

IPF Arab Cup Women's Classic Powerlifting Championships 2023

Beirut / Lebanon, 18 – 22 July, 2023

The List of Teams

Algeria {The Team in Total: 11}

Lifters: 10

1. Boutarfa Aissa	M	Masters 2	-83kg
2. Erridir Zoubir	M	Masters 2	-105kg
3. Halladja Hamid	M	Masters 1	-105kg
4. Dadou Mohamed	M	Masters 1	-105kg
5. Libatni Mohamed	M	Masters 1	120+kg
6. Aouimer Billal	M	Open	-74kg
7. Toubal Fatah	M	Open	-83kg
8. Kanane Amar	M	Open	-93kg
9. Sahad Mohamed	M	Open	-120kg
10. Boughalem Ilyas	M	Open	120+kg

Team Members: 1

1. Nedjah A. Kamel. E	✓	Cat.I	✓	Official
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Egypt {The Team in Total: 4}

Lifters: 3

1. Mohamed Youssef	M	Juniors	-66kg
2. Mohamed Hamza	M	Subjuniors	-66kg
3. Mohamed Nour	F	Open	84+kg

Team Members: 1

1. Aboushousha Osama			✓	Official
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Iran {The Team in Total: 1}

Team Members: 1

1. Soltani Farshid	✓	Cat.I	✓	IPF Official
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Iraq {The Team in Total: 63}

Lifters: 35

1. Al-Zurfi Jaead	M	Masters 3	-93kg
2. Shalash Abed	M	Masters 2	-59kg
3. Noah Hussein	M	Masters 2	-93kg
4. Al-Zamili Faisal	M	Masters 2	-105kg
5. Al-Sabbagh Alaa	M	Masters 2	-120kg
6. Kadhim Shawqi	M	Masters 2	-120kg
7. Nader Zakariya	M	Masters 2	120+kg
8. Raheem Sherzad	M	Masters 1	-66kg
9. Al-Mamoori Hasan	M	Masters 1	-74kg
10. Tlayyib Riyadh	M	Masters 1	-83kg
11. Al-Fanharawi Mohammed	M	Masters 1	-93kg
12. Chfat Mansoor	M	Masters 1	-105kg
13. Mahdi Mohammed	M	Masters 1	-105kg
14. Jirjees Salah	M	Masters 1	-120kg
15. Al-Shuwaili Hamzah	M	Juniors	-53kg
16. Sarray Sajjad	M	Juniors	-59kg

17.	Majeed Naktal	M Juniors	-59kg
18.	Haideri Muslim	M Juniors	-74kg
19.	Al-Sarray Redha	M Juniors	-83kg
20.	Abdulameer Mohammed	M Juniors	-93kg
21.	Almansi Ahmed	M Juniors	-105kg
22.	Aldblawy Muslim	M Juniors	120+kg
23.	Tufili Abdullah	M Juniors	120+kg
24.	Alsaadi Mustafa	M Subjuniors	-53kg
25.	Adnan Abdulqader	M Subjuniors	-53kg
26.	Al-Farhan Ridha	M Subjuniors	-59kg
27.	Al-Asadi Karar	M Subjuniors	-66kg
28.	Al-Abboodi Hasan	M Subjuniors	-74kg
29.	Al-Azzawi Saif	M Subjuniors	-120kg
30.	Abbas Nafea	M Subjuniors	-120kg
31.	Al-Buthabhak Hussein	M Open	-59kg
32.	Al-Basseer Ali	M Open	-83kg
33.	Gshayyish Hussein	M Open	-105kg
34.	Hama Renwar	M Open	-120kg
35.	Al-Zaidi Mohammed	M Open	120+kg

Team Members: 28

1.	Majeed Fathi	✓ Cat.II	
2.	Azeez Kadhim	✓ Cat.II	
3.	Janabi Thamer	✓ Cat.II	
4.	Alb Obaid Thaer		✓ Head Coach
5.	Mohammed Basman		✓ Head Coach
6.	Obaid Ali		✓ Official
7.	Imran Nimr		✓ Official
8.	Al-Janabi Oday		✓ Official
9.	Saaïd Sabah		✓ Official
10.	Sabah Jalal		✓ Official
11.	Al-Badri Salah		✓ Official
12.	Al-Mamoori Kadhim		✓ Official
13.	Al-Zuhairi Nibras		✓ Official
14.	Ali Dheyaa		✓ Official
15.	Biabny Jingeez		✓ Official
16.	Al-Gharrawi Hussein		✓ Official
17.	Al-Jboree Ali		✓ Coach
18.	Obaid Ammar		✓ Coach
19.	Albothabhak Ammar		✓ Coach
20.	Al-Humairi Wisam		✓ Coach
21.	Al-Azzawi Raheel		✓ Coach
22.	Alganahi Waleed		✓ Coach
23.	Hamzah Hussein		✓ Coach
24.	Zubaidi Taha		✓ Assistant Coach
25.	Alabdulhussin Faeq		✓ Assistant Coach
26.	Al-Saadi Abbas		✓ Assistant Coach
27.	Gharbawee Aqeel		✓ Assistant Coach
28.	Olewi Ahmed		✓ Assistant Coach

