

South American Women's Classic Bench Press Championships**Lima / Peru, 6 – 10 September, 2023****The List of Teams****Argentina {The Team in Total: 30}***Lifters: 24*

1.	Inguanti Jose	M	Masters 3	-66kg
2.	Alessio Roberto	M	Masters 3	-83kg
3.	Burgos Carlos	M	Masters 2	-74kg
4.	Fasano Miguel	M	Masters 2	-120kg
5.	Virgini Luis	M	Masters 1	-74kg
6.	Serfaty Ruben	M	Masters 1	-74kg
7.	Mendoza Marcelo	M	Masters 1	-83kg
8.	Lucero Guillermo	M	Masters 1	-83kg
9.	Diaz Nazarena	F	Juniors	-63kg
10.	Bonatto Juan Pablo	M	Subjuniors	-59kg
11.	Vespa Gino	M	Subjuniors	-93kg
12.	Martins Ramiro	M	Subjuniors	120+kg
13.	Kloster Juan	M	Open	-105kg
14.	Suarez Julian	M	Open	-120kg
15.	Funes Jimena	F	Open	-57kg
16.	Lamenza Antonela	F	Open	-63kg

Team Members: 6

1.	Inguanti Jose	✓	Cat.I
2.	Serfaty Ruben	✓	Cat.I
3.	Burgos Carlos	✓	Cat.I
4.	Alessio Roberto	✓	Cat.I
5.	Serfaty Ruben	✓	Cat.II
6.	Burgos Carlos	✓	Cat.II

Bolivia {The Team in Total: 43}*Lifters: 42*

1.	Herrera Roy	M	Masters 2	-93kg
2.	Seas Marin Ferminia	F	Masters 2	-63kg
3.	Campos Cardenas Alejandro	M	Masters 1	-74kg
4.	Velez Alfredo	M	Masters 1	-120kg
5.	Soruco Jauregui Rodrigo Angel	M	Juniors	-59kg
6.	Aranda Zeballos Luis Gabriel	M	Juniors	-66kg
7.	Orozco Cruz Jorge Rodrigo	M	Juniors	-66kg
8.	Quispe Blanco Amaru E.	M	Juniors	-74kg
9.	Laymecusi Torrez Oscar Alfredo	M	Juniors	-83kg
10.	Franco Navia Luis Andres	M	Juniors	-93kg
11.	Velarde Velarde Jorge Francisco	M	Juniors	-93kg
12.	Rocha Inocente Micaela	F	Juniors	-52kg
13.	Ramos Frias Nayeli	F	Juniors	-57kg

14.	Mamani Chambi Raysa Rocio	F	Juniors	-63kg
15.	Flores Lucien Rocio	F	Juniors	-63kg
16.	Ribera Isabel	F	Juniors	-76kg
17.	Clavijo Cortes Santiago	M	Subjuniors	-59kg
18.	Espinosa Luis Enrique	M	Subjuniors	-59kg
19.	Aleman Balcazar Santiago	M	Subjuniors	-66kg
20.	Ledezma Valdivia Luis Fernando	M	Subjuniors	-66kg
21.	Mercado Ayarde Jorge Luis	M	Subjuniors	-74kg
22.	Gutierrez David	M	Subjuniors	-83kg
23.	Cuellar Gonzales Jhair	M	Subjuniors	-83kg
24.	Chavez Aguirre Andres	M	Subjuniors	-83kg
25.	Barja Fausto	M	Subjuniors	-93kg
26.	Chacalluca Condori Leandro	M	Subjuniors	-105kg
27.	Camacho Melgarejo Jhoel Carlos	M	Subjuniors	-105kg
28.	Segovia Tarifa Andrea Natali	F	Subjuniors	-52kg
29.	Hurtado Bravo Maria Celeste	F	Subjuniors	-57kg
30.	Cspedes Cardenas Yara Valentina	F	Subjuniors	-63kg
31.	Condori Loza Daniel	M	Open	-59kg
32.	Condori David	M	Open	-74kg
33.	Rivero Villegas Ronald Freddy	M	Open	-74kg
34.	Cardenas Jhonny	M	Open	-83kg
35.	Zelada Sanjines Paulo Andres	M	Open	-93kg
36.	Lopez Escobar Celeste Nicole	F	Open	-47kg
37.	Daza Goytia Andrea Fernanda	F	Open	-52kg
38.	Aparicio Quiroga Edith Karen	F	Open	-57kg
39.	Castro Flores Anahi Valeria	F	Open	-57kg
40.	Mita Joaniquina Niza Jomayra	F	Open	-63kg
41.	Flores Romero Joselin Nayra	F	Open	-69kg
42.	Grageda Ortiz Sandra	F	Open	-76kg

