
Asian / Pacific / African Men's Equipped Bench Press Championships

Hong Kong / China, 24 – 30 June, 2023

The List of Teams

Australia {The Team in Total: 6}

Lifters: 4

1. Varady Stephen	M	Masters 3	-83kg
2. Pham Thao	F	Masters 1	-52kg
3. Lannon Olivia	F	Masters 1	-76kg
4. Kander Tharendra 'tharen'	M	Open	-66kg

Team Members: 2

1. Socratous Kellie	✓	Coach
2. Kiddis Mina	✓	Assistant Coach

China {The Team in Total: 16}

Lifters: 11

1. Huang Liang	M	Juniors	-74kg
2. Zhang Haoruo	M	Juniors	-93kg
3. Huang Junru	M	Juniors	120+kg
4. Wen Jiahong	M	Subjuniors	-59kg
5. Cai Deyang	M	Subjuniors	-66kg
6. Chen Mingqi	M	Subjuniors	-66kg
7. Zhang Mingyu	M	Subjuniors	-74kg
8. Lin Baidong	M	Subjuniors	-74kg
9. Li Haiquan	M	Open	-66kg
10. Xiao Tianyu	M	Open	-83kg
11. Xu Jiaojiao	F	Open	-84kg

Team Members: 5

1. Wang Yan	✓	Official
2. Li Hao	✓	Official
3. Cao Tong	✓	Official
4. Yu Qiaofeng	✓	Official
5. Ding Zhengyang	✓	Official

Chinese Taipei {The Team in Total: 35}

Lifters: 30

1. Hwang Chien-Lih	M	Masters 4	-93kg
2. Lee Tsai-Wei	F	Masters 3	-69kg
3. Liu Li-Hsin	M	Masters 2	-74kg
4. Fu Chien-Min	M	Masters 2	-93kg
5. Tsai Shu-Min	F	Masters 2	-47kg
6. Chen Chih-Hao	M	Masters 1	-93kg
7. Huang Chih-Ying	F	Masters 1	-47kg
8. Chi Chia-Chi	F	Masters 1	-69kg
9. Wang Yu-Cheng	M	Juniors	-66kg
10. Chien Yu-Chan	M	Juniors	-93kg
11. Hsieh Chih-Hung	M	Juniors	-105kg
12. Shen Ti-Ni	F	Juniors	-84kg
13. Wu Pei-Chen	F	Juniors	-76kg

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14.	Huang Wei-Chen	M	Subjuniors	-59kg
15.	Yan Shao-Kui	M	Subjuniors	-93kg
16.	Huang Yung-Chin	M	Subjuniors	-120kg
17.	Ke Guan-Ting	M	Subjuniors	120+kg
18.	Kao Yu-Chen	F	Subjuniors	-63kg
19.	Gu Sin-Wei	F	Subjuniors	84+kg
20.	Li Hsin-Ying	F	Subjuniors	84+kg
21.	Hsieh Hsin-Mu	M	Open	-59kg
22.	Feng Po-Wen	M	Open	-66kg
23.	Wu Wei-Chun	M	Open	-93kg
24.	Wang Pei-Yu	M	Open	120+kg
25.	Fang Hui-Ling	F	Open	-47kg
26.	Cho Chia-Yu	F	Open	-52kg
27.	Liu Mei-Xiang	F	Open	-52kg
28.	Lin Zi-Xuan	F	Open	-57kg

Team Members: 5

1.	Chao Chen-Yeh	✓	Cat.I	✓	Official
2.	Hu Chun-Hsiung			✓	Head Coach
3.	Huang Yu-Hui			✓	Official
4.	Chan I-Jan			✓	Coach
5.	Weng Chih-Kuan			✓	Coach

Fiji {The Team in Total: 1}

Lifters: 1

1.	Whiteside Gardiner	M	Open	-120kg
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Hong Kong, China {The Team in Total: 93}

