

Asian / Pacific / African Women's Classic Powerlifting Championships

Potchefstroom / South Africa, 6 – 13 July, 2024

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Fang Hui-Ling	1989	Chinese Taipei	115.0	62.5	155.0	332.5
-52kg							
1.	Sohail Sybil	1991	Pakistan	90.0	35.0	90.0	215.0
-57kg							
1.	Roos Chevonne	1994	South Africa	141.0	82.5	145.0	368.5
2.	Langman Hannah	1999	South Africa	122.5	57.5	135.0	315.0
^R 3.	van Wyngaard Rosan	1986	South Africa	95.0	57.5	160.0	312.5
-63kg							
1.	Huang Yen-Tzu	1992	Chinese Taipei	150.0	115.0	175.0	440.0
2.	Dreyer Chantel	1986	South Africa	122.5	57.5	142.5	322.5
-84kg							
1.	Younes Chanez Sarah	1997	Algeria	130.0	50.0	130.0	310.0
2.	Sohail Twinkle	1996	Pakistan	120.0	60.0	120.0	300.0
84+kg							
1.	Waldeck Danielle	1985	South Africa	202.5	92.5	190.0	485.0
2.	Wright Megan	2000	South Africa	182.5	90.0	202.5	475.0
-69kg							
1.	Payne Sasha	1995	South Africa	150.0	100.0	170.0	420.0
2.	Chang Ching-Fang	1977	Chinese Taipei	150.0	90.0	170.0	410.0
^R 3.	Schwarz Astrid	1984	South Africa	150.0	77.5	160.0	387.5
4.	Waters Chante	1995	South Africa	150.0	80.0	157.5	387.5
5.	Romanova Tatiana	1987	Kyrgyzstan	80.0	40.0	90.0	220.0
-76kg							
1.	Serge V'leen	1986	South Africa	145.0	67.5	165.0	377.5
2.	Lin Hsiao-Yu	2000	Chinese Taipei	117.5	50.0	135.0	302.5

In Division there are 18 Lifters (In Teams:16 In Reserve:2)

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Chen Syue-En	2009	Chinese Taipei	125.0	50.0	140.0	315.0
2.	Eilim Devorah	2006	South Africa	75.0	52.5	107.5	235.0
3.	Ridgard Joanna	2007	South Africa	62.5	45.0	92.5	200.0
^R 4.	Naicker Karamyn	2009	South Africa	72.5	32.5	90.0	195.0
-63kg							
1.	de Wet Mijuane	2006	South Africa	156.0	71.5	165.0	392.5
-84kg							
1.	Bezuidenhout Ava	2009	South Africa	117.5	52.5	130.0	300.0
84+kg							
1.	van der Merwe Simone	2007	South Africa	125.0	50.0	140.0	315.0
-69kg							
1.	Mulder Chante	2006	South Africa	115.0	60.0	137.5	312.5
2.	Qiu Zi-En	2006	Chinese Taipei	110.0	57.5	125.0	292.5
3.	de Wet Talitha	2008	South Africa	102.5	50.0	112.5	265.0

-76kg

1.	van der Merwe Roechelle	2006	South Africa	140.0	67.5	160.0	367.5
2.	Cooper Jaymee	2006	South Africa	132.5	55.0	150.0	337.5

In Division there are 12 Lifters (In Teams:11 In Reserve:1)

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
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-52kg

1.	Devnarain Surina	2004	South Africa	95.0	40.0	110.0	245.0
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-57kg

1.	Sohail Veronika	2002	Pakistan	100.0	45.0	100.0	245.0
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84+kg

1.	Li Hsin-Ying	2005	Chinese Taipei	175.0	80.0	160.0	415.0
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-76kg

1.	Fourie Marianka	2002	South Africa	120.0	60.0	150.0	330.0
2.	Maree Anika	2006	South Africa	125.0	65.0	140.0	330.0

In Division there are 5 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
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-47kg

1.	Lin Kuan-Bei	1984	Chinese Taipei	75.0	47.5	100.0	222.5
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-57kg

1.	Chang Chiao-Lin	1979	Chinese Taipei	102.5	47.5	120.0	270.0
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-63kg

1.	Chi Chia-Chi	1975	Chinese Taipei	80.0	75.0	120.0	275.0
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-84kg

1.	Moloele Phokwane	1977	South Africa	140.0	82.5	177.5	400.0
2.	Ngwenya Zanele	1979	South Africa	130.0	77.5	162.5	370.0

84+kg

1.	van der Linde Marina	1983	South Africa	170.0	97.5	200.0	467.5
2.	Jones Lauren	1977	South Africa	150.0	85.0	182.5	417.5
^R 3.	Townsend Michele	1976	South Africa	122.5	62.5	162.5	347.5

-76kg

1.	Poxon Jodi	1975	South Africa	115.0	65.0	127.5	307.5
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In Division there are 9 Lifters (In Teams:8 In Reserve:1)

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
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-52kg

1.	Barry Elisabeth	1973	South Africa	83.0	37.5	120.0	240.5
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-57kg

1.	Anthony Carol	1966	South Africa	82.5	42.5	122.5	247.5
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84+kg

1.	Ngubane Buyisile	1974	South Africa	108.0	52.5	140.0	300.5
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In Division there are 3 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
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-63kg

1.	Ip Wing-Yuk	1961	Hong Kong	65.0	60.0	90.0	215.0
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-69kg

1. Lee Tsai-Wei

1961 Chinese Taipei

102.5 42.5 105.0 250.0

In Total there are 49 Lifters (In Teams:45 In Reserve:4)