

Asian Women's Equipped Bench Press Championships

Toyako-cho Abuta-gun / Japan, 12 – 17 September, 2023

Division «Open»

| # | Name | Born | Team | BP |
|--------------|-----------------|------|-------|-------|
| -52kg | | | | |
| 1. | Sakura Yuki | 1995 | Japan | 97.5 |
| -57kg | | | | |
| 1. | Akagawa Tomoko | 1984 | Japan | 150.0 |
| 2. | Ishibashi Akane | 1993 | Japan | 120.0 |
| -63kg | | | | |
| 1. | Ito Yumiko | 1976 | Japan | 102.5 |
| 2. | Kaneko Shiori | 1991 | Japan | 100.0 |
| -84kg | | | | |
| 1. | Shrishti Chuhan | 1995 | India | 80.0 |
| -69kg | | | | |
| 1. | Ikeda Misaki | 1999 | Japan | 127.5 |
| -76kg | | | | |
| 1. | Mizoguchi Kumi | 1988 | Japan | 183.0 |

In Division there are 8 Lifters**Division «Subjuniors»**

| # | Name | Born | Team | BP |
|--------------|-----------------------|------|----------|------|
| -63kg | | | | |
| 1. | Ganbaatar Sumiyasuren | 2005 | Mongolia | 77.5 |

In Division there is 1 Lifter**Division «Masters I»**

| # | Name | Born | Team | BP |
|--------------|---------------|------|-------|-------|
| -57kg | | | | |
| 1. | Kawazoe Moe | 1979 | Japan | 85.0 |
| 84+kg | | | | |
| 1. | Yazawa Haruko | 1975 | Japan | 120.0 |
| -69kg | | | | |
| 1. | Suzuki Hideko | 1974 | Japan | 82.5 |

In Division there are 3 Lifters**Division «Masters II»**

| # | Name | Born | Team | BP |
|--------------|--------------------|------|-------|-------|
| -52kg | | | | |
| 1. | Nicey Mohan Peters | 1968 | India | 35.0 |
| -57kg | | | | |
| 1. | Ando Hisako | 1965 | Japan | 70.0 |
| -63kg | | | | |
| 1. | Sakurai Miyuki | 1969 | Japan | 105.0 |
| 2. | Kanagawa Naomi | 1969 | Japan | 100.0 |
| -69kg | | | | |
| 1. | Tsugane Noriko | 1971 | Japan | 110.0 |

In Division there are 5 Lifters**Division «Masters III»**

| # | Name | Born | Team | BP |
|---|------|------|------|----|
|---|------|------|------|----|

-47kg

| | | | | |
|----|-------------|------|-------|------|
| 1. | Arai Hiroko | 1963 | Japan | 95.0 |
|----|-------------|------|-------|------|

-52kg

| | | | | |
|----|------------------------|------|-------|-------|
| 1. | Nagaya-Shirakawa Kaori | 1963 | Japan | 100.0 |
|----|------------------------|------|-------|-------|

-57kg

| | | | | |
|----|---------------|------|-------|------|
| 1. | Teramura Mika | 1962 | Japan | 85.0 |
|----|---------------|------|-------|------|

-69kg

| | | | | |
|----|----------------|------|-------|------|
| 1. | Ichikawa Ryuko | 1958 | Japan | 65.0 |
|----|----------------|------|-------|------|

In Division there are 4 Lifters**Division «Masters IV»**

| # | Name | Born | Team | BP |
|---|------|------|------|----|
|---|------|------|------|----|

-47kg

| | | | | |
|----|------------------|------|-------|------|
| 1. | Matsuoka Machiko | 1952 | Japan | 45.0 |
|----|------------------|------|-------|------|

-57kg

| | | | | |
|----|------------|------|-------|------|
| 1. | Nagao Yuko | 1950 | Japan | 77.5 |
|----|------------|------|-------|------|

-76kg

| | | | | |
|----|--------------|------|-------|------|
| 1. | Sawa Chiyomi | 1949 | Japan | 97.5 |
|----|--------------|------|-------|------|

In Total there are 24 Lifters