

Commonwealth Womens Classic Powerlifting Championships

Sun City / South Africa, 4 – 13 October, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Pereira Ursula	1998	Australia	112.5	60.0	145.0	317.5
2.	Pisano Martina	1986	England	120.0	60.0	137.5	317.5
3.	Nikola Murray	1997	Scotland	112.5	52.5	145.0	310.0
4.	de Silva Rashitha	1995	Sri Lanka	107.5	52.5	140.0	300.0
-52kg							
1.	Smith Megan-Li	1996	New Zealand	172.0	97.5	185.0	452.5
2.	Tatman Leoni	1990	England	140.0	97.5	157.5	395.0
3.	Muto Giulia	1987	South Africa	134.0	72.5	137.5	344.0
4.	Mercer Ceileidh	1998	Scotland	133.0	65.0	142.5	340.5
5.	Phillips Kayley	1994	Wales	115.0	57.5	155.0	327.5
6.	Norris Meghan	1993	Wales	102.5	52.5	150.0	305.0
7.	Martin Laura	1997	Northern Ireland	97.5	57.5	145.5	300.5
-57kg							
1.	Jennings Catherine	1992	New Zealand	155.0	82.5	175.0	412.5
2.	Clay Anna	1996	England	150.0	70.0	165.0	385.0
3.	Roos Chevonne	1994	South Africa	141.0	82.5	145.0	368.5
4.	Smyth Catriona	1989	Northern Ireland	95.0	57.5	135.0	287.5
-63kg							
1.	Clayton Hannah	2000	England	157.5	85.0	185.0	427.5
2.	Nicolson Claudia	1998	England	150.0	95.0	175.0	420.0
3.	Jarvie Aimee	1999	Scotland	152.5	72.5	170.0	395.0
4.	da Silva Daniella	1997	South Africa	152.5	70.0	170.0	392.5
5.	Conti Jessica	1994	Scotland	147.5	85.0	160.0	392.5
6.	Moore Ruth	1988	Northern Ireland	155.0	70.0	165.0	390.0
7.	Cheevers Chloe	1998	Northern Ireland	137.5	57.5	147.5	342.5
-84kg							
1.	Nunan Claire	1993	New Zealand	190.0	117.5	222.5	527.5
2.	Cooposamy Nicole	1993	South Africa	182.5	102.5	215.0	500.0
3.	Arterton Sian	1998	England	180.0	107.5	190.0	477.5
4.	Williamson Lauren	1999	Scotland	183.0	92.5	192.5	468.0
5.	Beynon Jodi	1998	Wales	178.0	92.5	195.5	466.0
6.	Kessel Riva	2001	Canada	175.0	77.5	192.5	445.0
7.	Kasper Melissa	1988	Canada	172.5	77.5	187.5	435.0
84+kg							
1.	Ropata Riria	1989	New Zealand	232.5	130.5	242.5	606.0
2.	Padia Zahra	1997	Trinidad and Tobago	197.5	105.0	205.0	507.5
3.	Waldeck Danielle	1985	South Africa	202.5	92.5	190.0	485.0
4.	Firth Talia	1992	England	177.5	102.5	185.0	465.0
5.	Watson Jayde	1998	Canada	177.5	77.5	202.5	457.5
6.	McKee Hannah	1990	Northern Ireland	175.0	97.5	165.0	437.5
7.	Beatty Nicola	1990	Northern Ireland	170.0	82.5	190.0	432.5
-69kg							
1.	Lai Karen	1994	New Zealand	170.0	100.0	185.0	455.0
2.	Turcatti Domiziana	1995	England	157.5	87.5	205.5	450.5

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3.	Altman Hannah	1995	Australia	157.5	105.5	165.0	428.0
4.	Kio-Bennett Christina	1988	Wales	145.0	95.0	182.5	422.5
5.	Payne Sasha	1995	South Africa	150.0	100.0	170.0	420.0
6.	Craig Amy	2000	Scotland	152.5	82.5	170.0	405.0
7.	Martin Amy	2000	Wales	137.5	82.5	182.5	402.5
8.	McKie Faye	1995	Scotland	142.5	95.0	165.0	402.5
9.	Nearing Ashley	1998	Canada	152.5	75.0	162.5	390.0
10.	Suitor Dana	1996	Northern Ireland	130.0	82.5	170.0	382.5