Lifters: 62

1.	Pok Kim-Won	M	Masters 4	-59kg
2.	Wong Kung Him	M	Masters 4	-59kg
3.	Wang Gable	M	Masters 3	-83kg
4.	Wong Amelia Wai Yu	F	Masters 3	-47kg
5.	Lee Lai Ling	F	Masters 3	-52kg
6.	Ip Wing-Yuk	F	Masters 3	-63kg
7.	Ho Wai Lok	M	Masters 2	-66kg
8.	Kwok Shun	M	Masters 2	-83kg
9.	Leng Kai Man	M	Masters 2	-83kg
10.	Hageback Folke Johan Niclas	M	Masters 2	-93kg
11.	Ho Wing Nga	F	Masters 2	-76kg
12.	Lin Yiu Fai	M	Masters 1	-59kg
13.	Tin Hin Tat	M	Masters 1	-66kg
14.	Li Ying Hang	M	Masters 1	-66kg
15.	Ma Tak Chuen	M	Masters 1	-83kg
16.	Yu Shui Lun Andrew	M	Masters 1	-83kg
17.	Jenifer McCombie	F	Masters 1	-57kg
18.	Li Yuk Lam	M	Juniors	-59kg
19.	Kwok Chun Fui Jeffrey	M	Juniors	-66kg
20.	Li Kin Hei William	M	Juniors	-66kg

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21.	Lee Cheuk Yin Simon	M Juniors	-66kg
22.	Cheung Chin Lam	M Juniors	-74kg
23.	Chan Lung Lung	M Juniors	-74kg
24.	Chung Sheung Wai	M Juniors	-74kg
25.	Lui Kwok Hei	M Juniors	-105kg
26.	Man Chun Yu	F Juniors	-47kg
27.	Yeung Chin Wai	F Juniors	-47kg
28.	Zhou Ya Qi	F Juniors	-63kg
29.	Tse Minerva Wing Sze	F Juniors	-69kg
30.	Shi You Xu	M Subjuniors	-66kg
31.	Diao Hai Bin	M Subjuniors	-74kg
32.	Yap Shao Feng	M Subjuniors	-93kg
33.	Shi Ching Wing	M Subjuniors	-105kg
34.	Au Yeung Tsun Sang	M Open	-59kg
35.	Chow Jar Yue Ernest	M Open	-59kg
36.	Chow Jar Yue Ernest	M Open	-66kg
37.	Leung Tsz Lik	M Open	-66kg
38.	Wong Clarence	M Open	-66kg
39.	Wong Kwok Sing	M Open	-66kg
40.	Yuen Ka Tsun	M Open	-74kg
41.	Lau Cheuk Nang	M Open	-74kg
42.	Chan Kam Wai	M Open	-83kg
43.	Kam Chi Leung	M Open	-83kg
44.	McKenley Acton	M Open	-83kg
45.	Yuen Pui Sing	M Open	-83kg
46.	Lam Shu Ping Calvin	M Open	-83kg
47.	Law Kwan Chak	M Open	-93kg
48.	Chan Yuk Ling	F Open	-47kg
49.	Zhan Qi	F Open	-52kg
50.	Tsang Hei	F Open	-57kg
51.	Spensley Emily	F Open	-63kg
52.	Luk Ho Yee	F Open	-63kg
53.	Yuen Wing Hin	F Open	-63kg
54.	Wong Ying Chi	F Open	-63kg
55.	Luk Ching Yu	F Open	-63kg
56.	Liang Yim Chee	F Open	-69kg
57.	Chan Sze Hei	F Open	-76kg

Team Members: 31

1.	Ho Wing Nga	✓ Cat.II
2.	Ip Wing Yuk	✓ Cat.I
3.	Hung Wing Fai	✓ Nat.
4.	Wang Gable	✓ Cat.I
5.	Leng Kai Man	✓ Cat.I
6.	Wong Kung Him	✓ Cat.I
7.	Yip Andrew Siu Leung	✓ Cat.I
8.	Lo Kam Chuen	✓ Cat.II
9.	Ma Yiu Chuen	✓ Cat.II
10.	Tong Kei Hin	✓ Nat.

