

**Asian Women's Equipped Bench Press Championships**

Bishkek / Kyrgyzstan, 22 – 28 September, 2024

**The List of Teams****Chinese Taipei {The Team in Total: 1}***Team Members: 1*

- |                  |   |       |
|------------------|---|-------|
| 1. Chao Chen-Yeh | ✓ | Cat.1 |
|------------------|---|-------|

**India {The Team in Total: 4}***Lifters: 4*

- |                        |   |            |       |
|------------------------|---|------------|-------|
| 1. Kumar Sharma Deepak | M | Masters 1  | -93kg |
| 2. Chaudhari Priti     | F | Masters 1  | -47kg |
| 3. Mohan Dhisha        | F | Subjuniors | -57kg |
| 4. Sharma Bhavna       | F | Open       | -84kg |

**Iran {The Team in Total: 4}***Lifters: 4*

- |                      |   |            |       |
|----------------------|---|------------|-------|
| 1. Hajabbas Ali Reza | M | Juniors    | -83kg |
| 2. Hajiaghazorg Ali  | M | Subjuniors | -53kg |

**Japan {The Team in Total: 30}***Lifters: 16*

- |                      |   |            |        |
|----------------------|---|------------|--------|
| 1. Sawa Chiyomi      | F | Masters 4  | -76kg  |
| 2. Sakakima Midori   | F | Masters 3  | -47kg  |
| 3. Fukuda Munenari   | M | Masters 2  | -66kg  |
| 4. Okayama Miki      | M | Masters 2  | -105kg |
| 5. Amakawa Akinori   | M | Masters 1  | -66kg  |
| 6. Matsumoto Kazushi | M | Juniors    | -66kg  |
| 7. Saito Sota        | M | Juniors    | -83kg  |
| 8. Okayama Sora      | M | Subjuniors | -83kg  |
| 9. Takahashi Yuji    | M | Open       | -66kg  |
| 10. Honda Katsuya    | M | Open       | -66kg  |
| 11. Sakai Kazuhiro   | M | Open       | -74kg  |
| 12. Suzuki Yusuke    | M | Open       | -83kg  |
| 13. Sugimoto Naoki   | M | Open       | -93kg  |
| 14. Kadoma Kosuke    | M | Open       | -93kg  |
| 15. Horiguchi Yosuke | M | Open       | -105kg |

*Team Members: 14*

- |                       |   |       |   |                               |
|-----------------------|---|-------|---|-------------------------------|
| 1. Horiguchi Yosuke   | ✓ | Cat.2 | ✓ | Assistant Coach-Athlete [NFR] |
| 2. Okayama Sora       |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 3. Saito Sota         |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 4. Takahashi Yuji     |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 5. Okayama Miki       |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 6. Sugimoto Naoki     |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 7. Kadoma Kosuke      |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 8. Suzuki Yusuke      |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 9. Amakawa Akinori    |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 10. Honda Katsuya     |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 11. Matsumoto Kazushi |   |       | ✓ | Assistant Coach-Athlete [NFR] |
| 12. Fukuda Munenari   |   |       | ✓ | Assistant Coach-Athlete [NFR] |

13. Sakai Kazuhiro

√ Assistant Coach-Athlete [NFR]