-76kg

1.	Gladden Morgan	1990	Scotland	167.5	97.5	185.0	450.0
2.	Eaton Natasha	1992	Wales	165.0	85.0	180.0	430.0
3.	Irvine Michelle	1999	Canada	160.0	82.5	180.0	422.5
4.	Warren Marie	1994	Wales	162.5	80.0	170.0	412.5
5.	Serge V'leen	1986	South Africa	145.0	67.5	165.0	377.5
6.	McCourt Daniella	2000	Northern Ireland	122.5	60.0	170.0	352.5

In Division there are 52 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
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-47kg

1.	Borah Moitrayee	2006	India	80.0	35.0	100.0	215.0
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-52kg

1.	Cornwell Chloe	2006	England	102.5	57.5	135.0	295.0
2.	Clarke Violet	2007	England	92.5	55.0	115.0	262.5
3.	Lindsay Teagan	2006	Isle of Man	85.0	42.5	107.5	235.0

-57kg

1.	Roberts Grace	2006	South Africa	95.0	55.0	127.5	277.5
2.	Woods Katie	2006	Northern Ireland	100.0	67.5	105.0	272.5
3.	Wardell Hannah	2007	Scotland	95.0	55.0	115.0	265.0
4.	Ridgard Joanna	2007	South Africa	62.5	45.0	92.5	200.0

-63kg

1.	Routledge Charley	2007	Northern Ireland	87.5	57.5	130.0	275.0
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-84kg

1.	Tatum Katie	2006	England	117.5	70.0	122.5	310.0
2.	Bezuidenhout Ava	2009	South Africa	117.5	52.5	130.0	300.0

84+kg

1.	van der Merwe Simone	2007	South Africa	125.0	50.0	140.0	315.0
2.	Ashwin Desai Devika	2006	India	130.0	50.0	135.0	315.0
3.	Weldon Freya	2008	Isle of Man	77.5	40.0	100.0	210.0

-69kg

1.	McMulkin Poppy	2006	England	135.0	77.5	175.0	387.5
2.	Chen Yin	2008	Northern Ireland	112.5	70.0	150.0	332.5
3.	Bhagwat Aarya	2006	India	127.5	60.0	145.0	332.5

-76kg

1.	Stander Lisa	2007	South Africa	125.0	62.5	180.5	368.0
2.	van der Merwe Roechelle	2006	South Africa	140.0	67.5	160.0	367.5

In Division there are 19 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
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-52kg

1.	Davenport Megan	2001	England	95.0	67.5	122.5	285.0
2.	Radulescu Raluca	2004	Wales	100.0	47.5	97.5	245.0
3.	Sell Reanna	2004	Wales	90.0	40.0	105.0	235.0

-57kg

1.	Ma-Ao Francine	2001	Canada	142.5	72.5	172.5	387.5
2.	Davies Nicole	2001	Wales	127.5	62.5	150.0	340.0
3.	Cameron Nicole	2002	England	130.0	60.0	150.0	340.0
4.	Lane Alice	2001	England	115.0	52.5	170.0	337.5
5.	Barlow Vicky	2001	Wales	105.0	65.0	147.5	317.5
6.	Wilkin Kate	2004	South Africa	90.0	55.0	115.0	260.0

-63kg

1.	Lavigueur Judith	2001	Canada	150.0	92.5	165.0	407.5
2.	Stitt Miranda	2002	Scotland	137.5	88.0	160.0	385.5
3.	Blundell Serena	2004	England	140.0	70.0	170.0	380.0
4.	Maguire Hannah	2004	Northern Ireland	142.5	67.5	147.5	357.5
5.	Mottalini Gaia	2004	South Africa	125.0	75.0	142.5	342.5
6.	Smith Samantha	2002	Scotland	120.0	60.0	160.0	340.0
7.	Stringer Megan	2005	South Africa	130.0	65.0	140.0	335.0
8.	Shardlow Megan	2002	Northern Ireland	122.5	57.5	132.5	310.0
9.	May Emily	2001	Wales	117.5	45.0	122.5	285.0

