

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-59kg	Wong Kung Him	Hong Kong	1947	56.27	112.5	24.06.2023	Hong Kong / Hong Kong	
-66kg	Okiura Katsuji	Japan	1945	65.45	165.0	06.06.2018	Calgary / Canada	
-74kg	Okiura Katsuji	Japan	1945	70.70	182.5	19.06.2016	Killeen / U.S.America	
-83kg	Kitano Toshio	Japan	1946	82.20	190.0	16.03.2019	Gold Coast / Australia	
-93kg	Tseveendorj Maamchuluun	Mongolia	1946	83.10	175.0	07.12.2018	Ulaanbaatar / Mongolia	
-105kg	Stepanenko Valeriy	Kazakhstan	1951	103.75	185.0	06.12.2022	Dubai / United Arab Emirates	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	167.5	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Babichev Vladimir	Kazakhstan	1949	130.60	85.0	08.12.2019	Almaty / Kazakhstan	
BENCH PRESS								
-59kg	Isagawa Hiroyuki	Japan	1953	58.20	100.0	08.10.2023	Ulaanbaatar / Mongolia	
-66kg	Akagi Hideharu	Japan	1944	65.50	112.5	01.06.2014	Johannesburg / South Africa	
-74kg	Sato Kuniyoshi	Japan	1943	73.00	102.5	04.06.2019	Helsingborg / Sweden	
-83kg	Hwang Chien-Lih	Chinese Taipei	1953	79.35	136.5	14.12.2023	Johor Bahru / Malaysia	
-93kg	Hwang Chien-Lih	Chinese Taipei	1953	83.15	130.5	26.06.2023	Hong Kong / Hong Kong	
-105kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	100.5	27.06.2023	Hong Kong / Hong Kong	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	92.5	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Babichev Vladimir	Kazakhstan	1949	130.60	100.0	08.12.2019	Almaty / Kazakhstan	
DEADLIFT								
-59kg	Okiura Katsuji	Japan	1945	58.65	150.0	08.10.2023	Ulaanbaatar / Mongolia	
-66kg	Okiura Katsuji	Japan	1945	65.45	180.0	06.06.2018	Calgary / Canada	
-74kg	Okiura Katsuji	Japan	1945	69.66	208.0	05.06.2015	Salo / Finland	
-83kg	Kitano Toshio	Japan	1946	82.20	200.0	16.03.2019	Gold Coast / Australia	
-93kg	Deguchi Takafumi	Japan	1947	87.00	220.0	04.06.2019	Helsingborg / Sweden	
-105kg	Stepanenko Valeriy	Kazakhstan	1951	103.75	205.0	06.12.2022	Dubai / United Arab Emirates	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	200.0	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Babichev Vladimir	Kazakhstan	1949	130.60	115.0	08.12.2019	Almaty / Kazakhstan	
TOTAL								
-59kg	Wong Kung Him	Hong Kong	1947	54.00	336.0	03.12.2019	Almaty / Kazakhstan	
-66kg	Okiura Katsuji	Japan	1945	65.45	425.0	06.06.2018	Calgary / Canada	
-74kg	Okiura Katsuji	Japan	1945	69.66	480.5	05.06.2015	Salo / Finland	
-83kg	Kitano Toshio	Japan	1946	82.20	485.0	16.03.2019	Gold Coast / Australia	
-93kg	Tseveendorj Maamchuluun	Mongolia	1946	83.10	482.5	07.12.2018	Ulaanbaatar / Mongolia	
-105kg	Stepanenko Valeriy	Kazakhstan	1951	103.75	490.0	06.12.2022	Dubai / United Arab Emirates	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	460.0	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Babichev Vladimir	Kazakhstan	1949	130.60	300.0	08.12.2019	Almaty / Kazakhstan	
BENCH PRESS (SINGLE LIFT)								
-59kg	Shirakawa Takeshi	Japan	1948	57.88	121.5	18.05.2019	Tokyo / Japan	
-66kg	Yamamoto Tarou	Japan	1950	62.20	113.5	10.09.2022	Ulaanbaatar / Mongolia	
-74kg	Nobuhara Hideyuki	Japan	1952	73.60	138.5	12.09.2023	Hokkaido / Japan	
-83kg	Hwang Chien-Lih	Chinese Taipei	1953	79.35	136.5	14.12.2023	Johor Bahru / Malaysia	
-93kg	Hwang Chien-Lih	Chinese Taipei	1953	83.15	130.5	26.06.2023	Hong Kong / Hong Kong	
-105kg	Suyama Toshihiro	Japan	1954	93.35	150.0	26.05.2024	Austin, TX / U.S.America	
-120kg	Stepanenko Valeriy	Kazakhstan	1951	105.05	92.5	08.10.2023	Ulaanbaatar / Mongolia	
120+kg	Babichev Vladimir	Kazakhstan	1949	125.00	110.0	26.05.2022	Almaty / Kazakhstan	

Abbreviation: * – Pending Approval