

## Commonwealth Womens Equipped Powerlifting Championships

Sun City / South Africa, 4 – 13 October, 2024

### Division «Open»

| #            | Name           | Born | Team         | SQ    | BP   | DL    | Total |
|--------------|----------------|------|--------------|-------|------|-------|-------|
| <b>-47kg</b> |                |      |              |       |      |       |       |
| 1.           | Sohail Sybil   | 1991 | Pakistan     | 110.0 | 60.0 | 130.0 | 300.0 |
| <b>-52kg</b> |                |      |              |       |      |       |       |
| 1.           | Kean Stef      | 1986 | Canada       | 183.0 | 90.0 | 186.5 | 459.5 |
| <b>-63kg</b> |                |      |              |       |      |       |       |
| 1.           | Daffue Janel   | 1999 | South Africa | 147.5 | 85.0 | 152.5 | 385.0 |
| <b>-84kg</b> |                |      |              |       |      |       |       |
| 1.           | Sohail Twinkle | 1996 | Pakistan     | 140.0 | 75.0 | 145.0 | 360.0 |
| <b>-76kg</b> |                |      |              |       |      |       |       |
| 1.           | Hall Lottie    | 1987 | England      | 175.0 | 75.0 | 150.0 | 400.0 |

**In Division there are 5 Lifters**

### Division «Subjuniors»

| #            | Name                | Born | Team         | SQ    | BP    | DL    | Total |
|--------------|---------------------|------|--------------|-------|-------|-------|-------|
| <b>-52kg</b> |                     |      |              |       |       |       |       |
| 1.           | Kumawat Akanksha    | 2007 | India        | 115.0 | 60.0  | 122.5 | 297.5 |
| <b>-63kg</b> |                     |      |              |       |       |       |       |
| 1.           | de Wet Mijuane      | 2006 | South Africa | 200.0 | 100.0 | 170.0 | 470.0 |
| <b>-84kg</b> |                     |      |              |       |       |       |       |
| 1.           | Tatum Katie         | 2006 | England      | 162.5 | 100.0 | 140.0 | 402.5 |
| <b>84+kg</b> |                     |      |              |       |       |       |       |
| 1.           | Ashwin Desai Devika | 2006 | India        | 145.0 | 60.0  | 140.0 | 345.0 |
| <b>-69kg</b> |                     |      |              |       |       |       |       |
| 1.           | Raut Kadambari      | 2007 | India        | 197.5 | 75.0  | 170.0 | 442.5 |
| 2.           | Mulder Chante       | 2006 | South Africa | 140.0 | 90.0  | 140.0 | 370.0 |
| <b>-76kg</b> |                     |      |              |       |       |       |       |
| 1.           | Maree Anika         | 2006 | South Africa | 130.0 | 77.5  | 100.0 | 307.5 |

**In Division there are 7 Lifters**

### Division «Juniors»

| #            | Name               | Born | Team         | SQ    | BP    | DL    | Total |
|--------------|--------------------|------|--------------|-------|-------|-------|-------|
| <b>-43kg</b> |                    |      |              |       |       |       |       |
| 1.           | Vidhi Vidhi        | 2002 | India        | 95.0  | 40.0  | 102.5 | 237.5 |
| <b>-47kg</b> |                    |      |              |       |       |       |       |
| 1.           | Kumawat Durga      | 2004 | India        | 117.5 | 65.0  | 117.5 | 300.0 |
| <b>-52kg</b> |                    |      |              |       |       |       |       |
| 1.           | Kuntal Seema       | 2001 | India        | 160.0 | 87.5  | 150.0 | 397.5 |
| 2.           | Sohail Veronika    | 2002 | Pakistan     | 130.0 | 60.0  | 140.0 | 330.0 |
| <b>-57kg</b> |                    |      |              |       |       |       |       |
| 1.           | Almas Shaik Sadiya | 2002 | India        | 180.0 | 100.0 | 190.0 | 470.0 |
| 2.           | Hasell Nicole      | 2001 | South Africa | 147.5 | 82.5  | 158.0 | 388.0 |
| <b>-63kg</b> |                    |      |              |       |       |       |       |
| 1.           | Meenu Meenu        | 2003 | India        | 130.0 | 80.0  | 130.0 | 340.0 |
| <b>-84kg</b> |                    |      |              |       |       |       |       |
| 1.           | Vaishnavi Mahesh   | 2003 | India        | 220.0 | 100.0 | 220.0 | 540.0 |
| <b>84+kg</b> |                    |      |              |       |       |       |       |