-84kg

1.	Riekert Ashleigh	2002	New Zealand	165.0	87.5	175.0	427.5
2.	MacDonald Fiona	2002	Scotland	152.5	87.5	175.0	415.0
3.	Dihmis Minnie	2005	Northern Ireland	145.0	67.5	150.0	362.5
4.	Gill Lucy	2002	England	132.5	72.5	155.0	360.0
5.	Labdon Grace	2001	Wales	112.5	65.0	165.0	342.5

84+kg

1.	Harvey Karmen	2001	England	177.5	97.5	185.0	460.0
2.	Gnana Divya Nagam	2005	India	170.0	75.0	160.0	405.0
3.	Miller Gemma	2004	Scotland	160.0	80.0	162.5	402.5

-69kg

1.	Campeau Anne-Marie	2003	Canada	173.5	90.0	170.0	433.5
2.	Drake Jess	2001	New Zealand	160.5	92.5	170.0	423.0
3.	de Carolis Sienna	2001	Canada	162.5	77.5	182.5	422.5
4.	Kotze Charnleigh	2004	South Africa	150.5	80.0	175.0	405.5
5.	Dodge Kimberley	2001	England	140.0	70.0	175.0	385.0
6.	Baker Alice	2003	Wales	125.0	75.0	142.5	342.5
7.	Adair Samih	2003	Northern Ireland	125.0	57.5	142.5	325.0

-76kg

1.	Lacey Charleigh	2001	England	165.0	87.5	187.5	440.0
2.	Guthrie Aimee	2002	Scotland	155.0	105.0	175.0	435.0
3.	Rubin Libby	2004	Wales	170.0	75.0	180.0	425.0
4.	Fakkell Izzy	2003	England	150.0	80.0	192.5	422.5
5.	Gorman Robyn	2001	Scotland	160.0	77.5	185.0	422.5
6.	Storey Lara	2001	Northern Ireland	162.5	77.5	182.5	422.5
7.	Swanepoel Carla	2001	Canada	165.0	77.5	172.5	405.0
8.	Mainwaring Holly	2004	Wales	132.5	70.0	152.5	355.0
9.	Shore Leah	2003	Canada	107.5	70.0	140.0	315.0