Team Members: 1

1. Yucra Terrazas Edwin	✓ Official
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Brazil {The Team in Total: 106}*Lifters: 90*

1. Almeida Paulo	M	Masters 3	-120kg
2. Moreira Marcelo	M	Masters 2	-120kg
3. Oishi Eric	M	Masters 1	-66kg
4. Prado Henrique	M	Masters 1	-74kg
5. Assis Eduardo	M	Masters 1	-83kg

6.	Masuko Wellington	M Masters 1	-83kg
7.	Coimbra David	M Masters 1	-93kg
8.	Kamogawa Edson	M Masters 1	-105kg
9.	Fongaro Ricardo	M Masters 1	-105kg
10.	Oliveira Frederico	M Masters 1	-105kg
11.	Santos Thiago	M Masters 1	-120kg
12.	Barros Emanuel	M Masters 1	120+kg
13.	Nacle Daniel	M Masters 1	120+kg
14.	Mariano Fabricio	M Masters 1	120+kg
15.	Ferreira Daniela	F Masters 1	-52kg
16.	Almeida Daniela	F Masters 1	-76kg
17.	Campos Kaian	M Juniors	-53kg
18.	Yamakawa Marcelo	M Juniors	-66kg
19.	Santos Matheus	M Juniors	-74kg
20.	Bruske Gabriel	M Juniors	-83kg
21.	Leite Gabriel	M Juniors	-83kg
22.	Santos Raul	M Juniors	-93kg
23.	Schueler Joao	M Juniors	-93kg
24.	Assaoka Jose Gilberto	M Juniors	-105kg
25.	Zolyone Gustavo	M Juniors	-105kg
26.	Moreira Rogerio	M Juniors	-120kg
27.	Rosa Joao Arthur	M Juniors	120+kg
28.	Moreira Mariah	F Juniors	-57kg
29.	Goncalves Eduarda	F Juniors	-63kg
30.	Silva Isabelly	F Juniors	-63kg
31.	Goncalves Hannah	F Juniors	-84kg
32.	Maia Luana	F Juniors	-69kg
33.	Hubner Pamela	F Juniors	-69kg
34.	Moura Sergio	M Subjuniors	-66kg
35.	Onuki Diego	M Subjuniors	-74kg
36.	Mendes Franco	M Subjuniors	-74kg
37.	Vidigal Renato	M Subjuniors	-83kg
38.	Braga Levi	M Subjuniors	-93kg
39.	Mancuso Caua	M Subjuniors	-93kg
40.	Pinheiro Eduardo	M Subjuniors	-105kg
41.	Oliveira Emilli	F Subjuniors	-52kg
42.	Barbosa Julia	F Subjuniors	-63kg
43.	Oishi Eric	M Open	-66kg
44.	Bittencourt Johnny	M Open	-74kg
45.	Prado Henrique	M Open	-74kg
46.	Saramago Eduardo	M Open	-83kg
47.	Maglia Fabio	M Open	-93kg
48.	Coimbra David	M Open	-93kg
49.	Dezem Guilherme	M Open	-93kg
50.	Viana Sidnei	M Open	-105kg
51.	Fongaro Ricardo	M Open	-105kg
52.	Oliveira Matheus	M Open	-105kg
53.	Silva Cleverson	M Open	-105kg
54.	Almeida Paulo	M Open	-120kg

