Asian / Pacific / African Women's Equipped Bench Press Championships Hong Kong / China, 24 – 30 June, 2023

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#	Name	Born	Team	ВР
-57kg				
1.	Sakura Yuki	1995	Japan	97.5
-63kg				
1.	Basanjav Batkhishig	2000	Mongolia	110.0
2.	Luk Ching Yu	1993	Hong Kong, China	88.0
-84kg				
1.	Tajima Hitomi	1982	Japan	140.0
-69kg				
1.	Aditi Rajashekhar Parshetty	1997	India	95.0
-76kg				
1.	Mizoguchi Kumi	1988	Japan	183.0
			In Division ther	e are 6 Lifters

Division «Masters I»

#	Name	Born		Team	ВР
-57kg					
1.	Nilima Patil	1978	India		55.0
2.	Athokpam Rosy	1975	India		50.0
-84kg					
1.	Kiran Tyagi	1980	India		70.0
-69kg	, -				
1.	Dutta Chatterjee Sima	1977	India		70.0
	•			In Division there are 4	Lifters

Division «Masters II»

#	Name	Born	Team	BP
-76kg				
1.	Ho Wing Nga	1973	Hong Kong, China	75.0
			In Division t	here is 1 Lifter

Division «Masters III»

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Name

-52kg			
 Lee Lai Ling 	1963	Hong Kong, China	70.5
		In Total there	are 12 Lifters

Team

Born

BP