

Commonwealth Womens Equipped Powerlifting Championships

Sun City / South Africa, 4 – 13 October, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Sohail Sybil	1991	Pakistan	110.0	60.0	130.0	300.0
-52kg							
1.	Kean Stef	1986	Canada	183.0	90.0	186.5	459.5
-63kg							
1.	Daffue Janel	1999	South Africa	147.5	85.0	152.5	385.0
-84kg							
1.	Sohail Twinkle	1996	Pakistan	140.0	75.0	145.0	360.0
-76kg							
1.	Hall Lottie	1987	England	175.0	75.0	150.0	400.0

In Division there are 5 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Kumawat Akanksha	2007	India	115.0	60.0	122.5	297.5
-63kg							
1.	de Wet Mijuane	2006	South Africa	200.0	100.0	170.0	470.0
-84kg							
1.	Tatum Katie	2006	England	162.5	100.0	140.0	402.5
84+kg							
1.	Ashwin Desai Devika	2006	India	145.0	60.0	140.0	345.0
-69kg							
1.	Raut Kadambari	2007	India	197.5	75.0	170.0	442.5
2.	Mulder Chante	2006	South Africa	140.0	90.0	140.0	370.0
-76kg							
1.	Maree Anika	2006	South Africa	130.0	77.5	100.0	307.5

In Division there are 7 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-43kg							
1.	Vidhi Vidhi	2002	India	95.0	40.0	102.5	237.5
-47kg							
1.	Kumawat Durga	2004	India	117.5	65.0	117.5	300.0
-52kg							
1.	Kuntal Seema	2001	India	160.0	87.5	150.0	397.5
2.	Sohail Veronika	2002	Pakistan	130.0	60.0	140.0	330.0
-57kg							
1.	Almas Shaik Sadiya	2002	India	180.0	100.0	190.0	470.0
2.	Hasell Nicole	2001	South Africa	147.5	82.5	158.0	388.0
-63kg							
1.	Meenu Meenu	2003	India	130.0	80.0	130.0	340.0
-84kg							
1.	Vaishnavi Mahesh	2003	India	220.0	100.0	220.0	540.0
84+kg							

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1.	V Ameya	2005	India	225.0	130.0	165.0	520.0
2.	Dangi Neelam	2001	India	230.0	95.0	160.0	485.0
-69kg							
1.	Kajal Kajal	2003	India	190.0	100.0	200.0	490.0
2.	Vinayagamoorthy Rajeswari	2002	India	185.0	70.0	190.0	445.0
-76kg							
1.	K Anushiya	2005	India	195.0	105.0	170.0	470.0

In Division there are 13 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Hussey Danielle	1976	Canada	155.0	82.5	140.0	377.5
-63kg							
1.	Hinchelwood Amber	1978	England	110.0	57.5	107.5	275.0
84+kg							
1.	Parkin Joanne	1975	Scotland	175.0	125.0	200.0	500.0

In Division there are 3 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Anthony Carol	1966	South Africa	115.0	52.5	122.5	290.0
-57kg							
1.	Rodney Allison	1966	England	115.0	77.5	125.0	317.5
-63kg							
1.	Shergold Rita	1965	England	137.5	87.5	135.0	360.0
2.	van Linge Marieke	1972	South Africa	120.5	52.5	138.0	311.0
3.	Treharne Yvonne	1966	England	115.0	70.0	100.0	285.0

In Division there are 5 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
84+kg							
1.	Blasbery Jackie	1963	England	127.5	90.5	172.5	390.5
-69kg							
1.	Gordon Maureen	1964	Scotland	95.0	75.0	137.5	307.5
2.	Leighton Heather	1964	South Africa	95.0	65.0	105.5	265.5

In Total there are 36 Lifters