55.	Oliveira Douglas	M	Open	-120kg
56.	Barros Emanuel	M	Open	120+kg
57.	Nacle Daniel	M	Open	120+kg
58.	Freitas Leonardo	M	Open	120+kg
59.	Mariano Fabricio	M	Open	120+kg
60.	Bhering Juliana	F	Open	-47kg
61.	Soares Mayara	F	Open	-47kg
62.	Soares Mayara	F	Open	-52kg
63.	Carvalho Giulia	F	Open	-52kg
64.	Mourao Alice	F	Open	-57kg
65.	Finotello Gabriela	F	Open	-57kg
66.	Touma Renata	F	Open	-63kg
67.	Fukugawa Sayuri	F	Open	-63kg
68.	Sabino Daniele	F	Open	-63kg
69.	Barros Isabelle	F	Open	-84kg
70.	Moretti Deisiane	F	Open	84+kg
71.	Carolina Victoria	F	Open	-69kg
72.	Sprotte Mayara	F	Open	-69kg
73.	Tavares Cicera	F	Open	-69kg
74.	Pessina Maria Clara	F	Open	-69kg
75.	Costa Zolyome Iolanda	F	Open	-76kg

Team Members: 16

1.	Coimbra David	✓	Cat.I	✓	Head Coach
2.	Conrado Julio	✓	Cat.I	✓	Official
3.	Laurindo Mauricio	✓	Cat.I	✓	Official
4.	Conrado Sandra	✓	Cat.II	✓	Official
5.	Oishi Eric	✓	Cat.I	✓	Coach
6.	Fongaro Ricardo	✓	Cat.II	✓	Coach
7.	Saramago Eduardo	✓	Cat.II	✓	Coach
8.	Toledo Cristina	✓	Cat.II	✓	Coach
9.	Tavares Cicera	✓	Cat.I	✓	Assistant Coach
10.	Kamogawa Edson	✓	Cat.II	✓	Assistant Coach
11.	Almeida Yamande			✓	Coach
12.	Campos Soliney			✓	Coach
13.	Moura Vitor			✓	Coach
14.	Grahl Thiago			✓	Coach
15.	Fongaro Ricardo			✓	Coach
16.	Del Lama Marcelo			✓	Coach

Chile {The Team in Total: 45}*Lifters: 42*

1.	Contreras Vega Juan Carlos	M	Masters 2	-83kg
2.	Rivero Hurtado Francia Desiree	F	Masters 2	-84kg
3.	Tapia Hidalgo Gustavo Enrique	M	Masters 1	-93kg
4.	Arriagada Rivera Luis Alexis	M	Juniors	-66kg
5.	Carvajal Lezcano Francisco Ignacio	M	Juniors	-66kg

6.	Rieutord Lira Felipe Inaki	M Juniors	-74kg
7.	Hernandez Castillo Jorley	M Juniors	-93kg
8.	Langdon Osorio Andres	M Juniors	-105kg
9.	Carrasco Flores Nicolas	M Juniors	-105kg
10.	Aguilera Aranguiz Sergio	M Juniors	-120kg
11.	Zarate Vasquez Barbara Andrea	F Juniors	-52kg
12.	Soto Arcos Josefa Ignacia	F Juniors	-57kg
13.	Pulecio Giron Karen Daniela	F Juniors	-69kg
14.	Contreras Quezada Benjamin Emanuel	M Subjuniors	-59kg
15.	Arce Olea Alvaro Alonso	M Subjuniors	-66kg
16.	Azagra Castro Diego Javier	M Subjuniors	-83kg
17.	Quintanilla Pardo German Cristobal	M Subjuniors	-93kg
18.	Fernandez Ordenes Trinidad	F Subjuniors	-63kg
19.	Araya Valdes Constanza	F Subjuniors	-69kg
20.	Duran Araya Diego Enrique	M Open	-66kg
21.	Anderson Perez Pablo Roberto	M Open	-74kg
22.	Figueroa Contreras Jose Matias	M Open	-83kg
23.	Quevedo Terrazas Alvaro Andres	M Open	-83kg
24.	Ibanez Pawathon Bernardo Joaquin	M Open	-93kg
25.	Pizarro Arroyo Felipe Antonio	M Open	-105kg
26.	Romero Diaz Felipe Antonio	M Open	-105kg
27.	Reyes Escalona Nicolas Patricio	M Open	-105kg
28.	Manriquez Lara Sebastian Ignacio	M Open	-120kg
29.	Marin Puelles Valentina	F Open	-47kg
30.	Contador Gonzalez Javiera Francisca	F Open	-57kg
31.	Arias Navarrete Yassmin	F Open	-63kg
32.	Castro Munoz Paula	F Open	-84kg
33.	Gonzalez Gil Sorena Del Valle	F Open	84+kg
34.	Quiroz Cisterna Cynthia Noemi	F Open	-69kg
35.	Andreani Fuentes Tamara	F Open	-76kg
36.	Soto Vasquez Leslie Tanya	F Open	-76kg

