

20th Annual NAPF North American Women's Equipped Regional Powerlifting Championships

Grand Cayman / Cayman Islands, 7 – 12 August, 2023

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Najera Juanita	1981	U.S.America	102.5	65.0	165.0	332.5
2.	Gonzalez Anna	1994	U.S.America	115.0	72.5	145.0	332.5
3.	Lai Simone	1991	Canada	122.5	70.0	115.0	307.5
-57kg							
1.	Hill Casey	1991	U.S.America	132.5	122.5	155.0	412.5
-63kg							
1.	Lukas Naomi	2008	U.S.America	120.0	52.5	137.5	310.0
-84kg							
1.	Austin Jenna	2006	U.S.America	167.5	85.0	132.5	385.0
84+kg							
1.	Chavez Alexandra	1999	U.S.America	195.0	137.5	172.5	505.0
2.	Gutierrez Lopez Ruth Yarali	1987	Nicaragua	180.0	75.0	180.0	435.0

In Division there are 8 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-52kg							
1.	Lagarde Caroline	2006	U.S.America	122.5	65.0	137.5	325.0
2.	Crutcher Camille	2007	U.S.America	117.5	60.0	125.0	302.5
-57kg							
1.	Mazzuca Brooklyn	2006	U.S.America	130.0	75.0	145.0	350.0
2.	Cooper Lila	2007	U.S.America	137.5	72.5	140.0	350.0
-63kg							
1.	Olivarez Isabel	2005	U.S.America	140.0	92.5	147.5	380.0
-84kg							
1.	Durham Taylor	2007	U.S.America	150.0	72.5	137.5	360.0
-69kg							
1.	Godinez Celeste	2008	U.S.America	145.0	85.0	137.5	367.5
-76kg							
1.	Mitchell Malaya	2005	U.S.America	135.0	87.5	150.0	372.5
2.	Cefalu Cali	2005	U.S.America	155.0	80.0	130.0	365.0

In Division there are 9 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1.	Hussey Danielle	1976	Canada	160.5	85.0	152.5	398.0
-76kg							
1.	Gomez Amber	1978	US Virgin Islands	127.5	65.0	142.5	335.0

In Division there are 2 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-63kg							

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1.	Wilson Kim	1968	US Virgin Islands	125.0	70.0	155.0	350.0
-84kg							
1.	Harris Michal	1970	U.S.America	80.0	45.0	127.5	252.5
-69kg							
1.	Nagata Claudia	1968	U.S.America	25.0	25.0	25.0	75.0

In Division there are 3 Lifters

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-47kg							
1.	Elwyn Susan	1947	US Virgin Islands	80.0	35.0	115.0	230.0
-69kg							
1.	Brady Carol	1950	Canada	102.5	65.0	110.5	278.0

In Total there are 24 Lifters