In Division there are 42 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Paskin Katie	1981	England	95.0	52.5	127.5	275.0
-52kg							
1.	Clarke Kate	1983	England	128.5	70.0	140.0	338.5
2.	Bartolo Natalie	1981	Australia	120.5	70.0	145.0	335.5
3.	Valle Tarryn	1978	South Africa	90.0	50.0	143.0	283.0
-57kg							
1.	Shamel Catherine	1977	England	132.5	77.5	155.0	365.0
2.	Drackford Emma	1979	England	142.5	62.5	150.0	355.0
3.	Frank Helen	1978	Australia	130.0	72.5	130.0	332.5
4.	Middler Arlene	1979	Scotland	105.0	62.5	145.5	313.0
5.	Hussey Danielle	1976	Canada	120.0	65.0	115.0	300.0
-63kg							
1.	Yardy Hannah	1982	England	158.5	97.5	192.5	448.5
2.	Akinsanya Morayo	1982	Canada	135.0	75.0	183.0	393.0
3.	Trovato Meaghan	1979	Australia	135.0	85.0	162.5	382.5
4.	McArthur Nicola	1981	Scotland	130.0	60.0	155.0	345.0
5.	Lau Letitia	1981	England	115.0	67.5	142.5	325.0
-84kg							
1.	MacFarlane Wendy	1982	Scotland	182.5	91.5	190.5	464.5
2.	Bosward-Fielding Abbi	1981	Australia	155.0	85.0	185.0	425.0
3.	Vitanza Angela	1980	Australia	147.5	93.0	180.0	420.5
4.	Radcliffe Victoria	1983	England	125.0	75.0	180.0	380.0
5.	Haupt Morgan	1979	Canada	132.5	77.5	167.5	377.5
6.	Carrington Helen	1976	Wales	122.5	77.5	162.5	362.5
7.	Egan Alyson	1982	Isle of Man	145.0	62.5	135.0	342.5
8.	Durnford Fronia	1982	Canada	120.0	67.5	142.5	330.0
84+kg							
1.	Ferguson-Ford Helen	1981	Scotland	200.0	102.5	200.0	502.5
2.	Parkin Joanne	1975	Scotland	190.0	107.5	202.5	500.0
3.	Broesky Jaqui	1975	Canada	160.0	97.5	162.5	420.0
4.	Jones Lauren	1977	South Africa	150.0	85.0	182.5	417.5
5.	o'Callaghan Tracy	1978	Wales	165.0	75.0	165.0	405.0
6.	Yang Yunie	1981	Singapore	127.5	82.5	160.0	370.0
7.	Townsend Michele	1976	South Africa	122.5	62.5	162.5	347.5
8.	Kelly Kerry	1982	Isle of Man	102.5	47.5	145.0	290.0
-69kg							
1.	Archambault Emmanuelle	1976	Canada	137.5	94.0	182.5	414.0
2.	Broczek Anita	1977	New Zealand	132.5	85.0	162.5	377.5
3.	Munro Jeri	1979	Canada	125.0	65.0	165.0	360.0
4.	Kramarczuk Michelle	1982	Australia	127.5	75.0	145.0	347.5
5.	Kesterton Emma	1983	Scotland	122.5	57.5	160.0	340.0
-76kg							
1.	Stone Melissa	1981	Canada	185.5	90.0	207.5	483.0
2.	Mynott Naomi	1982	Australia	150.0	77.5	180.0	407.5

3.	Marangoni Pia	1978	South Africa	150.0	75.0	174.5	399.5
4.	o'Neil Carole	1977	England	140.0	82.5	175.0	397.5
5.	Grant Lisa	1977	Isle of Man	125.0	72.5	190.5	388.0
6.	Sim Claire	1982	Scotland	150.0	77.5	160.0	387.5
7.	Wheal Sarah	1977	Australia	122.5	92.0	160.0	374.5
8.	Goldsworthy Alison	1983	Wales	132.5	62.5	162.5	357.5
9.	Wilson Jenny	1984	Northern Ireland	120.0	55.0	150.0	325.0

In Division there are 44 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Barry Elisabeth	1973	South Africa	83.0	37.5	120.0	240.5
-52kg							
1.	Lane Angelina	1969	Wales	102.5	57.5	125.0	285.0
2.	Vernelli Toni	1971	England	87.5	60.0	100.0	247.5
-57kg							
1.	Jensen Linda	1965	Australia	109.0	66.0	161.0	336.0
2.	Kwan Theresa	1973	Canada	95.0	60.0	150.0	305.0
3.	Hodkinson Tiffany	1971	England	95.0	55.0	145.0	295.0
4.	Tanoto Paulina	1970	Singapore	106.0	47.5	112.5	266.0
5.	Holden Joanne	1966	England	90.0	25.0	95.0	210.0
-63kg							
1.	Holmes Sharon	1972	England	125.0	72.5	147.5	345.0
2.	Nguyen Christine	1966	Canada	128.0	50.0	138.0	316.0
3.	Shergold Rita	1965	England	107.5	67.5	127.5	302.5
4.	Fender Karen	1974	Scotland	107.5	45.0	147.5	300.0
5.	Lindsay Kerry	1973	Isle of Man	110.0	50.0	125.0	285.0
6.	Hill Elizabeth	1973	Scotland	90.0	55.0	110.0	255.0
-84kg							
1.	Herrington Lisa	1971	Scotland	145.0	80.0	191.5	416.5
2.	Cosner Ali	1971	New Zealand	130.0	83.0	190.0	403.0
3.	Lugg Suellen	1971	New Zealand	160.0	80.0	175.0	402.5
4.	Lauder Angela	1970	Scotland	127.5	78.0	160.0	365.5
5.	Watson Pauline	1971	England	120.0	57.5	180.0	357.5
6.	Sproul Jillian	1972	Canada	132.5	72.5	140.0	345.0
84+kg							
1.	Telea Ime	1972	New Zealand	183.0	110.0	220.0	513.0
2.	Jackson Elaine	1969	England	145.0	85.0	182.5	412.5
3.	Hall Elizabeth	1974	New Zealand	165.0	77.5	160.0	402.5
4.	Dent Senga	1972	Scotland	155.0	70.0	160.5	385.5
5.	Powers Hope	1967	Australia	130.0	80.0	161.0	371.0
6.	McHaffie Linda	1968	Scotland	145.0	67.5	130.0	342.5
7.	Bell Lisa	1974	Northern Ireland	100.0	75.0	120.0	295.0
-69kg							
1.	Sainsbury Pamela	1973	Scotland	115.0	65.0	152.5	332.5
2.	Banks Lynda	1965	Scotland	110.0	57.5	130.0	297.5
3.	Sweeney Sue	1967	Australia	100.0	50.0	135.0	285.0
-76kg							