**Kazakhstan {The Team in Total: 121}***Lifters: 102*

1. Stepanenko Valeriy	M	Masters 4	-105kg
2. Stepanenko Valeriy	M	Masters 4	-120kg
3. Shkirman Vladimir	M	Masters 3	-83kg
4. Menshenin Sergey	M	Masters 3	-105kg
5. Bekov Kairat	M	Masters 2	-120kg
6. Demidenko Konstantin	M	Masters 2	120+kg
7. Adilgazin Daulet	M	Masters 1	-83kg
8. Zhabagibayev Yerkin	M	Masters 1	-93kg
9. Kadyrov Raimbek	M	Juniors	-53kg
10. Mamanazarov Shokhnazar	M	Juniors	-59kg
11. Ospanov Aitas	M	Juniors	-59kg
12. Bekmetov Sunnatbek	M	Juniors	-74kg
13. Zheltov Kirill	M	Juniors	-74kg
14. Lantsev Anton	M	Juniors	-83kg
15. Tarada Artem	M	Juniors	-83kg
16. Oleinikov Yegor	M	Juniors	-105kg
17. Zhansay Nurali	M	Juniors	-105kg
18. Gilevich Vladimir	M	Juniors	120+kg
19. Orynassarov Bakdaulet	M	Juniors	120+kg
20. Romanova Nargiza	F	Juniors	-43kg
21. Nuriddinova Limara	F	Juniors	-52kg
22. Nuriddinova Diana	F	Juniors	-57kg
23. Aripova Nigina	F	Juniors	-63kg
24. Abdyrova Iroda	F	Juniors	-84kg
25. Melnik Angelina	F	Juniors	-84kg
26. Saitmuratova Diyora	F	Juniors	84+kg
27. Abdyrova Nigara	F	Juniors	-69kg
28. Shatko Diana	F	Juniors	-76kg
29. Mominov Mansurbek	M	Subjuniors	-53kg
30. Nurkarim Galim	M	Subjuniors	-59kg
31. Turganbay Kazybek	M	Subjuniors	-59kg
32. Bersenyov Ivan	M	Subjuniors	-66kg
33. Bakhytuly Myngtemir	M	Subjuniors	-66kg
34. Polyachenkov Anatoliy	M	Subjuniors	-66kg
35. Chingayev Andrey	M	Subjuniors	-74kg
36. Shaukatov Zhassurbek	M	Subjuniors	-74kg
37. Bimakhan Dias	M	Subjuniors	-83kg
38. Adichshev Vladimir	M	Subjuniors	-93kg
39. Yevdokimov Nikita	M	Subjuniors	-93kg
40. Grebennikov Alexey	M	Subjuniors	-105kg
41. Volkov Vladislav	M	Subjuniors	-120kg
42. Ivanchenko Dmitriy	M	Subjuniors	120+kg
43. Manokhina Darya	F	Subjuniors	-43kg
44. Zhantay Yerkezhan	F	Subjuniors	-52kg
45. Aparina Anastasiya	F	Subjuniors	-63kg

46.	Jumabayeva Barno	F	Subjuniors	-84kg
47.	Nuridin Aiken	F	Subjuniors	-69kg
48.	Klechsheva Darya	F	Subjuniors	-69kg
49.	Alexeyeva Angelina	F	Subjuniors	-69kg
50.	Nuridin Aiken	F	Subjuniors	-76kg
51.	Jumabayeva Barno	F	Subjuniors	-76kg
52.	Mingulova Angelina	F	Subjuniors	-76kg
53.	Shamuratov Furkat	M	Open	-59kg
54.	Yelzhanov Shingis	M	Open	-59kg
55.	Burkhayev Bakhtiyar	M	Open	-66kg
56.	Butenko Oleg	M	Open	-74kg
57.	Salmen Azat	M	Open	-74kg
58.	Yudchenko Sergey	M	Open	-83kg
59.	Yemchenko Alexander	M	Open	-83kg
60.	Shokhanov Askar	M	Open	-93kg
61.	Yemchenko Alexander	M	Open	-93kg
62.	Trifonov Igor	M	Open	-105kg
63.	Rybka Denis	M	Open	-105kg
64.	Maslov Ilya	M	Open	-120kg
65.	Li Dimitriy	M	Open	-120kg
66.	Koshkarov Aidar	M	Open	120+kg
67.	Orazbekova Assiya	F	Open	-47kg
68.	Tskhay Natalya	F	Open	-47kg
69.	Tsoy Kristina	F	Open	-47kg
70.	Orazbekova Assiya	F	Open	-52kg
71.	Tsoy Kristina	F	Open	-52kg
72.	Fyodorova Alexandra	F	Open	-57kg
73.	Kryukova Ekaterina	F	Open	-63kg
74.	Kuznetsova Zoya	F	Open	-84kg
75.	Abduraimova Aziza	F	Open	84+kg
76.	Zhumasheva Olga	F	Open	84+kg
77.	Railyan Nadezhda	F	Open	-69kg

*Team Members: 19*

1.	Deineka Irina	√	Cat.2	
2.	Menshenin Sergey	√		
3.	Tskhay Natalya	√	Cat.1	
4.	Sadykov Kakhroman	√	Cat.2	
5.	Pichshayev Roman	√	Cat.1	√ Coach
6.	Starkov Vyacheslav	√	Cat.1	√ Coach
7.	Nurzhanov Madiyar	√	Cat.2	√ Coach
8.	Turakhanov Davranbek	√		√ Coach
9.	Aparin Yuriy			√ Coach
10.	Lomakin Vladimir			√ Coach
11.	Matviyenko Anatoliy			√ Coach
12.	Seraliyev Murat			√ Coach
13.	Tajiyev Turap			√ Coach
14.	Rashidov Sergey			√ Coach
15.	Yakovlev Andrey			√ Coach