Team Members: 3

1.	Romero Felipe	✓ Cat.II	
2.	Briones Guillermo	✓ Cat.II	
3.	Laurent D.audry Nathaly	✓ Cat.II	✓ Official

Colombia {The Team in Total: 18}

Lifters: 13

1. Chatas Piamba Samir	M Juniors	-83kg
2. Badillo Arguello Carlos Andres	M Juniors	-93kg
3. Campo Sanchez Ana Isabel	F Juniors	-63kg
4. Guillen Quinones Juan Sebastian	M Subjuniors	-74kg
5. Riapira Arevalo Dayana Ester	F Subjuniors	-52kg
6. Castillo Vargas Daniela	F Subjuniors	-57kg
7. Gomez Izquierdo Jesus David	M Open	-59kg
8. Briceno Diaz Oscar Ivan	M Open	-74kg
9. Balceiro Leandro	M Open	-83kg
10. Orozco Ramirez Edgar Alfonso	M Open	-83kg
11. Molinares Rodriguez Walter Jesus	M Open	-93kg
12. Cruz Escobar Stefania	F Open	-57kg
13. Alava Mondragon Lady Lizeth	F Open	-63kg

Team Members: 5

1. Diaz Hoyos Alberto	✓ Cat.II	✓ Official
2. Leon Reyes Erick Deley		✓ Assistant Coach - Athlete [NFR]
3. Urrutia Orozco Wilmer Jose		✓ Assistant Coach - Athlete [NFR]
4. Briceno Oscar Ivan		✓ Assistant Coach
5. Penagos Garcia Oscar Hernando		✓ Assistant Coach

Ecuador {The Team in Total: 16}

Lifters: 12

1. Arauz Ariel	M Subjuniors	-83kg
2. Leon Franklin	M Open	-59kg
3. Vila Kevin	M Open	-66kg
4. Ochoa Alex	M Open	-74kg
5. Zambrano Handy	M Open	-83kg
6. Villon Moises	M Open	-93kg
7. Coloma Ricardo	M Open	120+kg
8. Bueno Carmen	F Open	-52kg
9. Hernandez Miriam	F Open	-57kg
10. Aguinaga Johanna	F Open	-63kg
11. Zambrano Paula	F Open	-69kg
12. Salome Armas Salome	F Open	-76kg

Team Members: 4

1. Ochoa Alex	✓ Cat.II	
2. Salazar Daniel	✓ Cat.II	
3. Leon Franklin	✓ Cat.II	
4. Bismarck Betancourt Bismarck		✓ Head Coach

Guyana {The Team in Total: 15}*Lifters: 11*

1. Singh Nairanjan	M	Masters 4	-83kg
2. Mohamed Wazim	M	Masters 1	-93kg
3. Sanmogan Sarah	F	Juniors	-69kg
4. Sanmoogan Sarah	F	Juniors	-69kg
5. Evans Kheon	M	Open	-83kg
6. Trotman Leroy	M	Open	-93kg
7. Williams Bjorn	M	Open	-105kg
8. Abrigo Keisha	F	Open	-76kg