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11. Yu Sam Por	✓ Cat.I Reg.	
12. Pok Kim Won	✓ Cat.I Reg.	
13. Ip Wing Yuk		✓ Head Coach
14. Hung Wing Fai		✓ Coach
15. Chan Cheng Fu		✓ Coach
16. Kam Chi Leung		✓ Coach
17. Chan Sze Hei		✓ Assistant Coach
18. Chow Jar Yue		✓ Assistant Coach
19. Pok Kim Won		✓ Head Coach
20. Luk Ho Yee		✓ Official
21. Li King Him		✓ Coach
22. Mak Kin Lam Martin		✓ Coach
23. Leung Tsz Lik		✓ Assistant Coach
24. Lee Ho Sang		✓ Assistant Coach
25. Lee Lai Ling		✓ Assistant Coach
26. Yung Hiu Hong		✓ Assistant Coach
27. Li Ka Chuen		✓ Assistant Coach
28. Wong Ying Chi		✓ Assistant Coach
29. Lui Kwok Hei		✓ Assistant Coach
30. Yeung Chin Wai		✓ Assistant Coach
31. Luk Ching Yu		✓ Assistant Coach

India {The Team in Total: 36}

Lifters: 36

1. Kirankumar Kangjam	M	Masters 3	-59kg
2. Takhelchangbam Ibemhal Devi	F	Masters 3	-57kg
3. Tiwari Balgovind	M	Masters 2	-93kg
4. Takhelmayum Lena Devi	F	Masters 2	84+kg
5. Dinesh Harishchandra Pawar	M	Masters 1	-74kg
6. Rohan More	M	Masters 1	-93kg
7. Neeta Mehta	F	Masters 1	-52kg
8. Athokpam Rosy	F	Masters 1	-57kg
9. Nilima Patil	F	Masters 1	-57kg
10. Dr. Sharvari Imandar	F	Masters 1	-57kg
11. Kiran Tyagi	F	Masters 1	-84kg
12. Manjushri Puranik	F	Masters 1	-84kg
13. Bharati Mahapatra	F	Masters 1	84+kg
14. Dutta Chatterjee Sima	F	Masters 1	-69kg
15. Mayani Hemant Kamble	F	Masters 1	-76kg
16. Kuldeep Dandotiya	M	Juniors	120+kg
17. M Jyothi	F	Juniors	-43kg
18. Supriya Pandurang Supekar	F	Juniors	-52kg
19. Gaihutlung Panmei	M	Subjuniors	-53kg
20. Akshay Shanmughan	M	Open	-74kg
21. Ansu Singh	M	Open	-83kg
22. Rajesh Atmaram Lanjeka	M	Open	-83kg
23. Rajesh Atmaram Lanjekar	M	Open	-83kg
24. Shrutika Abhay Raut	F	Open	84+kg

25. Aditi Rajashekhar Parshetty F Open -69kg

Iran {The Team in Total: 13}

Lifters: 11

1. Aedi Morad	M Masters 2	-83kg
2. Baghlani Aminolah	M Masters 1	-74kg
3. Jahanipour Farid	M Masters 1	-120kg
4. Bavandi Mohammadreza	M Juniors	120+kg
5. Moosavi Seyedhadi	M Open	-105kg
6. Kolah Kaj Salman	M Open	-120kg
7. Ghahremani Shahla	F Open	-69kg
8. Salimiyani Rizi Elham	F Open	-76kg

