

European Women's Master Equipped Powerlifting Championships

Pilsen / Czechia, 5 – 9 July, 2023

The List of Teams

Austria {The Team in Total: 10}

Lifters: 4

1. Zangerle Sabine	F	Masters 2	84+kg
2. Keppler Matthias	M	Masters 1	-93kg
3. Klotz Christian	M	Masters 1	-105kg
4. Kasperek Gernot	M	Masters 1	-120kg

Team Members: 6

1. Zangerle Sabine	✓	Cat.I	
2. Wetekam Dominic	✓		Head Coach
3. Kasperek Gernot	✓		Assistant Coach
4. Schadler-Kasperek Martina	✓		Assistant Coach
5. Keppler Matthias	✓		Assistant Coach
6. Klotz Christian	✓		Assistant Coach

Belgium {The Team in Total: 7}

Lifters: 3

1. Daineffe Anne	F	Masters 1	-63kg
2. Compagnie Kathleen	F	Masters 1	-69kg
3. Michiels Wendy	F	Masters 1	-76kg

Team Members: 4

1. Laenen Sven	✓		Coach
2. de Strijcker Joeri	✓		Coach
3. Ivanoushkin Robert	✓		Coach
4. de Ro Jean-Marc	✓		Coach

Czechia {The Team in Total: 25}

Lifters: 16

1. Ptacek Josef	M	Masters 4	-93kg
2. Vrzak Ales	M	Masters 3	-93kg
3. Kanat Zoltan	M	Masters 3	-120kg
4. Turek Martin	M	Masters 2	-83kg
5. Rada Karel	M	Masters 2	-105kg
6. Billy Lubos	M	Masters 2	-105kg
7. Jan Heto	M	Masters 2	-120kg
8. Pinc Jan	M	Masters 2	120+kg
9. Mlejnkova Petra	F	Masters 2	-57kg
10. Fiserova Vera	F	Masters 2	-76kg
11. Lacko Tomas	M	Masters 1	-74kg
12. Rada Lubos	M	Masters 1	-83kg
13. Patocka Vaclav	M	Masters 1	-93kg
14. Cernovsky Robert	M	Masters 1	-120kg
15. Macak Stanislav	M	Masters 1	-120kg
16. Spingl Milan	M	Masters 1	120+kg

Team Members: 9

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1. Karpisek Ivan	✓ Cat.I	
2. Vesely Ivan	✓ Cat.I	
3. Svejda Josef	✓ Cat.I	
4. Vacek Miroslav	✓ Cat.I	
5. Vesely Jakub	✓ Cat.II	
6. Prasek Jiri	✓ Nat.	
7. Lahoda Petr	✓ Nat.	
8. Slanicka Petr		✓ Head Coach
9. Kanatova Michaela		✓ Assistant Coach

Denmark {The Team in Total: 29}

Lifters: 15

1. Terragni John	M Masters 4	-74kg
2. Sahlgren Jan	M Masters 3	-74kg
3. Rasmussen Erik	M Masters 3	-83kg
4. Olsen Ole	M Masters 3	-105kg
5. Thorsen Henning Groen	M Masters 3	120+kg
6. Hansen Kim Dahl	M Masters 2	-83kg
7. Rasmussen Joergen Michael	M Masters 2	-105kg
8. Sorig Morten	M Masters 2	-120kg
9. Buxbom Eva	F Masters 2	-52kg
10. Veedefald Linda	F Masters 2	-76kg
11. Bak Kathrine	F Masters 1	-63kg
12. Frederiksen Lise	F Masters 1	-84kg
13. Andersen Lena Kruuse Skovby	F Masters 1	-69kg
14. Stine Boysen	F Masters 1	-76kg
15. Jensen Nora Bjerregaard	F Masters 1	-76kg

Team Members: 14

1. Rasmussen Joergen Michael	✓ Cat.II	✓ Coach
2. Thorsen Henning	✓ Cat.I	✓ Assistant Coach
3. Buxbom Eva		✓ Head Coach
4. Aaberg Jane		✓ Coach
5. Eriksen Bo		✓ Assistant Coach
6. Olsen Ole		✓ Assistant Coach
7. Sahlgren Jan		✓ Assistant Coach
8. Andersen Lena		✓ Assistant Coach
9. Boysen Stine		✓ Assistant Coach
10. Frederiksen Bjoern		✓ Assistant Coach
11. Sorig Morten		✓ Assistant Coach
12. Hansen Kim Dahl		✓ Assistant Coach
13. Bak Kathrine		✓ Assistant Coach
14. Flensborg Mickel Dahl		✓ Assistant Coach