Kuwait {The Team in Total: 9}

Lifters: 6

1. Fatemah Abu Jubarah	F	Masters 1	-63kg
2. Alqattan Mohammad	M	Juniors	-59kg
3. Naser Alkandari	M	Juniors	-74kg
4. Akbar Mohammad	M	Juniors	120+kg
5. Alali Fahad	M	Open	-83kg
6. Yousef Yaqoub	M	Open	-93kg

Team Members: 3

1. Alqattan Abdullah	✓	Cat.II	✓ Official
2. Alawadhi Anwar			✓ Official
3. Ghayadh Fatemah			✓ Coach

Lebanon {The Team in Total: 71}

Lifters: 61

1. Al Nahas Kifah	M	Masters 3	-93kg
2. Saado Seifuddine	M	Masters 2	-93kg
3. Zaaiteer Ali	M	Masters 2	120+kg
4. Abou Daya Ali	M	Masters 1	-74kg
5. Al Moussawi Ali	M	Masters 1	-93kg
6. Rabah Charif	M	Masters 1	-105kg
7. Sultan Mohamad	M	Masters 1	-105kg
8. El Sen Khoder	M	Masters 1	120+kg
9. Kheireddine Bannout	M	Masters 1	120+kg
10. Khalil Jad	M	Juniors	-66kg
11. Suheil Khaled	M	Juniors	-66kg
12. Marouk Khaled	M	Juniors	-74kg
13. Saliba Giorgio	M	Juniors	-74kg
14. Jammal Ahmad	M	Juniors	-83kg
15. Chalak Karim	M	Juniors	-83kg
16. Satalmish Yasser	M	Juniors	-93kg
17. Hage Charbel	M	Juniors	-105kg
18. Khazzaka Abdo	M	Juniors	-120kg
19. El Chaer Etienne	M	Juniors	-120kg
20. Al Karaan Paul	M	Juniors	120+kg
21. Maana Hussein	M	Juniors	120+kg
22. Khairallah Joya	F	Juniors	-57kg
23. Azzi Julie	F	Juniors	-63kg
24. Yazbeck Gaelle	F	Juniors	-69kg
25. Awwad Tatiana	F	Juniors	-76kg
26. Ghamrawe Khaled	M	Subjuniors	-66kg
27. Harbieh Serge	M	Subjuniors	-83kg
28. Jaber Hussein	M	Subjuniors	-83kg
29. Adhami Adam	M	Subjuniors	-93kg
30. Kassem Jawad	M	Subjuniors	-93kg
31. Saad Peter	M	Subjuniors	-105kg
32. Aad Angelo	M	Subjuniors	-105kg
33. Mezher Jad	M	Subjuniors	-120kg
34. Zreik Hussein	M	Subjuniors	-120kg

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35.	Kevork George	M	Subjuniors	120+kg
36.	Chedid Taline	F	Subjuniors	-69kg
37.	Soueid Roni	M	Open	-59kg
38.	Sobh Rudi	M	Open	-66kg
39.	Jawhary Hafez	M	Open	-74kg
40.	Maarabani Monzer	M	Open	-74kg
41.	Saab Mario	M	Open	-83kg
42.	Boulos Christophe	M	Open	-83kg
43.	Sawalhi Kazem	M	Open	-93kg
44.	El Maalouf Michel	M	Open	-93kg
45.	Hamed Kamel	M	Open	-105kg
46.	El Helwe Samir	M	Open	-105kg
47.	Daou Bahaa	M	Open	-120kg
48.	Fadlallah Amal	F	Open	-47kg
49.	Deeb Amany	F	Open	-47kg
50.	Wahidi Sara	F	Open	-52kg
51.	Ballout Nourhane	F	Open	-52kg
52.	Azar Jana	F	Open	-57kg
53.	El Lakkis Naya	F	Open	-57kg
54.	Daoud Nour	F	Open	-63kg
55.	Nawfal Rebecca	F	Open	-63kg
56.	Zeaiter Christina	F	Open	-84kg
57.	Zaghlout Dayana	F	Open	84+kg
58.	Zein Layan	F	Open	-69kg
59.	Demerjian Maguy	F	Open	-69kg
60.	Hanna Rita	F	Open	-76kg
61.	Zammar Inas	F	Open	-76kg

Team Members: 10

1.	Koeik Hassan	✓	Head Coach
2.	Barbar Hani	✓	Official
3.	Kassem Salah	✓	Official
4.	Mohsen Khodor	✓	Official
5.	El Kaissi Hassan	✓	Official
6.	Shoukeir Mahmoud	✓	Official
7.	Moukalled Hassenen	✓	Official
8.	Morad Rakan	✓	Assistant Coach
9.	Karout Shiva	✓	Assistant Coach
10.	Wehbe George	✓	Assistant Coach

Luxembourg {The Team in Total: 1}

Team Members: 1

1.	Parage Gaston	✓	Cat.I	✓	IPF Official
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Palestine {The Team in Total: 9}