Team Members: 2

1. Piriniaee Jafar	✓ Cat.I	
2. Soltani Farshid	✓ Cat.I	✓ Official

Iraq {The Team in Total: 34}

Lifters: 25

1. Al-Zurfi Jaead	M Masters 3	-93kg
2. Noah Hussein	M Masters 2	-105kg
3. Nader Zkariya	M Masters 2	120+kg
4. Amen Mohammed	M Masters 1	-83kg
5. Al-Shuwaili Hamzah	M Juniors	-53kg
6. Sarray Sajjad	M Juniors	-59kg
7. Majeed Naktal	M Juniors	-59kg
8. Khfaji Aymen	M Juniors	-66kg
9. Al-Sarray Redha	M Juniors	-83kg
10. Abdulshaheed Mohammed	M Juniors	-105kg
11. Abdulameer Mohammed	M Juniors	-120kg
12. Jihad Mohammed	M Juniors	120+kg
13. Al-Sreiwe Ali	M Subjuniors	-59kg
14. Al-Abboodi Hasan	M Subjuniors	-74kg
15. Al-Rubaye Ali	M Subjuniors	-105kg
16. Hur Amer	M Subjuniors	-105kg
17. Al-Rikabi Mahdi	M Subjuniors	120+kg
18. Al-Buthabhak Hussein	M Open	-59kg
19. Al-Masslawi Ahmed	M Open	-66kg
20. Najzi Mohammad	M Open	-74kg
21. Talib Ali	M Open	-93kg
22. Humairi Jaafar	M Open	-105kg
23. Hama Renwar	M Open	-120kg
24. Abuosayabi Hayder	M Open	120+kg
25. Al-Zaidi Mohammed	M Open	120+kg

Team Members: 9

1. Al-Zuhairi Nibras	✓ Cat.II	
2. Al-Badri Salah	✓ Cat.II	
3. Albo Obaid Thaeir		✓ Head Coach
4. Obaid Ali		✓ Official

5. Sabah Jalal	✓ Official
6. Al-Badri Salah	✓ Official
7. Al-Zuhairi Nibras	✓ Official
8. Albothabhak Alaa	✓ Coach
9. Al-Tameemi Jaafar	✓ Coach

Japan {The Team in Total: 69}

Lifters: 35

1. Suyama Toshihiro	M Masters 3	-93kg
2. Akiyama Katsumi	M Masters 3	-105kg
3. Terada Masuo	M Masters 3	-105kg
4. Nakata Kazuo	M Masters 2	-59kg
5. Arai Hidenori	M Masters 2	-59kg
6. Fukuda Munenari	M Masters 2	-66kg
7. Moriyama Tetsuo	M Masters 2	-74kg
8. Odake Kenji	M Masters 1	-66kg
9. Yasuda Kazutomi	M Masters 1	-83kg
10. Nishida Shoichiro	M Masters 1	-83kg
11. Yamada Yohei	M Masters 1	-93kg
12. Sasaki Yoichi	M Masters 1	-105kg
13. Ito Harumi	F Masters 1	-69kg
14. Goto Mahiro	M Juniors	-59kg
15. Saito Yoshiaki	M Juniors	-66kg
16. Ishihara Soya	M Subjuniors	-74kg
17. Okuda Taiki	M Subjuniors	-83kg
18. Okamura Kenji	M Subjuniors	-93kg
19. Kawashima Tatsuya	M Open	-74kg
20. Yonechi Koki	M Open	-74kg
21. Horiguchi Yosuke	M Open	-83kg
22. Murano Tomohisa	M Open	-83kg
23. Suzuki Yusuke	M Open	-83kg
24. Horiguchi Yosuke	M Open	-93kg
25. Tsuruya Shimon	M Open	-93kg
26. Nishimura Yoshiaki	M Open	-93kg
27. Matsusita Daiki	M Open	-105kg
28. Hayashi Naoaki	M Open	-105kg
29. Sakura Yuki	F Open	-57kg
30. Honda Mayumi	F Open	-63kg
31. Tajima Hitomi	F Open	-84kg
32. Mizoguchi Kumi	F Open	-76kg

Team Members: 34

1. Ninomiya Masaharu	✓ Coach
2. Ishihara Soya	✓ Assistant Coach
3. Mizoguchi Kumi	✓ Assistant Coach
4. Matsusita Daiki	✓ Assistant Coach
5. Nakata Kazuo	✓ Assistant Coach
6. Hayashi Naoaki	✓ Assistant Coach
7. Goto Mahiro	✓ Assistant Coach
8. Moriyama Tetsuo	✓ Assistant Coach

