

Asian Women's Equipped Powerlifting Championships**Hong Kong / Hong Kong, 6 – 11 May, 2024****Division «Open»**

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Ompod Veronica	2000	Philippines	147.5	70.0	150.0	367.5
-52kg							
1.	Bautista Jeremy Reign	1999	Philippines	160.0	105.0	160.0	425.0
-57kg							
1.	Huang Yen-Tzu	1992	Chinese Taipei	200.0	147.5	200.0	547.5
2.	Lin Zi-Xuan	1991	Chinese Taipei	177.5	90.0	165.0	432.5
3.	Jose L Jwala	2000	India	180.0	95.0	157.5	432.5
-63kg							
1.	Hung Hsiu-Ching	1995	Chinese Taipei	210.0	117.5	220.0	547.5
2.	Samruddhi Deolekar	2001	India	207.5	102.5	195.0	500.0
3.	P V Anagha	1999	India	180.0	80.0	170.0	430.0
4.	Luk Ching Yu	1993	Hong Kong	90.0	95.0	95.0	280.0
-84kg							
1.	Kalinkina Olessya	1985	Kazakhstan	230.0	120.0	200.0	550.0
2.	Tugade Charlene Raye	1998	Philippines	160.0	77.5	170.0	407.5
84+kg							
1.	Okatenko Xeniya	1994	Kazakhstan	240.0	180.0	200.0	620.0
2.	Ghosh Moumita	2002	India	235.0	112.5	190.0	537.5
3.	Rangu Virinchi Swapnika	2002	India	232.5	95.0	185.0	512.5
-69kg							
1.	Nurkenova Asel	2000	Kazakhstan	220.0	150.0	200.0	570.0
2.	Kaur Jasvinder	1997	India	190.0	87.5	190.0	467.5
3.	Alejandro Christine Erine	1992	Philippines	147.5	80.0	165.0	392.5
-76kg							
1.	Rashmi Rashmi	1998	India	245.0	140.0	215.0	600.0
2.	Reboton Joyce Gail	1992	Philippines	222.5	142.5	205.0	585.0
3.	Lai Hoi Yi	2000	Hong Kong	55.0	40.0	70.0	165.0

In Division there are 20 Lifters**Division «Subjuniors»**

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Trempolets Arina	2006	Kazakhstan	130.0	70.0	130.0	330.0
2.	Gu Dong-Le	2007	Chinese Taipei	117.5	72.5	125.0	315.0
-57kg							
1.	Bondareva Yekaterina	2008	Kazakhstan	150.0	80.0	160.0	390.0
-63kg							
1.	Guryeva Margarita	2009	Kazakhstan	150.0	80.0	150.0	380.0
-84kg							
1.	Uasbay Aidana	2006	Kazakhstan	170.0	90.0	150.0	410.0
84+kg							
1.	Gu Sin-Wei	2006	Chinese Taipei	240.0	95.0	172.5	507.5
2.	Su Sheng-Ci	2009	Chinese Taipei	212.5	102.5	157.5	472.5
-69kg							

1. Qiu Zi-En	2006	Chinese Taipei	170.0	87.5	152.5	410.0
2. Gavrina Elena	2009	Kazakhstan	100.0	50.0	100.0	250.0
-76kg						
1. Topilskaya Kira	2007	Kazakhstan	115.0	60.0	120.0	295.0

In Division there are 10 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Tabuan Jessa Mae	2002	Philippines	152.5	90.0	150.0	392.5
2.	Ghole Harshada	2002	India	150.0	80.0	130.0	360.0
-52kg							
1.	Chandana Thudi Siri	2003	India	135.0	72.5	120.0	327.5
-57kg							
1.	Baswal Narsamma	2001	India	155.0	77.5	172.5	405.0
2.	Erasmio Jane	2003	Philippines	150.0	90.0	150.0	390.0
-63kg							
1.	Kao Yu-Chen	2005	Chinese Taipei	200.0	85.0	167.5	452.5
2.	Ablayeva Ninel	2005	Kazakhstan	180.0	90.0	170.0	440.0
3.	Aitassova Sara	2001	Kazakhstan	170.0	100.0	160.0	430.0
4.	Neri Maritoni Elline	2002	Philippines	155.0	95.0	152.5	402.5
5.	R Swetha	2005	India	165.0	80.0	155.0	400.0
-84kg							
1.	Shabeena Shaik	2005	India	170.0	77.5	167.5	415.0
84+kg							
1.	Malykhina Diana	2003	Kazakhstan	240.0	120.0	180.0	540.0
2.	Jain Vanshika	2003	India	200.0	80.0	170.0	450.0
-69kg							
1.	Raghav Alkha	2004	India	180.0	85.0	195.0	460.0
2.	Wu Pei-Chen	2004	Chinese Taipei	190.0	102.5	150.0	442.5
3.	P Shanmugapriya	2001	India	165.0	75.0	177.5	417.5
-76kg							
1.	Gaas Regina	2004	Kazakhstan	200.0	110.0	170.0	480.0
2.	Makaryan Izabella	2005	Kazakhstan	160.0	110.0	140.0	410.0
3.	Shruthi Enla	2004	India	155.0	70.0	150.0	375.0

In Division there are 19 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-84kg							
1.	Kiran Tyagi	1980	India	180.0	75.0	160.0	415.0
84+kg							
1.	G Nataraj Latha	1978	India	110.0	47.5	130.0	287.5
-69kg							
1.	Salma Shaikh	1978	India	130.0	75.0	135.0	340.0
2.	Chi Chia-Chi	1975	Chinese Taipei	100.0	90.0	140.0	330.0

In Division there are 4 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
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-84kg

1.	Panachi Sheeja	1973	India	70.0	60.0	115.0	245.0
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-69kg

1.	Yu Yi-Chen	1973	Chinese Taipei	120.0	70.0	152.5	342.5
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-76kg

1.	Khardina Elena	1971	Uzbekistan	100.0	40.0	100.0	240.0
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In Division there are 3 Lifters**Division «Masters III»**

#	Name	Born	Team	SQ	BP	DL	Total
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-47kg

1.	Wong Amelia Wai Yu	1960	Hong Kong	70.0	52.5	100.0	222.5
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In Total there are 57 Lifters