Commonwealth Womens Equipped Powerlifting  
Championships

|              |                          |      |       |       |       |       |       |
|--------------|--------------------------|------|-------|-------|-------|-------|-------|
| 1.           | V Ameya                  | 2005 | India | 225.0 | 130.0 | 165.0 | 520.0 |
| 2.           | Dangi Neelam             | 2001 | India | 230.0 | 95.0  | 160.0 | 485.0 |
| <b>-69kg</b> |                          |      |       |       |       |       |       |
| 1.           | Kajal Kajal              | 2003 | India | 190.0 | 100.0 | 200.0 | 490.0 |
| 2.           | Vinayagamorthy Rajeswari | 2002 | India | 185.0 | 70.0  | 190.0 | 445.0 |
| <b>-76kg</b> |                          |      |       |       |       |       |       |
| 1.           | K Anushiya               | 2005 | India | 195.0 | 105.0 | 170.0 | 470.0 |

**In Division there are 13 Lifters**

**Division «Masters I»**

| #            | Name              | Born | Team     | SQ    | BP    | DL    | Total |
|--------------|-------------------|------|----------|-------|-------|-------|-------|
| <b>-57kg</b> |                   |      |          |       |       |       |       |
| 1.           | Hussey Danielle   | 1976 | Canada   | 155.0 | 82.5  | 140.0 | 377.5 |
| <b>-63kg</b> |                   |      |          |       |       |       |       |
| 1.           | Hinchelwood Amber | 1978 | England  | 110.0 | 57.5  | 107.5 | 275.0 |
| <b>84+kg</b> |                   |      |          |       |       |       |       |
| 1.           | Parkin Joanne     | 1975 | Scotland | 175.0 | 125.0 | 200.0 | 500.0 |

**In Division there are 3 Lifters**

**Division «Masters II»**

| #            | Name              | Born | Team         | SQ    | BP   | DL    | Total |
|--------------|-------------------|------|--------------|-------|------|-------|-------|
| <b>-52kg</b> |                   |      |              |       |      |       |       |
| 1.           | Anthony Carol     | 1966 | South Africa | 115.0 | 52.5 | 122.5 | 290.0 |
| <b>-57kg</b> |                   |      |              |       |      |       |       |
| 1.           | Rodney Allison    | 1966 | England      | 115.0 | 77.5 | 125.0 | 317.5 |
| <b>-63kg</b> |                   |      |              |       |      |       |       |
| 1.           | Shergold Rita     | 1965 | England      | 137.5 | 87.5 | 135.0 | 360.0 |
| 2.           | van Linge Marieke | 1972 | South Africa | 120.5 | 52.5 | 138.0 | 311.0 |
| 3.           | Treharne Yvonne   | 1966 | England      | 115.0 | 70.0 | 100.0 | 285.0 |

**In Division there are 5 Lifters**

**Division «Masters III»**

| #            | Name             | Born | Team         | SQ    | BP   | DL    | Total |
|--------------|------------------|------|--------------|-------|------|-------|-------|
| <b>84+kg</b> |                  |      |              |       |      |       |       |
| 1.           | Blasbery Jackie  | 1963 | England      | 127.5 | 90.5 | 172.5 | 390.5 |
| <b>-69kg</b> |                  |      |              |       |      |       |       |
| 1.           | Gordon Maureen   | 1964 | Scotland     | 95.0  | 75.0 | 137.5 | 307.5 |
| 2.           | Leighton Heather | 1964 | South Africa | 95.0  | 65.0 | 105.5 | 265.5 |

**In Total there are 36 Lifters**