

2024 Asian Women's Classic Powerlifting Championships

Tashkent / Uzbekistan, 2 – 10 December, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Altamimi Alhanouf	1993	Kuwait	130.0	75.0	172.5	377.5
2.	Lebedeva Alina	2004	Neutral Athlete	134.0	75.0	150.0	359.0
3.	Khoo Sheue Yee	1994	Malaysia	127.5	65.0	155.0	347.5
4.	Boumpouka Theodora	1990	Qatar	105.0	60.0	135.0	300.0
5.	Chu Shirley Xin Jin	1999	Singapore	120.0	55.0	120.0	295.0
-52kg							
1.	Khairallah Joya	2001	Lebanon	157.5	107.5	180.0	445.0
2.	Farid Farhanna	1992	Singapore	137.5	70.0	209.0	416.5
3.	Salnikova Natalia	1986	Neutral Athlete	140.0	90.0	162.5	392.5
4.	Kim Veronica	1991	South Korea	140.0	67.5	160.0	367.5
5.	Stella Audrey Lee Yuen Ching	1993	Hong Kong	145.0	77.5	145.0	367.5
6.	Abbas Mariam	1987	United Arab Emirates	120.0	75.0	165.0	360.0
7.	Lin Jingwen	1999	China	120.0	75.0	155.0	350.0
8.	Salazar Abigail	1992	Qatar	127.5	67.5	145.0	340.0
9.	Erdene-Ochir Otgonchimeg	1991	Mongolia	120.0	45.0	120.0	285.0
10.	Al-Thani Muneera	1995	Qatar	80.0	47.5	117.5	245.0
-57kg							
1.	Alhaddad Mariam	1995	Kuwait	165.0	97.5	177.5	440.0
2.	Al Ammar Zahra	1989	Saudi Arabia	152.5	80.0	202.5	435.0
3.	Polianskaia Kseniia	1988	Neutral Athlete	160.0	85.0	185.0	430.0
4.	Huang Yen-Tzu	1992	Chinese Taipei	135.0	105.0	165.0	405.0
5.	Alqassar Haya	1987	Kuwait	147.5	70.0	187.5	400.0
6.	Kamilla Inez Devina Insan	1997	Indonesia	140.0	77.5	170.0	387.5
7.	Huang Zhiyin	1997	China	140.0	70.0	170.0	380.0
8.	Kim Songhee	1995	South Korea	147.5	78.5	137.5	363.5
9.	Zhou Yiqian	1994	China	125.0	67.5	142.5	335.0
10.	Tegio Diana Mae	1997	Qatar	125.0	70.0	122.5	317.5
11.	Liew Hui Wen	1994	Malaysia	100.0	57.5	137.5	295.0
12.	Mosammat Nargish Irfat Ara	1995	Qatar	90.0	47.5	120.0	257.5
-63kg							
1.	Bardova Anna	2004	Neutral Athlete	195.0	100.0	200.0	495.0
2.	Tiong Natalie	1991	Singapore	162.5	80.0	212.5	455.0
3.	Zein Layan	1997	Saudi Arabia	150.0	100.0	175.0	425.0
4.	Zheng Xiaoxuan	1998	China	162.5	85.0	150.0	397.5
5.	Nursaidah Amirah	1987	Malaysia	155.0	72.5	165.0	392.5
-84kg							
1.	Maksimova Uliana	1994	Neutral Athlete	162.5	111.0	197.5	471.0
2.	Reboton Joyce Gail	1992	Philippines	185.0	87.5	190.0	462.5
3.	Abouassi Nour	1989	Qatar	185.0	90.0	187.5	462.5
4.	Uchiyama Rei	1988	Japan	180.0	90.0	160.0	430.0
84+kg							
1.	Efimtseva Daria	2000	Neutral Athlete	250.0	147.5	220.0	617.5
2.	Capacio Jennifer	1988	Philippines	195.0	95.0	210.0	500.0