16. Sadykov Rustam	✓ Coach
17. Yevdokimov Yevgeniy	✓ Coach
18. Zhakypbekov Shakhriyat	✓ Coach
19. Zhumadulla Nurmukhamed	✓ Coach

**Kyrgyzstan {The Team in Total: 14}***Lifters: 7*

1. Abakirov Adzhibek	M Masters 4	-93kg
2. Kasabaeva Aida	F Masters 1	-84kg
3. Vaysiliev Nikita	M Subjuniors	-53kg
4. Cheremnykh Egor	M Subjuniors	-93kg
5. Safai Salim	M Subjuniors	-105kg
6. Kalybekov Edilbek	M Subjuniors	-120kg
7. Ivanov Dmitrii	M Open	-83kg

*Team Members: 7*

1. Abakirov Alim	✓ Official
2. Orozbaev Arsen	✓ Official
3. Zholdoshov Kurban	✓ Official
4. Okeev Azamat	✓ Official
5. Turduev Arstanbek	✓ Official
6. Iyazaliev Kanat	✓ Doctor
7. Odintseva Aleksandra	✓ Doctor

**Malaysia {The Team in Total: 2}***Lifters: 1*

1. Howard Andrew	M Masters 2	-105kg
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*Team Members: 1*

1. Howard Andrew	✓ Cat.2
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**Mongolia {The Team in Total: 53}***Lifters: 51*

1. Purev Bayar	M Masters 3	-74kg
2. Alyeksandr Tserensodnom	M Masters 2	-74kg
3. Khuujii Amarsanaa	M Masters 2	-74kg
4. Olzkhoo Batzorig	M Masters 2	-83kg
5. Purevsukh Purevdorj	M Masters 2	-83kg
6. Dulamjav Yesuntogoo	M Masters 2	-93kg
7. Nyamsuren Otgonbayar	M Masters 2	-105kg
8. Khulgana Enkhtuvshin	F Masters 2	-69kg
9. Baljinnyam Batsaikhan	M Masters 1	-74kg
10. Batbold Byamba-Ochir	M Masters 1	-74kg
11. Dagvasuren Byambadorj	M Masters 1	-83kg
12. Tsend-Ayush Otgondalai	M Masters 1	-93kg
13. Naidan Sansarbaatar	M Masters 1	-93kg
14. Erdenebileg Tselmeg	M Masters 1	-105kg
15. Purevjav Enkhnasan	M Masters 1	-105kg
16. Geserbaatar Erkhembayar	M Masters 1	-105kg
17. Shyeriyazdan Sapar	M Masters 1	120+kg
18. Bayanduuren Otgonjargal	F Masters 1	-63kg

19.	Sukhee Oyun	F	Masters 1	84+kg
20.	Lonjidjargal Otgon-Erdene	M	Juniors	-66kg
21.	Ganbaatar Sumiyasuren	F	Juniors	-63kg
22.	Erdenebadrakh Dashdondog	M	Subjuniors	-53kg
23.	Batbaatar Erkhesh	M	Subjuniors	-66kg
24.	Ganzorig Temuugen	M	Subjuniors	-66kg
25.	Banzragch Erkhembayar	M	Subjuniors	-74kg
26.	Oyunbold Yesukhei	M	Subjuniors	-83kg
27.	Davaadorj Dagvadorj	M	Subjuniors	-105kg
28.	Boldbaatar Mandakhjargal	F	Subjuniors	-52kg
29.	Jargalsaikhan Munkhtsetseg	F	Subjuniors	-52kg
30.	Amartuvshin Kherlenchimeg	F	Subjuniors	-57kg
31.	Tumurkhuyag Bolorchimeg	F	Subjuniors	-84kg
32.	Batmunkh Tserendejid	F	Subjuniors	-76kg
33.	Galbadrakh Lkhagva-Ochir	M	Open	-66kg
34.	Lkhamjav Ganbaatar	M	Open	-74kg
35.	Batbold Dulguun	M	Open	-83kg
36.	Batgerel Bayarbaatar	M	Open	-83kg
37.	Sodnomdorj Khurelbaatar	M	Open	-83kg
38.	Munkh-Erdene Gantulga	M	Open	-93kg
39.	Galdan Orgilbold	M	Open	-93kg
40.	Dashzegve Tumenjargal	M	Open	-105kg
41.	Shuurai Chanrav	M	Open	-120kg
42.	Enkhbayar Sodnompiljee	M	Open	-120kg
43.	Myagmarjav Dorj	M	Open	120+kg
44.	Bat-Erdene Shinechimeg	F	Open	-76kg