9. Ito Harumi	✓ Assistant Coach
10. Horiguchi Yosuke	✓ Assistant Coach
11. Honda Mayumi	✓ Assistant Coach
12. Akiyama Katsumi	✓ Assistant Coach
13. Kawashima Tatsuya	✓ Assistant Coach
14. Arai Hidenori	✓ Assistant Coach
15. Fukuda Munenari	✓ Assistant Coach
16. Murano Tomohisa	✓ Assistant Coach
17. Honda Hirokazu	✓ Assistant Coach
18. Sasaki Yoichi	✓ Head Coach
19. Suzuki Yusuke	✓ Head Coach
20. Yonechi Koki	✓ Assistant Coach
21. Sakura Yuki	✓ Assistant Coach
22. Yamada Yohei	✓ Assistant Coach
23. Odake Kenji	✓ Assistant Coach
24. Okamura Kenji	✓ Assistant Coach
25. Okuda Taiki	✓ Assistant Coach
26. Terada Masuo	✓ Assistant Coach
27. Tsuruya Shimon	✓ Assistant Coach
28. Terada Hiromi	✓ Assistant Coach
29. Tajima Hitomi	✓ Assistant Coach
30. Saito Yoshiaki	✓ Assistant Coach
31. Nishimura Yoshiaki	✓ Assistant Coach
32. Yasuda Kazutomi	✓ Assistant Coach
33. Suyama Toshihiro	✓ Assistant Coach
34. Nishida Shoichiro	✓ Assistant Coach

Kazakhstan {The Team in Total: 44}

Lifters: 37

1. Ospanov Daribay	M Masters 4	-83kg
2. Stepanenko Valeriy	M Masters 4	-105kg
3. Yerzhanov Aibar	M Masters 1	120+kg
4. Yuldashbekov Zhamshid	M Juniors	-59kg
5. Kamal Ybyray	M Juniors	-66kg
6. Bochenkova Yuliya	F Juniors	-52kg
7. Tursynbayev Rozmatkhozha	M Subjuniors	-66kg
8. Bekmetov Sunnatbek	M Subjuniors	-74kg
9. Pasyuk Viktoriya	F Subjuniors	-47kg
10. Passyuk Viktoriya	F Subjuniors	-47kg
11. Mutunova Aidana	F Subjuniors	-57kg
12. Yakusheva Veronika	F Subjuniors	-69kg
13. Kuvaldin Ivan	M Open	-59kg
14. Artukmatov Khussan	M Open	-74kg
15. Tulegenov Abdugarim	M Open	-83kg
16. Anuar Ulan	M Open	-93kg
17. Petrenko Vassiliy	M Open	-93kg
18. Yemchenko Alexander	M Open	-93kg
19. Turysbekov Askar	M Open	-105kg
20. Tsoy Vyacheslav	M Open	-105kg

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21. Abduraimov Davut	M Open	-120kg
22. Li Dimitriy	M Open	-120kg
23. Tsoy Kristina	F Open	-47kg
24. Nuriddinova Diana	F Open	-57kg
25. Karimova Amina	F Open	-63kg
26. Kryukova Ekaterina	F Open	-63kg
27. Altaibaeva Marina	F Open	84+kg
28. Khan Xeniya	F Open	-76kg

Team Members: 7

1. Cheremissina Olga	✓ Coach
2. Khan Xeniya	✓ Coach
3. Yakovlev Andrey	✓ Coach
4. Ospanov Daribay	✓ Coach
5. Tsarenko Dmitriy	✓ Coach
6. Stepanenko Ilya	✓ Assistant Coach
7. Issabekova Aizhan	✓ Assistant Coach

