

European Open Women's Equipped Records

Last update: 01 Jun 2024, 15:35 UTC

| w.class | name | nation | born | bwt | result | date | location | state |
|----------------------------------|------------------------|---------------|------|--------|--------------|------------|------------------------------|-------|
| SQUAT | | | | | | | | |
| -47kg | Bila Tetiana | Ukraine | 1996 | 46.91 | 191.5 | 10.05.2024 | Hamm / Luxembourg | |
| -52kg | Kula Zuzanna | Poland | 1999 | 51.74 | 215.0 | 14.11.2022 | Viborg / Denmark | |
| -57kg | Cernigliaro Alessandra | Italy | 1995 | 56.97 | 223.0 | 10.05.2024 | Hamm / Luxembourg | |
| -63kg | Garra Carola | Italy | 1994 | 62.70 | 260.0 | 08.07.2022 | Birmingham / U.S.America | |
| -69kg | Krueger Sonja Stefanie | Germany | 1999 | 68.95 | 260.0 | 28.08.2022 | Istanbul / Turkiye | |
| -76kg | Krueger Sonja Stefanie | Germany | 1999 | 74.25 | 280.5 | 18.11.2022 | Viborg / Denmark | |
| -84kg | Andersen Karen Thrige | Denmark | 2000 | 83.21 | 279.0 | 12.05.2024 | Hamm / Luxembourg | |
| 84+kg | Gemaletdinova Olga | Russia | 1986 | 120.62 | 310.0 | 05.05.2011 | Pilsen / Czechia | |
| BENCH PRESS | | | | | | | | |
| -47kg | Sitdikova Aigul | Russia | 1989 | 46.85 | 135.0 | 05.11.2018 | Halmstad / Sweden | |
| -52kg | Sitdikova Aigul | ROC | 1989 | 51.60 | 165.5 | 08.11.2021 | Stavanger / Norway | |
| -57kg | Kula Zuzanna | Poland | 1999 | 54.77 | 166.0 | 10.05.2024 | Hamm / Luxembourg | |
| -63kg | Soloviova Larysa | Ukraine | 1978 | 62.50 | 181.5 | 20.11.2019 | Dubai / United Arab Emirates | |
| -69kg | Krueger Sonja Stefanie | Germany | 1999 | 68.50 | 182.5 | 10.11.2021 | Stavanger / Norway | |
| -76kg | Krueger Sonja Stefanie | Germany | 1999 | 76.00 | 195.5 | 17.11.2023 | Druskininkai / Lithuania | |
| -84kg | Krueger Sonja Stefanie | Germany | 1999 | 76.03 | 210.0 | 08.05.2022 | Pilsen / Czechia | |
| 84+kg | Hugdall Hildeborg | Norway | 1983 | 121.68 | 230.0 | 19.11.2022 | Viborg / Denmark | |
| DEADLIFT | | | | | | | | |
| -47kg | Szymanel Paulina | Poland | 1995 | 46.55 | 175.0 | 13.11.2023 | Druskininkai / Lithuania | |
| -52kg | Goodwin Emma | Great Britain | 1987 | 51.44 | 193.0 | 06.05.2022 | Pilsen / Czechia | |
| -57kg | Europe Standard | | | | 205.0 | 01.01.2011 | | |
| -63kg | Soloviova Larysa | Ukraine | 1978 | 62.67 | 245.0 | 09.11.2011 | Pilsen / Czechia | |
| -69kg | Horna Ivana | Slovakia | 1990 | 76.00 | 235.0 | 09.07.2022 | Birmingham / U.S.America | |
| -76kg | Sitko Agata | Poland | 2002 | 76.00 | 261.0 | 09.07.2022 | Birmingham / U.S.America | |
| -84kg | Sitko Agata | Poland | 2002 | 77.90 | 251.5 | 04.05.2022 | Pilsen / Czechia | |
| 84+kg | Gemaletdinova Olga | Russia | 1986 | 120.95 | 270.5 | 08.11.2013 | Stavanger / Norway | |
| TOTAL | | | | | | | | |
| -47kg | Bila Tetiana | Ukraine | 1996 | 46.91 | 461.5 | 10.05.2024 | Hamm / Luxembourg | |
| -52kg | Salnikova Natalia | Russia | 1986 | 51.36 | 530.0 | 04.11.2014 | Aurora / U.S.America | |
| -57kg | Cernigliaro Alessandra | Italy | 1995 | 56.97 | 555.5 | 10.05.2024 | Hamm / Luxembourg | |
| -63kg | Garra Carola | Italy | 1994 | 62.70 | 657.5 | 08.07.2022 | Birmingham / U.S.America | |
| -69kg | Krueger Sonja Stefanie | Germany | 1999 | 68.95 | 635.5 | 28.08.2022 | Istanbul / Turkiye | |
| -76kg | Sitko Agata | Poland | 2002 | 76.00 | 726.0 | 09.07.2022 | Birmingham / U.S.America | |
| -84kg | Sitko Agata | Poland | 2002 | 77.90 | 704.5 | 04.05.2022 | Pilsen / Czechia | |
| 84+kg | Gemaletdinova Olga | Russia | 1986 | 120.95 | 753.0 | 08.11.2013 | Stavanger / Norway | |
| BENCH PRESS (SINGLE LIFT) | | | | | | | | |
| -47kg | Sitdikova Aigul | Russia | 1989 | 46.85 | 135.0 | 05.11.2018 | Halmstad / Sweden | |
| -52kg | Sitdikova Aigul | ROC | 1989 | 51.60 | 165.5 | 08.11.2021 | Stavanger / Norway | |
| -57kg | Kula Zuzanna | Poland | 1999 | 54.85 | 168.0 | 30.05.2024 | Austin, TX / U.S.America | |
| -63kg | Birzhevaia Anna | Russia | 1992 | 62.32 | 185.0 | 24.05.2019 | Tokyo / Japan | |
| -69kg | Krueger Sonja Stefanie | Germany | 1999 | 68.50 | 182.5 | 10.11.2021 | Stavanger / Norway | |
| -76kg | Krueger Sonja Stefanie | Germany | 1999 | 76.00 | 195.5 | 17.11.2023 | Druskininkai / Lithuania | |
| -84kg | Sitko Agata | Poland | 2002 | 80.34 | 220.0 | 25.09.2022 | Birmingham / Great Britain | |
| 84+kg | Hugdall Hildeborg | Norway | 1983 | 121.80 | 238.0 | 17.03.2024 | Birmingham / Great Britain | |

Abbreviation: * – Pending Approval