

Commonwealth Womens Classic Powerlifting Championships

Sun City / South Africa, 4 – 13 October, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Martin Laura	1997	Northern Ireland	97.5	57.5	145.5	300.5
-57kg							
1.	Gayot Monica	1996	Canada	157.5	70.0	175.0	402.5
2.	Smyth Catriona	1989	Northern Ireland	95.0	57.5	135.0	287.5
-63kg							
1.	Gudmundson Kelsey	1995	Canada	130.0	70.0	192.5	392.5
2.	Moore Ruth	1988	Northern Ireland	155.0	70.0	165.0	390.0
3.	Cheevers Chloe	1998	Northern Ireland	137.5	57.5	147.5	342.5
-84kg							
1.	Kessel Riva	2001	Canada	175.0	77.5	192.5	445.0
^R 2.	Kasper Melissa	1988	Canada	172.5	77.5	187.5	435.0
84+kg							
1.	Watson Jayde	1998	Canada	177.5	77.5	202.5	457.5
2.	McKee Hannah	1990	Northern Ireland	175.0	97.5	165.0	437.5
3.	Beatty Nicola	1990	Northern Ireland	170.0	82.5	190.0	432.5
-69kg							
1.	Kitagawa Lisa	1991	Canada	167.5	82.5	197.5	447.5
2.	Nearing Ashley	1998	Canada	152.5	75.0	162.5	390.0
3.	Suitor Dana	1996	Northern Ireland	130.0	82.5	170.0	382.5
-76kg							
1.	Castro Christine	1992	Canada	182.5	97.5	200.0	480.0
2.	Riggs Lily	1999	Canada	185.0	92.5	195.0	472.5
^R 3.	Irvine Michelle	1999	Canada	160.0	82.5	180.0	422.5
4.	McCourt Daniella	2000	Northern Ireland	122.5	60.0	170.0	352.5

In Division there are 18 Lifters (In Teams:16 In Reserve:2)**Division «Subjuniors»**

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Maclsaac Zoe	2006	Canada	75.0	42.5	115.0	232.5
-57kg							
1.	Woods Katie	2006	Northern Ireland	100.0	67.5	105.0	272.5
-63kg							
1.	Routledge Charley	2007	Northern Ireland	87.5	57.5	130.0	275.0
-69kg							
1.	Chen Yin	2008	Northern Ireland	112.5	70.0	150.0	332.5

In Division there are 4 Lifters**Division «Juniors»**

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Ma-Ao Francine	2001	Canada	142.5	72.5	172.5	387.5
-63kg							
1.	Lavigueur Judith	2001	Canada	150.0	92.5	165.0	407.5
2.	Kinar Ayanna	2005	Canada	147.5	80.0	155.0	382.5

Commonwealth Womens Classic Powerlifting Championships

3.	Maguire Hannah	2004	Northern Ireland	142.5	67.5	147.5	357.5
4.	Shardlow Megan	2002	Northern Ireland	122.5	57.5	132.5	310.0
-84kg							
1.	Seaman Alexis	2004	Canada	165.0	82.5	182.5	430.0
2.	Dihmis Minnie	2005	Northern Ireland	145.0	67.5	150.0	362.5
-69kg							
1.	Campeau Anne-Marie	2003	Canada	173.5	90.0	170.0	433.5
2.	de Carolis Sienna	2001	Canada	162.5	77.5	182.5	422.5
3.	Adair Samih	2003	Northern Ireland	125.0	57.5	142.5	325.0
-76kg							
1.	Storey Lara	2001	Northern Ireland	162.5	77.5	182.5	422.5
2.	Swanepoel Carla	2001	Canada	165.0	77.5	172.5	405.0
3.	Shore Leah	2003	Canada	107.5	70.0	140.0	315.0

In Division there are 13 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Hussey Danielle	1976	Canada	120.0	65.0	115.0	300.0
-63kg							
1.	Akinsanya Morayo	1982	Canada	135.0	75.0	183.0	393.0
-84kg							
^R 1.	Broesky Jaqui	1975	Canada	160.0	97.5	162.5	420.0
2.	Galbraith Denise	1983	Northern Ireland	155.0	75.0	160.0	390.0
3.	Haupt Morgan	1979	Canada	132.5	77.5	167.5	377.5
4.	Carrington Helen	1976	Wales	122.5	77.5	162.5	362.5
5.	Alyson Egan	1982	Isle of Man	145.0	62.5	135.0	342.5
6.	Durnford Fronia	1982	Canada	120.0	67.5	142.5	330.0
84+kg							
1.	o'Callaghan Tracy	1978	Wales	165.0	75.0	165.0	405.0
2.	Kelly Kerry	1982	Isle of Man	102.5	47.5	145.0	290.0
-69kg							
1.	Archambault Emmanuelle	1976	Canada	137.5	94.0	182.5	414.0
2.	Munro Jeri	1979	Canada	125.0	65.0	165.0	360.0
-76kg							
1.	Stone Melissa	1981	Canada	185.5	90.0	207.5	483.0
2.	Grant Lisa	1977	Isle of Man	125.0	72.5	190.5	388.0
3.	Goldsworthy Alison	1983	Wales	132.5	62.5	162.5	357.5
4.	Jones Delyth	1982	Wales	135.0	77.5	142.5	355.0
^R 5.	o'Brien Christa	1983	Canada	122.5	55.0	158.0	335.5
6.	Wilson Jenny	1984	Northern Ireland	120.0	55.0	150.0	325.0

In Division there are 18 Lifters (In Teams:16 In Reserve:2)

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Hull Ellissa	1972	Canada	115.0	60.0	137.5	312.5
-57kg							
1.	Kwan Theresa	1973	Canada	95.0	60.0	150.0	305.0
-63kg							

Commonwealth Womens Classic Powerlifting Championships

1.	Nguyen Christine	1966	Canada	128.0	50.0	138.0	316.0
2.	Lindsay Kerry	1973	Isle of Man	110.0	50.0	125.0	285.0
-84kg							
1.	Sproul Jillian	1972	Canada	132.5	72.5	140.0	345.0
84+kg							
1.	Bell Lisa	1974	Northern Ireland	100.0	75.0	120.0	295.0
-76kg							
1.	Taharally Nadina	1973	Guyana	150.0	77.5	182.5	410.0
2.	Mayo Amelie	1974	Canada	115.0	65.0	185.0	365.0
3.	Fahey Corinna	1970	Canada	122.5	55.0	135.0	312.5
4.	Norton Ruthie	1969	Northern Ireland	82.5	42.5	115.0	240.0

In Division there are 10 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-63kg							
1.	Wharton Kelly	1962	Canada	110.5	55.0	125.0	290.5
2.	Vandiepen Arlene	1957	Canada	97.5	52.5	140.0	290.0
84+kg							
1.	Bonneau Susan	1960	Canada	110.0	55.0	115.0	280.0
-69kg							
1.	Breese Gail-Ann	1960	Canada	112.5	60.0	147.5	320.0

In Division there are 4 Lifters

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-84kg							
1.	Gaucher Sylvia	1953	Canada	106.5	52.5	136.5	295.5

In Total there are 68 Lifters (In Teams:64 In Reserve:4)