Malaysia {The Team in Total: 6}

Lifters: 2

1. Lee Shu Wei	F Juniors	-52kg
2. Yeoh Han Pin	M Open	-74kg

Team Members: 4

1. Badrol Zaty	✓ Head Coach
2. Yeoh Han Pin	✓ Official
3. Tju Diana	✓ Assistant Coach
4. Chung Uvern	✓ Assistant Coach

Mongolia {The Team in Total: 54}

Lifters: 51

1. Purev Bayar	M Masters 3	-74kg
2. Khuujii Amarsanaa	M Masters 2	-74kg
3. Lkhagvasuren Erdenetsogt	M Masters 2	120+kg
4. Bayaraa Odon	M Masters 1	-66kg
5. Baljinnyam Batsaikhan	M Masters 1	-74kg
6. Sanduijav Enkhbat	M Masters 1	-74kg
7. Nyamaa Azzaya	M Masters 1	-83kg
8. Nanjid Damdinbat	M Masters 1	-83kg
9. Purevjav Enkhnasan	M Masters 1	-105kg
10. Damdin Uuganbayar	M Masters 1	-105kg
11. Damdin Ankhbayar	M Masters 1	120+kg
12. Sodnomdorj Munkhzul	F Masters 1	-76kg
13. Munkhbayar Uuganbayar	M Juniors	-66kg
14. Byambajargal Sodbaatar	M Juniors	-83kg
15. Byambatugs Erkhemjargal	M Juniors	-93kg
16. Amgalanbaatar Nyamgerel	F Juniors	-52kg
17. Batdalai Anardelger	F Juniors	-57kg
18. Basanjav Batkhishig	F Juniors	-63kg
19. Batsukh Tsenguun	F Juniors	-63kg

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20.	Batkhisig Khuslen	F	Subjuniors	84+kg
21.	Erkhembayar Battulga	M	Open	-59kg
22.	Purevsuren Bat-Amgalan	M	Open	-59kg
23.	Damdinsuren Batsukh	M	Open	-74kg
24.	Batsukh Gansukh	M	Open	-93kg
25.	Tsend-Ayush Otgondalai	M	Open	-93kg
26.	Myagmarsuren Galsaikhan	M	Open	-105kg
27.	Dashzegve Tumenjargal	M	Open	-105kg
28.	Bayarsaikhan Byambasuren	M	Open	-105kg
29.	Myagmarjav Dorj	M	Open	-120kg
30.	Shagdarsuren Batzul	M	Open	-120kg
31.	Tilyeubiyerd Saifolla	M	Open	-120kg
32.	Odontungalag Munkhbat	M	Open	120+kg
33.	Munkhbayar Tserennadmid	M	Open	120+kg
34.	Basanjav Batkhishig	F	Open	-63kg
35.	Batkhisig Amartsengel	F	Open	-69kg
36.	Munkhbat Solongo	F	Open	-69kg
37.	Bat-Erdene Shinechimeg	F	Open	-76kg

Team Members: 3

- | | | | | |
|----|--------------------------|---|--------|---------|
| 1. | Dash Battulga | ✓ | Cat.II | |
| 2. | Sainkhuu Minjbaatar | | | ✓ Coach |
| 3. | Galbadrakh Lkhagva-Ochir | | | ✓ Coach |

New Zealand {The Team in Total: 14}

Lifters: 8

- | | | | | |
|----|-------------------|---|-----------|--------|
| 1. | Bevington Pete | M | Masters 1 | -105kg |
| 2. | Surtees Sara | F | Masters 1 | -52kg |
| 3. | Dillen Carolina | F | Masters 1 | -63kg |
| 4. | Dio Raffy | M | Juniors | -93kg |
| 5. | Monigatti Timothy | M | Open | -83kg |
| 6. | Shon Catherine | F | Open | -57kg |
| 7. | Ropata Riria | F | Open | 84+kg |
| 8. | Manning Veronica | F | Open | -69kg |

Team Members: 6

- | | | | | |
|----|--------------------|---|------|-------------------|
| 1. | Manning Veronica | ✓ | Nat. | ✓ Assistant Coach |
| 2. | Jennings Jordan | | | ✓ Head Coach |
| 3. | Monigatti Tim | | | ✓ Coach |
| 4. | Surtees Sara | | | ✓ Assistant Coach |
| 5. | Dillen Carli | | | ✓ Assistant Coach |
| 6. | Fitzmaurice Alison | | | ✓ Assistant Coach |