3.	Min Yerin	1998	South Korea	192.5	95.0	185.0	472.5
-69kg							
1.	Abramova Galina	1989	Neutral Athlete	175.0	90.0	228.0	493.0
2.	Ryu Wonbin	1994	South Korea	152.5	80.0	170.0	402.5
3.	Alejandro Christine Erine	1992	Philippines	147.5	80.0	165.0	392.5
4.	Yang Chuanmei	1992	China	140.0	75.0	165.0	380.0
5.	Fu Wenjing	1998	China	150.0	80.0	150.0	380.0
6.	Mwaniki Peris Wanja	1993	Qatar	137.5	75.0	162.5	375.0
7.	Urauchi Shiori	1991	Japan	30.0	30.0	65.0	125.0
-76kg							
1.	Eskova Anastasiia	1998	Neutral Athlete	207.0	102.5	185.0	494.5
2.	Haider Fatema	1986	Bahrain	150.0	85.0	180.0	415.0
3.	Gbadago Jessica	1991	Singapore	145.0	83.0	162.5	390.5
4.	Chew Kai Xinn	1995	Singapore	127.5	80.0	160.0	367.5
5.	Mc Hugh Hannah	1999	Qatar	125.0	60.0	157.5	342.5

In Division there are 51 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Borshnyakova Milena	2009	Kazakhstan	100.0	55.0	120.0	275.0
2.	Yap Kah Yee	2006	Singapore	82.5	47.5	115.0	245.0
-47kg							
1.	Trempelets Arina	2006	Kazakhstan	120.0	70.0	130.0	320.0
2.	Gu Dong-Le	2007	Chinese Taipei	97.5	50.0	125.0	272.5
3.	Doha Leya	2007	Lebanon	102.5	50.0	120.0	272.5
-52kg							
1.	Passyuk Viktoriya	2007	Kazakhstan	115.0	65.0	125.0	305.0
2.	Chan Abrienda	2006	Malaysia	100.0	55.0	130.0	285.0
-57kg							
1.	Akchabayeva Luiza	2008	Kazakhstan	120.0	70.0	130.0	320.0
2.	Mutunova Aidana	2008	Kazakhstan	105.0	80.0	120.0	305.0
3.	Gaya El Zoghbi	2007	Lebanon	85.0	45.0	115.0	245.0
-63kg							
1.	Khe Anastasiya	2007	Kazakhstan	135.0	70.0	160.0	365.0
84+kg							
1.	Su Sheng-Ci	2009	Chinese Taipei	182.5	77.5	175.0	435.0
2.	Nurlankyzy Kuralay	2007	Kazakhstan	130.0	70.0	100.0	300.0
-69kg							
1.	Guryeva Margarita	2009	Kazakhstan	145.0	80.0	150.0	375.0
2.	Bhagwat Aarya	2006	India	127.5	60.0	145.0	332.5
3.	Yu Pei-Ying	2008	Chinese Taipei	135.0	57.5	132.5	325.0
-76kg							
1.	Pauline Hage	2008	Lebanon	145.0	75.0	170.0	390.0
2.	Jumabayeva Barno	2007	Kazakhstan	130.0	110.0	130.0	370.0
3.	Alateeq Ghadah	2007	Saudi Arabia	95.0	50.0	120.0	265.0

In Division there are 19 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
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-43kg

1.	Lim Qin Wei	2003	Singapore	82.5	60.0	107.5	250.0
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-47kg

1.	Lee Dahye	2004	South Korea	100.0	57.5	102.5	260.0
2.	Satova Elvira	2003	Kazakhstan	70.0	35.0	80.0	185.0

-52kg

1.	Miura Hinano	2001	Japan	110.0	70.0	150.0	330.0
2.	Teo Peak Yiin	2002	Malaysia	117.5	62.5	132.5	315.0
3.	Chou Yu-Hsin	2001	Chinese Taipei	112.5	55.0	142.5	310.0
4.	Alhosani Shamma	2002	United Arab Emirates	100.0	77.5	130.0	307.5

-57kg

1.	Shkarina Victoriia	2005	Neutral Athlete	155.0	77.5	152.5	385.0
2.	Khishigjargal Tsolmongoo	2004	Mongolia	130.0	65.0	150.0	345.0
3.	Bochenkova Yuliya	2004	Kazakhstan	110.0	70.0	120.0	300.0
4.	Inoue Makoto	2005	Japan	105.0	60.0	117.5	282.5