Estonia {The Team in Total: 3}

Lifters: 2

1. Laurits Mihkel	M Masters 4	-105kg
2. Koovit Gert	M Masters 2	120+kg

Team Members: 1

1. Leesmann Kaido

✓ Head Coach

Finland {The Team in Total: 54}

Lifters: 26

1. Kemppainen Markku	M	Masters 4	-66kg
2. Kyllonen Toivo	M	Masters 4	-120kg
3. Hietanen Ismo	M	Masters 3	-74kg
4. Norpila Seppo	M	Masters 3	-83kg
5. Hagfors Harri	M	Masters 3	-93kg
6. Niskanen Jari	M	Masters 3	-105kg
7. Laitala Tapani	M	Masters 3	-120kg
8. Siltala Sami	M	Masters 2	-74kg
9. Vikla Tomi	M	Masters 2	-83kg
10. Ronkainen Petri	M	Masters 2	-93kg
11. Nousiainen Petteri	M	Masters 2	-93kg
12. Wasenius Kaj	M	Masters 2	-105kg
13. Mattila Kaj	M	Masters 2	-120kg
14. Johansson Lauri	M	Masters 2	-120kg
15. Ronkainen Katja	F	Masters 2	-47kg
16. Honka Nina	F	Masters 2	-57kg
17. Ristolainen Paivi	F	Masters 2	-84kg
18. Joutsela Sanna	F	Masters 2	-69kg
19. Ristolainen Minna	F	Masters 2	-69kg
20. Skogman Seija	F	Masters 2	-76kg
21. Kuusi Toni	M	Masters 1	-83kg
22. Tiensuu Mikko	M	Masters 1	-120kg
23. Nevalainen Antti	M	Masters 1	120+kg
24. Nevalainen Virve	F	Masters 1	-84kg
25. Rehnberg Helena	F	Masters 1	84+kg
26. Makinen Nina	F	Masters 1	-69kg

Team Members: 28

1. Hyttinen Tero	✓ Cat.I	
2. Mattila Kaj	✓ Cat.II	
3. Kotomaki Jarmo	✓ Cat.II	
4. Rajaniemi Matti	✓ Cat.II	
5. Heinisuo Seela		✓ Assistant Coach
6. Hakala Janne		✓ Assistant Coach
7. Hagfors Harri		✓ Assistant Coach
8. Jauhola Sanna-Mari		✓ Assistant Coach
9. Mattila Kaj		✓ Head Coach
10. Johansson Mia		✓ Assistant Coach
11. Ristolainen Juha		✓ Assistant Coach
12. Mattila Iina		✓ Assistant Coach
13. Nissila Sisu		✓ Assistant Coach
14. Raiha Sofia		✓ Assistant Coach
15. Skogman Seija		✓ Assistant Coach
16. Ronkainen Katja		✓ Assistant Coach
17. Maattanen Pekka		✓ Assistant Coach

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18. Tiensuu Mikko	✓ Assistant Coach
19. Niskanen Ville	✓ Assistant Coach
20. Kilpelainen Jaana	✓ Assistant Coach
21. Saarela Harri	✓ Assistant Coach
22. Ronkainen Petri	✓ Assistant Coach
23. Nevalainen Antti	✓ Assistant Coach
24. Nevalainen Virve	✓ Assistant Coach
25. Rehnberg Helena	✓ Assistant Coach
26. Wasenius Daniel	✓ Assistant Coach
27. Maria Tiensuu	✓ Assistant Coach
28. Nousiainen Petteri	✓ Assistant Coach

France {The Team in Total: 7}

Lifters: 3

1. Cherel Christophe	M Masters 2	-74kg
2. Bar Eric	M Masters 2	-105kg
3. Leccese Florence	F Masters 2	-69kg

Team Members: 4

1. de Puytorac Xavier	✓ Cat.I	
2. Faget Fabien		✓ Coach
3. Leccese Gianna		✓ Coach
4. Bar Jonathan		✓ Coach