1.	Taharally Nadina	1973	Guyana	150.0	77.5	182.5	410.0
2.	Mayo Amelie	1974	Canada	115.0	65.0	185.0	365.0
3.	Williamson Bobby-Jo	1971	New Zealand	125.0	82.5	157.5	365.0
4.	Dwyer Kylie	1970	Australia	125.0	70.0	165.0	360.0
5.	Fordyce Christina	1974	New Zealand	113.5	73.0	163.5	350.0
6.	Fahey Corinna	1970	Canada	122.5	55.0	135.0	312.5
7.	Wallace Fiona	1966	Australia	105.0	65.0	132.5	302.5
8.	Bloem Bonita	1969	South Africa	110.0	55.0	130.0	295.0
9.	Windle Elizabeth	1972	England	95.0	55.0	120.0	270.0
10.	Norton Ruthie	1969	Northern Ireland	82.5	42.5	115.0	240.0

In Division there are 40 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Angel Clair	1963	Australia	97.5	55.0	132.5	285.0
2.	Moar Sue	1962	New Zealand	87.5	42.5	110.0	240.0
-63kg							
1.	Tiernan Deborah	1963	England	121.0	69.0	148.5	337.5
2.	Taylor Annette	1963	Australia	120.5	60.0	150.0	330.5
3.	Humphreys Karen	1963	New Zealand	117.5	63.5	145.5	322.5
4.	Wharton Kelly	1962	Canada	110.5	55.0	125.0	290.5
5.	Vandiepen Arlene	1957	Canada	97.5	52.5	140.0	290.0
6.	Southwell Helen	1957	Australia	90.0	45.0	127.5	262.5
-84kg							
1.	Chipping Tracy	1961	New Zealand	137.5	76.0	161.0	370.5
2.	Davies Catherine	1963	England	127.5	65.0	145.0	337.5
84+kg							
1.	Blasbery Jackie	1963	England	127.5	90.5	172.5	390.5
2.	Day Peta	1959	Australia	132.5	72.5	175.0	380.0
3.	Tolland Joanne	1963	Scotland	97.5	55.0	135.0	290.0
4.	Bonneau Susan	1960	Canada	110.0	55.0	115.0	280.0
-69kg							
1.	Breese Gail-Ann	1960	Canada	112.5	60.0	147.5	320.0

In Division there are 15 Lifters

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Muldrock Patricia	1954	New Zealand	82.5	62.5	130.0	275.0
2.	Cornwall Marina	1954	England	85.0	51.5	126.0	260.0
-52kg							
1.	Toews Beulah	1944	Australia	45.0	30.0	77.5	157.5
-57kg							
1.	Wilson Cherry	1950	New Zealand	84.0	43.5	117.5	243.5
84+kg							
1.	Stamoulis Paraskevi	1954	Australia	67.5	50.5	150.5	268.5
-69kg							
1.	Lee Josie	1953	Wales	77.5	27.5	120.0	225.0

In Total there are 218 Lifters