*Team Members: 2*

1.	Nyamsuren Otgonbayar	√	Cat.1	
2.	Dash Battulga	√	Cat.1	√ Head Coach

**Neutral Athlete {The Team in Total: 55}***Lifters: 38*

1.	Selianin Dmitrii	M	Juniors	-66kg
2.	Shchipanov Alexandr	M	Juniors	-74kg
3.	Papikian Danis	M	Juniors	-93kg
4.	Stepanov Evgenii	M	Juniors	-93kg
5.	Gorodchikova Diana	F	Juniors	-57kg
6.	Filimonova Maiia	F	Juniors	-63kg
7.	Zamaldinova Diana	F	Juniors	-76kg
8.	Suslova Uliana	F	Subjuniors	-63kg
9.	Smirnov Oleg	M	Open	-59kg
10.	Balynets Vladimir	M	Open	-59kg
11.	Urusov Ian	M	Open	-66kg
12.	Kolbin Aleksandr	M	Open	-66kg
13.	Khutorov Egor	M	Open	-74kg
14.	Urusov Stanislav	M	Open	-74kg
15.	Beloborodov Maxim	M	Open	-83kg
16.	Mychko Viktor	M	Open	-83kg
17.	Abbasov Raman	M	Open	-93kg

18.	Belkov Iurii	M Open	-93kg
19.	Milovanov Pavel	M Open	-105kg
20.	Malchikov Denis	M Open	-105kg
21.	Khodykin Aleksandr	M Open	-120kg
22.	Tishkin Vadim	M Open	120+kg
23.	Sitdikova Aigul	F Open	-52kg
24.	Nikitina Elizaveta	F Open	-52kg
25.	Kotkova Larisa	F Open	-57kg
26.	Lorenz Anastasia	F Open	-57kg
27.	Lomatskaia Daria	F Open	-63kg
28.	Demidova Arina	F Open	-63kg
29.	Maksimova Uliana	F Open	-84kg
30.	Sindikas Nadezhda	F Open	-84kg
31.	Dediulia Svetlana	F Open	-84kg
32.	Kuzmina Olga	F Open	84+kg
33.	Pugovkina Alla	F Open	84+kg
34.	Efimtseva Daria	F Open	84+kg
35.	Vasileva Anna	F Open	-69kg
36.	Artiukhina Anna	F Open	-69kg
37.	Yultsova Viktoria	F Open	-76kg

*Team Members: 17*

1.	Bychkov Aleksandr	✓ Cat.1	
2.	Kostriukov Viacheslav	✓ Cat.1	✓ Head Coach
3.	Valetskiy Igor	✓ Cat.1	✓ Coach
4.	Ivanov Sergey	✓ Cat.1	✓ Coach
5.	Krysin Ivan		✓ Head Coach
6.	Butusov Igor		✓ Official
7.	Mikrykova Anna		✓ Coach
8.	Davydov Petr		✓ Coach
9.	Tavastsherna Artem		✓ Coach
10.	Solodov Anton		✓ Coach
11.	Brovkov Vitaly		✓ Coach
12.	Mosharov Nikita		✓ Coach
13.	Goroshko Andrey		✓ Coach
14.	Okhlyuev Evgenii		✓ Coach
15.	Khabarovskii Vladislav		✓ Coach
16.	Matuk Stanislav		✓ Coach
17.	Filimonov Viacheslav		✓ Coach

**Singapore {The Team in Total: 1}***Lifters: 1*

1.	Giles Wayne	M Masters 2	-120kg
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**Uzbekistan {The Team in Total: 5}***Lifters: 2*

1.	Khardin Konstantin	M Masters 2	-93kg
2.	Khardina Elena	F Masters 2	-76kg

*Team Members: 3*