Germany {The Team in Total: 40}

Lifters: 21

1. Luedecke Guenter	M Masters 4	-83kg
2. Forys Kazimierz	M Masters 4	-93kg
3. Waidmann Gustav	M Masters 4	-93kg
4. Katzula Reiner	M Masters 4	-120kg
5. May Karl-Heinz	M Masters 4	120+kg
6. Griesch Klaus	M Masters 3	-83kg
7. Haensicke Peer	M Masters 3	-93kg
8. Leister Peter	M Masters 3	-93kg
9. Smolczyk Jan	M Masters 2	-83kg
10. Nieland Guido	M Masters 2	-93kg
11. Simpig Matthias	M Masters 2	-105kg
12. Kienast Sebastian	M Masters 1	-74kg
13. Wagner Hubert	M Masters 1	-83kg
14. Stach Matthias	M Masters 1	-83kg
15. Ullerich Rene	M Masters 1	-93kg
16. Leffers Thomas	M Masters 1	-105kg
17. Thenhart Thorsten	M Masters 1	-105kg
18. Lange Sven	M Masters 1	-120kg
19. Soergel Markus	M Masters 1	-120kg
20. Neitzel Ira	F Masters 1	-52kg
21. Rehagel Verena	F Masters 1	-69kg

Team Members: 19

1. Polster Marc	✓ Cat.I
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2. Polster Rosina	✓ Cat.I	
3. Hampel Rolf		✓ Head Coach
4. Markuschke Lukas		✓ Assistant Coach
5. Boehme Jonas		✓ Assistant Coach
6. May Doris		✓ Assistant Coach
7. Fehn Katja		✓ Assistant Coach
8. Roette Willi		✓ Assistant Coach
9. Klinger Beate		✓ Assistant Coach
10. Cichon Susann		✓ Assistant Coach
11. Haerter Daniel		✓ Assistant Coach
12. Lange Martin		✓ Assistant Coach
13. Nowack Steffen		✓ Assistant Coach
14. Fortwengel Henning		✓ Assistant Coach
15. Florov Alexandr		✓ Assistant Coach
16. Rapke Christian		✓ Assistant Coach
17. Smolczyk Jonne		✓ Assistant Coach
18. Rogalski Andre		✓ Assistant Coach
19. Seefeld Christoph		✓ Assistant Coach

Great Britain {The Team in Total: 55}

Lifters: 22

1. Ottolangui Allen	M Masters 3	-74kg
2. d'Gama Douglas	M Masters 3	-83kg
3. Blacknell Keith	M Masters 3	-93kg
4. Blasbery Jacqueline	F Masters 3	84+kg
5. Morrell Dawn	F Masters 3	-69kg
6. McGurk Bernard	M Masters 2	-66kg
7. Richard Phillip	M Masters 2	-74kg
8. Rodney Allison	F Masters 2	-57kg
9. Shergold Rita	F Masters 2	-63kg
10. Frost Joanne	F Masters 2	-84kg
11. Brand Michelle	F Masters 2	-84kg
12. Kirkland Wendie	F Masters 2	-69kg
13. Gordon Maureen	F Masters 2	-69kg
14. Sherwood Jenni	F Masters 2	-76kg
15. Gordon Catherine	F Masters 2	-76kg
16. Cheema Jasvinder Singh	M Masters 1	-83kg
17. Champ Andy	M Masters 1	-105kg
18. Bowring Dean	M Masters 1	120+kg
19. Edwards Louise	F Masters 1	-52kg
20. Hughes Amanda	F Masters 1	-57kg
21. Murphy Nicola	F Masters 1	-57kg
22. Jordan Faye	F Masters 1	-69kg

Team Members: 33

1. Frost Joanne	✓ Cat.I	
2. Springett Carole	✓ Cat.I	
3. Brand Michelle	✓ Cat.I	
4. Frost Philip	✓ Cat.I	✓ Assistant Coach
5. Ellender Michael		✓ Head Coach