Team Members: 4

1. Austin Colin	✓	Cat.II	
2. Brisport - Luke Franklyn	✓	Cat.II	
3. Wilson Franklin			✓ Official
4. Singh Kerma			✓ Coach

Peru {The Team in Total: 109}*Lifters: 96*

1. Chura Julio	M	Masters 4	-66kg
2. Puestas Pablo	M	Masters 3	-83kg
3. Correa Raul	M	Masters 2	-66kg
4. Carrasco Jacob	M	Masters 2	-74kg
5. Oyarse Jose	M	Masters 2	-83kg
6. Oyarse Rafael	M	Masters 2	-83kg
7. Selem Jose	M	Masters 2	-93kg
8. Zerpa Luis	M	Masters 2	-105kg
9. Liliana Mina	F	Masters 2	-47kg
10. Mariela Navarrete	F	Masters 2	-52kg
11. Ada Chuyo	F	Masters 2	-63kg
12. Patri Fernandez	F	Masters 2	-84kg
13. Silvia Zevallos	F	Masters 2	-84kg
14. Maria Elena Del Pilar Zarate	F	Masters 2	-76kg
15. Rengifo Rubber	M	Masters 1	-66kg
16. Palomino Luis	M	Masters 1	-74kg
17. Nakama Kenji	M	Masters 1	-74kg
18. Sanchez Juan	M	Masters 1	-74kg
19. Chafloque Dennis	M	Masters 1	-83kg
20. Manuel Arbulu	M	Masters 1	-83kg
21. Pingo Miguel	M	Masters 1	-83kg
22. Ruiz Armando	M	Masters 1	-83kg
23. Loaiza Ruben	M	Masters 1	-93kg
24. Baltuano Abel	M	Masters 1	-120kg
25. Sanchez Pedro	M	Masters 1	-120kg
26. Marybel Luciano	F	Masters 1	-47kg
27. Carmen Fernandez	F	Masters 1	-52kg
28. Melo Norma	F	Masters 1	-57kg
29. Luzmila Huertas	F	Masters 1	-63kg
30. Gerson Castillo	M	Juniors	-66kg
31. Angel Gutierrez	M	Juniors	-74kg

32.	Escalante Jose	M Juniors	-83kg
33.	Fernandez Joaquin	M Juniors	-83kg
34.	Leon Alejandro	M Juniors	-83kg
35.	Gabriel Barrantes	M Juniors	-83kg
36.	Renato Castaneda	M Juniors	-83kg
37.	Andres Sato	M Juniors	-93kg
38.	Ramirez Luis	M Juniors	-93kg
39.	Gambarini Carlos	M Juniors	-93kg
40.	Luis Ramirez	M Juniors	-93kg
41.	Correa Reucher	M Juniors	-105kg
42.	Lopez Gabriel	M Juniors	-105kg
43.	Severino Jorge	M Juniors	-120kg
44.	Lady Cristina Romero	F Juniors	-52kg
45.	Vega Arianne	F Juniors	-52kg
46.	Gabriela Nicole Galvez	F Juniors	-57kg
47.	Daniela Marcela Anton	F Juniors	-63kg
48.	Mariela Roxana Terrones	F Juniors	-84kg
49.	Deyanira Gallardo	F Juniors	-69kg
50.	Jessica Selem	F Juniors	-76kg
51.	Selem Jessica	F Juniors	-76kg
52.	Berru Freddy	M Subjuniors	-59kg
53.	Vasquez Frank	M Subjuniors	-74kg
54.	Reynoso Fabrico	M Subjuniors	-74kg
55.	Almeyda Braulio	M Subjuniors	-83kg
56.	Chaparro Gabriel	M Subjuniors	-83kg
57.	Perezanelli Gianpierre	M Subjuniors	-93kg
58.	Saldana Cristofer	M Subjuniors	-93kg
59.	Nicole Salcedo	F Subjuniors	-52kg
60.	Alagon Naomi	F Subjuniors	-63kg
61.	Naomi Alagon	F Subjuniors	-63kg
62.	Cely Jireh Bejares	F Subjuniors	-76kg
63.	Mendoza Fabian	M Open	-59kg
64.	Garcia Alcides	M Open	-59kg
65.	Victor Acevedo	M Open	-59kg
66.	Maydana Richard	M Open	-66kg
67.	Berrios Dermal	M Open	-66kg
68.	Luis Ferrari	M Open	-66kg
69.	Brian Blacido	M Open	-74kg
70.	Martin Evaristo	M Open	-74kg
71.	Puecas Cristian	M Open	-74kg
72.	Yovera Alex	M Open	-74kg
73.	Thomas Vargas Roberto Junior	M Open	-83kg
74.	Andres Sato	M Open	-93kg
75.	Palomino Orlando	M Open	-93kg
76.	Leon Jorge	M Open	-105kg
77.	Jaime Ortiz	M Open	-105kg
78.	Puecas Pablo	M Open	-120kg
79.	Picchus Jeanpiero	M Open	-120kg