-63kg

1.	Tsesarskaia Sofia	2001	Neutral Athlete	165.0	75.0	182.5	422.5
2.	Lapteva Olga	2001	Kazakhstan	150.0	100.0	170.0	420.0
3.	Arcenal Lyka Shayne	2001	Philippines	122.5	65.0	170.0	357.5
4.	Tsukamoto Narumi	2003	Japan	97.5	45.0	100.0	242.5

-84kg

1.	Gvagvalia Diana	2003	Neutral Athlete	147.5	90.0	182.5	420.0
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84+kg

1.	Malykhina Diana	2003	Kazakhstan	200.0	100.0	180.0	480.0
2.	Kumari Dey Khusi	2002	India	150.0	65.0	150.0	365.0

-69kg

1.	Sarah Abi Saad	2001	Lebanon	165.0	75.0	190.0	430.0
2.	Yultsova Viktoria	2002	Neutral Athlete	137.5	105.0	160.0	402.5
3.	Altoreky Sama	2004	Saudi Arabia	125.0	65.0	162.5	352.5
4.	Abdyrova Nigara	2002	Kazakhstan	110.0	85.0	130.0	325.0

-76kg

1.	Gaas Regina	2004	Kazakhstan	150.0	110.0	150.0	410.0
2.	Cruz Ashley Rose	2004	Philippines	162.5	80.0	153.0	395.5
3.	Abdyrova Iroda	2001	Kazakhstan	130.0	90.0	130.0	350.0

In Division there are 25 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Chien Ya-Lan	1984	Chinese Taipei	102.5	47.5	125.0	275.0
-57kg							
1.	Murayama Eri	1979	Japan	145.5	72.5	162.5	380.0
2.	McCombie Jenifer	1982	Hong Kong	95.0	80.5	168.0	343.5
3.	Huang Pei-Wen	1981	Chinese Taipei	117.5	42.5	145.0	305.0
4.	Rueangsri Ratchaya	1976	Thailand	95.0	52.5	127.5	275.0
-63kg							
1.	Malyugina Nadejda	1979	Uzbekistan	135.0	90.0	165.0	390.0
2.	Honda Mayumi	1984	Japan	130.0	75.0	150.0	355.0
3.	Ng Joon Lian	1976	Malaysia	110.0	50.0	130.0	290.0

4.	Abe Mizuki	1977	Japan	95.0	62.5	115.0	272.5
-84kg							
1.	Hussin Norleila	1983	Malaysia	142.5	75.0	152.5	370.0
2.	Kasabaeva Aida	1982	Kyrgyzstan	110.0	55.0	130.0	295.0
84+kg							
1.	Abdul Razak Rozana	1981	Singapore	135.0	55.0	180.0	370.0
2.	Dulamsuren Munkhtsetseg	1975	Mongolia	100.0	60.0	100.0	260.0
-69kg							
1.	R.a.d. Nadeeka Hemanthi	1984	Sri Lanka	110.0	50.0	147.5	307.5
2.	Chi Chia-Chi	1975	Chinese Taipei	85.0	77.5	130.0	292.5
3.	Chen Hsi-Yu	1981	Chinese Taipei	92.5	47.5	122.5	262.5
-76kg							
1.	Chang Ching-Fang	1977	Chinese Taipei	152.5	105.0	170.0	412.5
2.	Omelchenko Galina	1980	Kyrgyzstan	75.0	35.0	110.0	220.0

In Division there are 18 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Yanagisawa Yukiko	1967	Japan	75.0	47.5	100.0	222.5
-84kg							
1.	Khardina Elena	1971	Uzbekistan	80.0	70.0	100.0	250.0
-69kg							
1.	Yu Yi-Chen	1973	Chinese Taipei	125.5	58.0	125.0	308.5

In Division there are 3 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Noguchi Mari	1963	Japan	85.0	42.5	132.5	260.0
-63kg							
1.	Sekiya Megumi	1964	Japan	85.0	45.0	138.5	268.5
84+kg							
1.	Urauchi Yumiko	1964	Japan	87.5	60.5	116.0	264.0
-69kg							
1.	Lee Tsai-Wei	1961	Chinese Taipei	102.5	47.5	112.5	262.5

In Total there are 120 Lifters