6.	Singh Arun	✓ Coach
7.	Brincat-Smith James	✓ Coach
8.	Burroughs Catherine	✓ Coach
9.	Shergold Rita	✓ Assistant Coach
10.	Jordan Faye	✓ Assistant Coach
11.	d'Gama Doug	✓ Assistant Coach
12.	Bowring Dean	✓ Assistant Coach
13.	Champ Andy	✓ Assistant Coach
14.	Rodney Andy	✓ Assistant Coach
15.	Morrell Tony	✓ Assistant Coach
16.	Ottolanguì Allen	✓ Assistant Coach
17.	Sherwood Jenni	✓ Assistant Coach
18.	Blacknell Keith	✓ Assistant Coach
19.	Kirkland Wendie	✓ Assistant Coach
20.	Edwards Louise	✓ Assistant Coach
21.	Hughes Amanda	✓ Assistant Coach
22.	Frost Joanne	✓ Assistant Coach
23.	Murphy Nicola	✓ Assistant Coach
24.	Rodney Allison	✓ Assistant Coach
25.	Richard Phillip	✓ Assistant Coach
26.	McGurk Bernard	✓ Assistant Coach
27.	Gordon Maureen	✓ Assistant Coach
28.	Brand Michelle	✓ Assistant Coach
29.	Gordon Catherine	✓ Assistant Coach
30.	Reynolds Charlotte	✓ Assistant Coach
31.	Cheema Jasvinder	✓ Assistant Coach
32.	Singh Jaswinder	✓ Assistant Coach
33.	Beales Elizabeth	✓ Assistant Coach

Italy {The Team in Total: 21}

Lifters: 7

1.	Borgatti Elena	F	Masters 2	-47kg
2.	Stenghel Anna	F	Masters 2	-52kg
3.	Stucchi Manuela	F	Masters 2	-52kg
4.	Cardinetti Filippo	M	Masters 1	-83kg
5.	Puddu Pierangelo	M	Masters 1	-83kg
6.	Turco Cristian	M	Masters 1	-105kg
7.	Brivio Luigi	M	Masters 1	-120kg

Team Members: 14

1.	Rossi Sandro	✓ Cat.I	
2.	Favorito Alessandro	✓ Cat.II	
3.	Milani Diego	✓ Coach	
4.	Pinna Mario	✓ Coach	
5.	Corsi Bruna	✓ Coach	
6.	Giumarra Franco	✓ Coach	
7.	Pisano Gianluca	✓ Coach	
8.	Beretta Donatella	✓ Coach	
9.	Porcu Chiara	✓ Assistant Coach	
10.	Concas Roberto	✓ Assistant Coach	

11. Ravazzola Claudio	✓ Assistant Coach
12. Perego Nicoletta	✓ Assistant Coach
13. Sala Franco	✓ Coach
14. Tusini Simona	✓ Assistant Coach

Lithuania {The Team in Total: 6}

Lifters: 2

1. Baublys Vidmantas	M Masters 2	-66kg
2. Vidziuniene Giedre	F Masters 2	-84kg

Team Members: 4

1. Petrauskas Erlandas	✓ Head Coach
2. Simokaitis Rimantas	✓ Coach
3. Vidziuniene Giedre	✓ Assistant Coach
4. Baublys Vidmantas	✓ Assistant Coach

Netherlands {The Team in Total: 5}

Lifters: 3

1. Bevers Wim	M Masters 3	-93kg
2. van der Putten Frans	M Masters 3	-105kg
3. Wamsteeker Wim	M Masters 2	-120kg

Team Members: 2

1. Baltus Peter	✓ Coach
2. Bakermans Ninja	✓ Coach

Norway {The Team in Total: 28}

Lifters: 14

1. Astad Bjorn	M Masters 3	-74kg
2. Valentinsen Sigve	M Masters 3	-93kg
3. Haugen Sven Joran	M Masters 3	-105kg
4. Einarsen Lene	F Masters 3	-76kg
5. Adnanes Ole Andreas	M Masters 2	-83kg
6. Andersen Ronny	M Masters 2	-120kg
7. Berntsen Age	M Masters 2	120+kg
8. Berntsen Hege	F Masters 2	-84kg
9. Stavik Anita	F Masters 2	-69kg
10. Stavheim Gro-Berit	F Masters 2	-69kg
11. Eriksen Seim Eirik Andreas	M Masters 1	-120kg
12. Thoren Lene	F Masters 1	84+kg
13. Berge Hege	F Masters 1	-69kg
14. Pischel-Bakker Manuela	F Masters 1	-76kg