Philippines {The Team in Total: 5}

Lifters: 2

- | | | | | |
|----|--------------------|---|------|-------|
| 1. | Reboton Joyce Gail | F | Open | -84kg |
| 2. | Reboton Joyce Gail | F | Open | -76kg |

Team Members: 3

- | | | | |
|----|--------------------|---|-------|
| 1. | Calagopi Aspi | ✓ | Cat.I |
| 2. | Evangelista Leslie | ✓ | Cat.I |

3. Capulong Willord

✓ Coach

Singapore {The Team in Total: 65}

Lifters: 42

1. Koike Tetsuo	M Masters 2	-74kg
2. Koike Tetsuo	M Masters 2	-83kg
3. Robertson Andrew	M Masters 2	-93kg
4. Yap Janice	F Masters 1	-52kg
5. Quak Jieli	F Masters 1	-52kg
6. Yang Yunie	F Masters 1	-84kg
7. Abdul Razak Rozana	F Masters 1	84+kg
8. Jumahat Norliyana	F Masters 1	-69kg
9. Zainudin Noor Shakira	F Masters 1	-69kg
10. Tang Jian Rong	M Juniors	-74kg
11. How Clement	M Juniors	-83kg
12. Chan Lucas Spencer	M Juniors	-83kg
13. Obatay Peter Paul	M Juniors	-93kg
14. Chong Wayne	M Juniors	-105kg
15. Foo Alicia	F Juniors	-47kg
16. Tan Faith Suzanna	F Juniors	-47kg
17. Huang Niko	F Juniors	-52kg
18. Yap Natasha	F Juniors	-57kg
19. Kok Ivy	F Juniors	-63kg
20. Lim Yann	F Juniors	-63kg
21. Lee Jia Ying	F Juniors	-69kg
22. Lim Tanya Michelle	F Juniors	-76kg
23. Castro Wade	M Subjuniors	-66kg
24. Goh Nikki	M Subjuniors	-74kg
25. Tan Jasper	M Subjuniors	-74kg
26. Sia Jevan	M Subjuniors	-83kg
27. Mohammad Noh Deen Hadif	M Subjuniors	-93kg
28. Ei'zir Ryan Danial	M Subjuniors	-105kg
29. Afiq Irfan	M Subjuniors	-120kg
30. Yong Shermaine Kye Tinn	F Subjuniors	-63kg
31. Wong Isaac	M Open	-59kg
32. Foo Wesley	M Open	-66kg
33. Ong Wei Chaai	M Open	-66kg
34. Tsai Chien-Ho Jack	M Open	-74kg
35. Tang Cornelius	M Open	-83kg
36. Herman Hud Syafiq	M Open	-93kg
37. Lim Jarryl Shao Gang	M Open	-93kg
38. Shee Dao Sen Samuel	M Open	-105kg
39. Koh Amilia	F Open	-57kg
40. Tay Su Xia	F Open	-57kg
41. Lee Claudia	F Open	-63kg
42. Ng Tiffany	F Open	-63kg

Team Members: 23

- | | |
|---------------|----------|
| 1. Ng Tiffany | ✓ Cat.II |
| 2. Soh Dylan | ✓ Cat.II |

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3. Ng Jun Jie	✓ Cat.II	✓ Head Coach
4. Koike Satomi		✓ Assistant Coach - Athlete [NFR]
5. Foo Wesley		✓ Coach
6. Kuan Natalie		✓ Coach
7. Low Jing Yi		✓ Coach
8. Ho Tristan		✓ Coach
9. Ang Wei Cong		✓ Coach
10. Loo Daphne Maia		✓ Coach
11. Lau Sarah		✓ Assistant Coach
12. Chong Wayne		✓ Assistant Coach
13. Yuliati Naniek		✓ Assistant Coach - Athlete [NFR]
14. Norazman Aqilah		✓ Assistant Coach - Athlete [NFR]
15. Soh Dylan		✓ Coach
16. Yong Joben		✓ Coach
17. Ng Nigel		✓ Coach
18. Lucey Peter		✓ Coach
19. Tan Yong Pepin		✓ Coach
20. Ong Pang Wee		✓ Coach
21. Tan Nicholas		✓ Coach
22. Ong Wei Chaai		✓ Coach
23. Shee Dao Sen Samuel		✓ Coach

