

**10th NAPF/FESUPO Pan-American Regional Men's Classic Bench Press
Championships**

San Jose / Costa Rica, 31 October – 2 November, 2024

Division «Open»

#	Name	Born	Team	BP
-66kg				
1.	Murillo Garbanzo Elian Yoel Murillo Garbanzo	2005	Costa Rica	25.0
-74kg				
1.	Kariodimedjo Randall	1988	Suriname	165.5
2.	Howard Seth	1997	U.S.America	165.0
3.	Damion Djarkasi	1988	Suriname	140.0
4.	Ribeiro Mateus	1996	Brazil	132.5
5.	Vasquez Foncseca Donkan	1999	Costa Rica	110.0
6.	Landero Alvarez Nestor Jefferson	1996	Nicaragua	100.0
-83kg				
1.	Figueroa Contreras Jose Matias	1994	Chile	195.0
2.	Glover Mitchell	2000	U.S.America	177.5
3.	Meza Efrain	1988	Panama	145.0
-93kg				
1.	Farzam Khashayar	1993	Canada	210.0
2.	Wharton Liam	1998	Canada	205.0
3.	Krueger Cameron	1995	U.S.America	182.5
4.	Rivera Jonathan	1999	Puerto Rico	170.0
5.	Abuzzid Hasan	1987	Panama	167.5
6.	Hernandez Calderon Josue	1997	Costa Rica	160.0
7.	Dominguez Angel	1996	Panama	135.0
8.	Altamirano Javier Dimitry	1998	Costa Rica	120.0
-105kg				
1.	James Addul	1985	Panama	205.0
2.	Morelos Allan	1998	U.S.America	177.5
3.	Wong Anthony	1999	Canada	167.5
4.	Ugalde Guerrero Steven	1994	Costa Rica	165.0
5.	Vargas Byron	2000	Costa Rica	25.0
-120kg				
1.	Cronin Matthew	1990	U.S.America	227.5
2.	Reyes Escalona Nicolas Patricio	1987	Chile	180.0
3.	Wolf Isaiah	1996	Canada	167.5
120+kg				
1.	Martin Shane	1988	Canada	252.5
2.	Agoes Martin	1987	U.S.America	210.0
3.	Emidio Carlos Alexandre	1983	Brazil	180.0
4.	Hueck Chamorro Reysil Jose	1986	Nicaragua	175.0
5.	Sanchez Ayrton	1994	Mexico	160.0

In Division there are 31 Lifters

Division «Subjuniors»

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#	Name	Born	Team	BP
-59kg				
1.	Le Derrick	2006	U.S.America	95.0
2.	Pena Antonio	2006	Mexico	92.5
-83kg				
1.	Carvajal Santiago	2008	Costa Rica	120.0
120+kg				
1.	Haroon Daniel	2007	U.S.America	147.5
In Division there are 4 Lifters				

Division «Juniors»

#	Name	Born	Team	BP
-66kg				
1.	Tamaki Rikizo	2005	Canada	120.0
-83kg				
1.	Esteban Navarro Granados	2004	Costa Rica	180.0
2.	Campos Herrera Oscar	2004	Costa Rica	130.0
3.	Veldhuis Lars	2004	Canada	127.5
-93kg				
1.	Rojas Montero Carlos Daniel	2002	Costa Rica	170.0
2.	Holloway William	2002	U.S.America	167.5
3.	Terry Nathan	2005	U.S.America	107.5
4.	Fallas Rojas Jefferson	2004	Costa Rica	100.0
-105kg				
1.	Loria Chavarria Victor Manuel	2004	Costa Rica	140.0
2.	Hashempour Daniel	2005	U.S.America	122.5
In Division there are 10 Lifters				

Division «Masters I»

#	Name	Born	Team	BP
-74kg				
1.	Nursahatov Merdan	1976	U.S.America	167.5
-83kg				
1.	Losa Jonathan	1982	U.S.America	201.0
-93kg				
1.	Austin Llalando	1979	U.S.America	197.5
-105kg				
1.	Cruz Jeremiah	1977	U.S.America	110.0
-120kg				
1.	Cuadra Vargas Lester Horacio	1980	Nicaragua	185.0
2.	Cameron Kenneth	1976	U.S.America	180.0
In Division there are 6 Lifters				

Division «Masters II»

#	Name	Born	Team	BP
-66kg				
1.	Petrencak Steve	1968	U.S.America	140.5
-74kg				
1.	Williams Sean	1971	U.S.America	145.0

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2.	Filho Paulo	1969	Brazil	140.0
3.	Keenan Patrick	1966	U.S.America	130.0
-93kg				
1.	Ross Jason	1969	U.S.America	150.0
-105kg				
1.	McQueen Michael	1971	U.S.America	185.0
-120kg				
1.	Walter Chris	1971	U.S.America	215.0

In Division there are 7 Lifters

Division «Masters III»

#	Name	Born	Team	BP
-74kg				
1.	Sides Daniel	1956	U.S.America	137.5
-83kg				
1.	Sturman Howard	1958	U.S.America	164.5
-93kg				
1.	Falcone Ron	1961	U.S.America	110.0
-105kg				
1.	Ralf John Allan	1962	Canada	170.5
2.	Kathios Jim	1961	U.S.America	150.0
-120kg				
1.	Felix Chris	1964	U.S.America	145.0
120+kg				
1.	Velasquez Hugo	1959	Costa Rica	120.0

In Division there are 7 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-74kg				
1.	Reale Gary	1953	U.S.America	95.0
-83kg				
1.	Levine Kenneth	1953	U.S.America	122.5
-93kg				
1.	Welcome Claude	1951	U.S.America	135.0
-120kg				
1.	Hodges Mack	1947	U.S.America	137.5

In Total there are 69 Lifters