Team Members: 14

1. Aas Marthe Stavik	✓ Cat.II	
2. Astad Bjorn	✓ Cat.I	✓ EPF Official
3. Stavik Anita	✓ Cat.II	✓ Assistant Coach
4. Aas Marthe Stavik		✓ Head Coach
5. Fjeld Per		✓ Coach
6. Berntsen Age		✓ Assistant Coach
7. Einarsen Lene		✓ Assistant Coach

8. Solberg Paal	✓ Assistant Coach
9. Kroknes Egil	✓ Assistant Coach
10. Andersen Ronny	✓ Assistant Coach
11. Valentinsen Sigve	✓ Assistant Coach
12. Ustad Jon Arne	✓ Assistant Coach
13. Bjelland Cathrine	✓ Assistant Coach
14. Stavheim Gro-Berit	✓ Assistant Coach

Poland {The Team in Total: 8}

Lifters: 4

1. Piwowarczyk Marian	M Masters 3	-66kg
2. Golak Jakub	M Masters 1	-74kg
3. Dabrowska-Posala Agnieszka	F Masters 1	-57kg
4. Chatlinska Izabela	F Masters 1	-76kg

Team Members: 4

1. Tochaczek Wieslaw	✓ Cat.I Reg.	✓ Coach
2. Szymkowiak Roman		✓ Coach
3. Golub Radoslaw		✓ Coach
4. Marcin Mochalski		✓ Coach

Romania {The Team in Total: 5}

Lifters: 4

1. Olah Lucica	F Masters 3	-69kg
2. Cazacu Sorin	M Masters 2	-120kg
3. Patru Valentin	M Masters 2	120+kg
4. Oproiu Cristian	M Masters 1	-105kg

Team Members: 1

1. Patru Valentin	✓ Cat.I
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Slovakia {The Team in Total: 17}

Lifters: 10

1. Kolsovsky Stefan	M Masters 3	-59kg
2. Mihok Anton	M Masters 3	-74kg
3. Dano Marian	M Masters 2	-93kg
4. Stiskal Juraj	M Masters 2	-120kg
5. Cintula Martin	M Masters 1	-74kg
6. Vlzak Miroslav	M Masters 1	-74kg
7. Lenart Jan	M Masters 1	-93kg
8. Majerech Michal	M Masters 1	-93kg
9. Csano Csaba	M Masters 1	-105kg
10. Sedivy Mario	M Masters 1	-120kg

Team Members: 7

1. Novomeska Eva	✓ Cat.II	
2. Varchola Pavol		✓ Head Coach
3. Vlzakova Anna		✓ Coach
4. Sedivy Mario		✓ Coach
5. Majerech Michal		✓ Coach

6. Beer Marian	✓ Coach
7. Stiskal Adrian	✓ Coach

Sweden {The Team in Total: 20}

Lifters: 10

1. Fernstrom Britten	F Masters 4	-57kg
2. Berg Tomas	M Masters 3	-83kg
3. Ring Tomas	M Masters 3	-83kg
4. Nordin Kjell	M Masters 3	-105kg
5. Gustavsson Thomas	M Masters 2	-83kg
6. Hoglander Lars	M Masters 2	-105kg
7. Izindre Annelie	F Masters 2	-63kg
8. Johansson Ulrika	F Masters 2	-76kg
9. Ellberg Andreas	M Masters 1	-83kg
10. Andersson Roger	M Masters 1	-105kg

Team Members: 10

1. Ostlund Jan	✓ Cat.I	
2. Hoglander Lars		✓ Assistant Coach
3. Hedesund Mikael		✓ Assistant Coach
4. Folkesson Mikael		✓ Assistant Coach
5. Hopp Rudiger		✓ Head Coach
6. Ring Tomas		✓ Coach
7. Viinikka Risto		✓ Assistant Coach
8. Izindre Alfred		✓ Assistant Coach
9. Jansson Fredrik		✓ Assistant Coach
10. Larsson Bengt-Ola		✓ Assistant Coach

Ukraine {The Team in Total: 4}

Lifters: 2

1. Moroz Volodymyr	M Masters 2	-59kg
2. Kosenko Nellia	F Masters 2	-63kg

Team Members: 2

1. Yasenetskyi Ihor	✓ Coach
2. Balenkov Andrii	✓ Coach

Summary Table

Number of Lifters	European Women's Master Equipped Powerlifting Championships	57
	European Men's Master Equipped Powerlifting Championships	111
Persons as ...	Referee	24
	Representative	146
	Referee & Representative	6
All Together		344