80.	Lelis Berrios	F	Open	-47kg
81.	Duran Kimberly	F	Open	-47kg
82.	Carmen Fernandez	F	Open	-52kg
83.	Ruiz Vasquez Ana Lucia	F	Open	-52kg
84.	Chilon Rocio Del Pilar	F	Open	-57kg
85.	Zulema Salazar	F	Open	-57kg
86.	Chuyo Ada	F	Open	-63kg
87.	Daniela Anton	F	Open	-63kg
88.	Leisi Azucena	F	Open	-63kg
89.	Sarai Flores	F	Open	-63kg
90.	Myriam Camarena	F	Open	-84kg
91.	Katerine Gonzales	F	Open	-69kg
92.	Yalireth Vasquez	F	Open	-69kg
93.	Mia Hurtado	F	Open	-76kg

Team Members: 13

1.	Norma Melo	✓	Cat.I	
2.	Kenji Nakama	✓	Cat.I	
3.	Jacob Carrasco	✓	Cat.I	
4.	Alex Yovera	✓	Coach	
5.	Jorge Leon	✓	Head Coach	
6.	Baltuano Abel	✓	Official	
7.	Jaime Ortiz	✓	Official	
8.	Fernandez Patri	✓	Official	
9.	Juan Sanchez	✓	Official	
10.	Huamani Isaac	✓	Coach	
11.	Requena Dammert	✓	Coach	
12.	Dermali Berrios	✓	Coach	
13.	Mendoza Mendoza Fabian	✓	Assistant Coach	

Suriname {The Team in Total: 29}*Lifters: 26*

1.	Kasnawi Sjafée	M	Juniors	-59kg
2.	Kartataroeno Diego	M	Juniors	-66kg
3.	Johns Omarr	M	Juniors	-74kg
4.	Hing Abigael	F	Juniors	-57kg
5.	Badloe Sharivah	F	Juniors	-63kg
6.	Reyke Kenji	M	Subjuniors	-74kg
7.	Kasnawi Sjafée	M	Open	-59kg
8.	Oedai Djayand	M	Open	-59kg
9.	Damion Djarkasi	M	Open	-74kg
10.	Kariodimedjo Randall	M	Open	-83kg
11.	Ammersingh Lyndon	M	Open	-93kg
12.	Durgaram Selmon	M	Open	-93kg
13.	Amatredjo Tsuyenne	F	Open	-52kg
14.	Hing Abigael	F	Open	-57kg

Team Members: 3

1.	Teixeira Sheldon	✓	Head Coach
2.	Kariodimedjo Randall	✓	Official

3. Ade-Thomas Aniz

✓ Coach

Uruguay {The Team in Total: 18}*Lifters: 15*

1. Urioste Nicolas	M Masters 2	-105kg
2. Marquez Richard	M Masters 1	-83kg
3. Bayardi Agustin	M Juniors	-83kg
4. Barrios Joaquin	M Juniors	-105kg
5. Albornoz Salvador	M Juniors	-105kg
6. Harrington Santiago	M Juniors	-120kg
7. Delgado Luana	F Juniors	-69kg
8. Caballero Benicio	M Subjuniors	-93kg
9. Ollaveira Carlos	M Open	-74kg
10. Rozencvaig Sebastian	M Open	-83kg
11. Mondelli Nicolas	M Open	-105kg
12. May Agustin	M Open	-105kg
13. Esquenet Matias	M Open	-120kg
14. Rodriguez Federico	M Open	-120kg
15. Morales Vanessa	F Open	-57kg

Team Members: 3

1. Urioste Nicolas	✓ Cat.I	
2. Esquenet Matias		✓ Assistant Coach
3. Ollaveira Carlos		✓ Assistant Coach

Summary Table

Number of Lifters	South American Women's Classic Bench Press Championships	20
	South American Men's Classic Bench Press Championships	39
	South American Women's Equipped Bench Press Championships	5
	South American Men's Equipped Bench Press Championships	16
	South American Women's Classic Powerlifting Championships	82
	South American Men's Classic Powerlifting Championships	147
	South American Women's Equipped Powerlifting Championships	21
	South American Men's Equipped Powerlifting Championships	41
Persons as ...	Referee	17
	Representative	29
	Referee & Representative	12
All Together		429