

Asian Men's Equipped Bench Press Championships

Toyako-cho Abuta-gun / Japan, 12 – 17 September, 2023

Division «Open»

#	Name	Born	Team	BP
-59kg				
1.	Tamura Yo	1999	Japan	222.5
-66kg				
1.	Fukuda Masashi	1984	Japan	235.0
2.	Parvardeh Mohammad	1991	Iran	205.0
3.	Abdolahpour Parviz	1987	Iran	160.0
-74kg				
1.	Ishikawa Hiroshi	1997	Japan	252.5
-83kg				
1.	Kodama Daiki	1979	Japan	307.5
-93kg				
1.	Yamashita Yasuki	1991	Japan	285.0
2.	Amiri Esmail	1988	Iran	200.0
-105kg				
1.	Hasegawa Naoki	1992	Japan	300.0
-120kg				
1.	Bataa Chimidtseren	1981	Mongolia	365.0
2.	Kase Satoshi	1991	Japan	270.0
120+kg				
1.	Fujimoto Ryuki	2000	Japan	340.0
2.	J Rao Nishanth	1999	India	205.0

In Division there are 13 Lifters**Division «Subjuniors»**

#	Name	Born	Team	BP
-74kg				
1.	Kojima Yuki	2005	Japan	173.0
-93kg				
1.	Yazawa Konosuke	2008	Japan	130.0

In Division there are 2 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-59kg				
1.	Hirakawa Yuki	2001	Japan	220.0
-66kg				
1.	Kojima Hiromu	2003	Japan	162.5
-74kg				
1.	Shiiba Kaito	2001	Japan	110.0
-83kg				
1.	Shinohara Sota	2000	Japan	210.0
-93kg				
1.	Honda Futa	2000	Japan	207.5
2.	Sano Taiyo	2002	Japan	150.0
-105kg				
1.	Nishioka Kaito	2002	Japan	180.0

-120kg

1.	Kinoshita Kanta	2002	Japan	185.0
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In Division there are 8 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
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-59kg

1.	Ishikawa Takayasu	1974	Japan	155.0
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-66kg

1.	Amakawa Akinori	1977	Japan	187.5
2.	Shiroyama Tomonori	1978	Hong Kong	105.0

-74kg

1.	Miyata Yoshiaki	1980	Japan	205.0
2.	Matsuoka Yoshiaki	1983	Japan	180.0

-83kg

1.	Goto Takashi	1976	Japan	215.0
2.	Damba Munkhtuul	1974	Mongolia	215.0
3.	Araki Kosuke	1982	Japan	180.0

-93kg

1.	Sato Yuki	1983	Japan	252.5
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-120kg

1.	Mori Masato	1981	Japan	200.0
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In Division there are 10 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
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-59kg

1.	Nakata Kazuo	1967	Japan	155.0
2.	Yoshino Koji	1969	Japan	155.0

-74kg

1.	Kametani Mitsuo	1971	Japan	205.0
2.	Khuujii Amarsanaa	1972	Mongolia	160.0

-83kg

1.	Matsuoka Kiyoshi	1971	Japan	190.0
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-93kg

1.	Ogawa Mitsuhisa	1971	Japan	200.0
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-105kg

1.	Takemura Akihisa	1973	Japan	242.5
2.	Nakamura Toshio	1970	Japan	225.0
3.	Nyamsuren Otgonbayar	1972	Mongolia	200.0

-120kg

1.	Ito Satoshi	1966	Japan	242.5
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In Division there are 10 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
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-66kg

1.	Mori Takashi	1963	Japan	145.0
2.	Hashimoto Masato	1957	Japan	115.0

-74kg

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1.	Mishima Tadashi	1962	Japan	185.0
2.	Purev Bayar	1958	Mongolia	120.0
-83kg				
1.	Sakai Tomotaka	1957	Japan	170.0
-93kg				
1.	Miyagi Tadashi	1961	Japan	130.0
2.	Chouhan Om Singh	1954	India	60.0
-105kg				
1.	Ono Kazuhisa	1962	Japan	193.0
2.	Akiyama Katsumi	1962	Japan	177.5
-120kg				
1.	Terada Masuo	1963	Japan	165.0

In Division there are 10 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-74kg				
1.	Ichikawa Tsutomu	1947	Japan	145.0

In Total there are 54 Lifters