Lifters: 4

1.	Alassar Adli	M	Masters 2	-74kg
2.	Hisso Omar	M	Masters 1	-74kg
3.	Shaweesh Wasfi	M	Masters 1	-120kg
4.	Alhouseni Ahmed	M	Juniors	-66kg

Team Members: 5

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|---------------------|--------|-------------------|
| 1. Jomaa Mahmoud | ✓ Nat. | |
| 2. Al Yazji Kamel | | ✓ Official |
| 3. Al Madhoun Hamdi | | ✓ Coach |
| 4. Aldraimli Khaled | | ✓ Coach |
| 5. Alijla Talat | | ✓ Assistant Coach |

South Africa {The Team in Total: 1}

Team Members: 1

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|-----------------|---------|----------------|
| 1. Smith Hannie | ✓ Cat.I | ✓ IPF Official |
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Syria {The Team in Total: 58}

Lifters: 53

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| 1. Al Sawadi Muhammad Jamal | M Masters 3 | -66kg |
| 2. Ghazi Mohamad | M Masters 2 | -59kg |
| 3. Qaband Ali | M Masters 2 | -83kg |
| 4. Jomaa Mhd Mazen | M Masters 2 | -83kg |
| 5. Hosh Basel | M Masters 2 | -93kg |
| 6. Alali Samer | M Masters 2 | -105kg |
| 7. Tahan Aiman | M Masters 2 | -120kg |
| 8. Al Barni Sami | M Masters 1 | -83kg |
| 9. Bakour Omir | M Masters 1 | -83kg |
| 10. Awad Hazem | M Masters 1 | -93kg |
| 11. Mohamad Al Mostafa
Mohamad | M Masters 1 | -93kg |
| 12. Khorshid Amer | M Masters 1 | -120kg |
| 13. Mkhallalati Haitham | M Masters 1 | 120+kg |
| 14. Haddad Amal | F Masters 1 | 84+kg |
| 15. Allouch Shouq | F Masters 1 | 84+kg |
| 16. Qamand Mohamad Nour | M Juniors | -53kg |
| 17. Al Obais Firas | M Juniors | -59kg |
| 18. Mahmoud Haidara | M Juniors | -59kg |
| 19. Alhussain Taha | M Juniors | -66kg |
| 20. Mardini Mohamad Khaled | M Juniors | -83kg |
| 21. Rabiee Ammar | M Juniors | -93kg |
| 22. Zeno Mohmad Molhm | M Juniors | -105kg |
| 23. Zaitouni Mohhammad Wafa | M Juniors | -120kg |
| 24. Ward Mekdad | M Juniors | 120+kg |
| 25. Issa Merna | F Juniors | -43kg |
| 26. Zen Aldeen Raghad | F Juniors | -63kg |
| 27. Abu Alresh Taghreed | F Juniors | -84kg |
| 28. Sulaiman Maya | F Juniors | -69kg |
| 29. Zen Aldeen Mohamad | M Subjuniors | -53kg |
| 30. Al Dokki Majd | M Subjuniors | -59kg |
| 31. Al Hafi Majd | M Subjuniors | -74kg |
| 32. Katbeh Nadir | M Subjuniors | -83kg |
| 33. Al Shami Muhammad | M Subjuniors | -83kg |
| 34. Seffo Ammar Mohammad | M Subjuniors | -93kg |
| 35. Alloush Riam | F Subjuniors | -47kg |
| 36. Takla Solaf | F Subjuniors | -52kg |

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37.	Tahhan Maraya	F	Subjuniors	-52kg
38.	Al Houshan Haya	F	Subjuniors	-57kg
39.	Khalifa Sedra	F	Subjuniors	-57kg
40.	Damiati Roaa	F	Subjuniors	-63kg
41.	Hassan Loujin	F	Subjuniors	-63kg
42.	Shahet Ahmad Fouad	M	Open	-66kg
43.	Alzine Omar	M	Open	-74kg
44.	Daraj Abdalaziz	M	Open	-93kg
45.	Alhaj Zien Fahed	M	Open	-93kg
46.	Abdullah Ahmad	M	Open	-105kg
47.	Ali Mahran	M	Open	-105kg
48.	Marawi Nouh	M	Open	120+kg
49.	Ourouk Rama	F	Open	-57kg
50.	Almasri Esraa	F	Open	-63kg
51.	Saja Hana	F	Open	84+kg
52.	Hannoun Myriam	F	Open	84+kg
53.	Hanen Saeb	F	Open	-76kg

Team Members: 5

1.	Al Masri Omar	✓ Official
2.	Al Bahssas Belal	✓ Official
3.	Haikal Manar	✓ Official
4.	Jnied Haian	✓ Coach
5.	Ahmad Hamzah	✓ Coach

United Arab Emirates {The Team in Total: 2}

Lifters: 2

1.	Kazi Gulshan Banu	F	Masters 1	-84kg
2.	Yassine Angelica	F	Open	-69kg

Summary Table

Number of Lifters	IPF Arab Cup Women's Classic Powerlifting Championships 2023	41
	IPF Arab Cup Men's Classic Powerlifting Championships 2023	133
Persons as ...	Referee	4
	Representative	47
	Referee & Representative	5
All Together		230