79	173.0	04.12.2023	Tartu / Estonia	
-57kg	Jacob Jade	France	2001	56.57	188.0	10.02.2024	Sheffield / Great Britain	
-63kg	Bavoil Prescillia	France	1993	62.60	213.0	24.09.2022	Birmingham / Great Britain	
-69kg	Bavoil Prescillia	France	1993	66.46	225.0	10.02.2024	Sheffield / Great Britain	
-76kg	Olsson Vilma	Sweden	1999	72.75	210.0	09.06.2022	Sun City / South Africa	
-84kg	Thorhallsdottir Kristin	Iceland	1984	82.60	230.0	11.06.2022	Sun City / South Africa	
84+kg	Muluh Sonita Kyen	Belgium	1996	126.63	300.5	10.02.2024	Sheffield / Great Britain	
BENCH PRESS								
-47kg	Chapon Tiffany	France	2001	46.77	100.0	10.02.2024	Sheffield / Great Britain	
-52kg	Ramberg Selma	Norway	2001	51.45	113.5	05.12.2021	Vesteros / Sweden	
-57kg	Berglund Donna	Sweden	1997	56.75	123.0	07.06.2022	Sun City / South Africa	
-63kg	Garra Carola	Italy	1994	62.65	143.5	24.09.2022	Birmingham / Great Britain	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	154.5	15.03.2024	Birmingham / Great Britain	
-84kg	Sitko Agata	Poland	2002	77.85	147.5	04.09.2022	Istanbul / Turkiye	
84+kg	Mierger Amelie	France	1992	144.86	165.0	17.03.2024	Velika Gorica / Croatia	
DEADLIFT								
-47kg	Chapon Tiffany	France	2001	46.90	170.0	06.06.2022	Sun City / South Africa	
-52kg	Allabert Noemie	France	1990	52.00	200.0	11.06.2023	St. Julians / Malta	
-57kg	Jacob Jade	France	2001	56.57	231.5	10.02.2024	Sheffield / Great Britain	
-63kg	Bavoil Prescillia	France	1993	62.60	231.0	24.09.2022	Birmingham / Great Britain	
-69kg	Sitko Agata	Poland	2002	68.90	248.5	10.02.2024	Sheffield / Great Britain	
-76kg	Ellis Sophia	Great Britain	1996	74.77	245.5	08.12.2023	Tartu / Estonia	
-84kg	Izobodo-John Erholove	Great Britain	2001	82.51	263.0	17.03.2024	Velika Gorica / Croatia	
84+kg	Muluh Sonita Kyen	Belgium	1996	123.05	260.5	18.06.2023	St. Julians / Malta	
TOTAL								
-47kg	Chapon Tiffany	France	2001	46.77	431.5	10.02.2024	Sheffield / Great Britain	
-52kg	Allabert Noemie	France	1990	51.90	454.0	25.03.2023	Sheffield / Great Britain	
-57kg	Jacob Jade	France	2001	56.57	519.5	10.02.2024	Sheffield / Great Britain	
-63kg	Garra Carola	Italy	1994	62.90	557.5	13.06.2023	St. Julians / Malta	
-69kg	Sitko Agata	Poland	2002	68.90	600.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	599.5	15.03.2024	Birmingham / Great Britain	
-84kg	Azariah Ziana	Great Britain	1997	83.93	583.0	17.03.2024	Velika Gorica / Croatia	
84+kg	Muluh Sonita Kyen	Belgium	1996	126.63	708.0	10.02.2024	Sheffield / Great Britain	
BENCH PRESS (SINGLE LIFT)								
-47kg	Chapon Tiffany	France	2001	46.77	100.0	10.02.2024	Sheffield / Great Britain	
-52kg	Ramberg Selma	Norway	2001	51.32	114.0	28.05.2022	Almaty / Kazakhstan	
-57kg	Rykun Anna	Ukraine	1998	56.90	123.5	04.08.2022	Budapest / Hungary	
-63kg	Garra Carola	Italy	1994	62.65	143.5	24.09.2022	Birmingham / Great Britain	
-69kg	Sitko Agata	Poland	2002	68.90	154.0	10.02.2024	Sheffield / Great Britain	
-76kg	Sitko Agata	Poland	2002	69.85	154.5	15.03.2024	Birmingham / Great Britain	
-84kg	Protchenko Liudmila	Russia	1986	84.00	155.5	23.11.2021	Ekaterinburg / Russia	
84+kg	Mierger Amelie	France	1992	144.86	165.0	17.03.2024	Velika Gorica / Croatia	

Abbreviation: * – Pending Approval