South Africa {The Team in Total: 3}

Lifters: 1

1. van Beek Michael	M Subjuniors	-83kg
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Team Members: 2

1. Smith Hannie	✓ Cat.I	✓ Official
2. Ingel Nic	✓ Cat.I	✓ Coach

Sri Lanka {The Team in Total: 22}

Lifters: 20

1. Thilakarathna Chandana	M Masters 1	-83kg
2. Fernando Hiran	M Masters 1	-93kg
3. G.mendis Mendis	M Juniors	-74kg
4. Vishmika A.s	M Juniors	-105kg
5. P.k Fernando Pramod	M Juniors	120+kg
6. Dishalya Shenuki	F Juniors	-47kg
7. Kaluarachchi Vinoli	F Juniors	-69kg
8. D.silva Radeesha	F Juniors	-69kg
9. Rodrigo Adesha	M Subjuniors	-66kg
10. S. Mendis Sulesh	M Subjuniors	-105kg
11. Jayasinghe Uvindu	M Open	-105kg
12. D.weerasinghe Darin	M Open	-120kg
13. D. Weerasinghe Darin	M Open	-120kg
14. Jayathilaka Ransilu	M Open	-120kg
15. Gayan Udara	M Open	120+kg
16. S.kushanthan Sackaharagha	M Open	120+kg
17. Silva Rasitha	F Open	-52kg
18. Epitawala Shashika	F Open	-84kg

19. Herath Sasundree F Open -69kg

Team Members: 2

- | | |
|-------------------------|--------------|
| 1. Nandasena Illeperuma | ✓ Head Coach |
| 2. Perera Kapila | ✓ Official |

Thailand {The Team in Total: 13}

Lifters: 8

- | | | |
|----------------------------|-------------|--------|
| 1. Vertucci Kurt | M Masters 4 | -74kg |
| 2. Levine Paul | M Masters 3 | 120+kg |
| 3. Clapp Kamolsukosol | M Masters 2 | -105kg |
| 4. Ektanopokai Tantanat | F Juniors | -63kg |
| 5. Rojanasookamol Prapawat | M Open | -66kg |
| 6. Kemmink Daniel | M Open | -120kg |
| 7. Wararatchai Kaely | F Open | -57kg |
| 8. Rerkpisut Nopparat | F Open | -57kg |

Team Members: 5

- | | |
|---------------------------------------|-------------------|
| 1. Lucey Peter | ✓ Head Coach |
| 2. Teeratamrongchaikul
Arpatchanee | ✓ Official |
| 3. Senumong Kasemsand | ✓ Coach |
| 4. Doble Del Castillo Matthew | ✓ Assistant Coach |
| 5. Tanapura Noravidhya | ✓ Assistant Coach |

Summary Table

Number of Lifters	Asian / Pacific / African Women's Classic Powerlifting Championships	85
	Asian / Pacific / African Men's Classic Powerlifting Championships	141
	Asian / Pacific / African Women's Equipped Powerlifting Championships	24
	Asian / Pacific / African Men's Equipped Powerlifting Championships	46
	Asian / Pacific / African Women's Classic Bench Press Championships	17
	Asian / Pacific / African Men's Classic Bench Press Championships	38
	Asian / Pacific / African Women's Equipped Bench Press Championships	12
	Asian / Pacific / African Men's Equipped Bench Press Championships	23
Persons as ...	Referee	20
	Representative	117
	Referee & Representative	6
All Together		529