

Asian / Pacific / African Men's Classic Powerlifting Championships

Hong Kong / Hong Kong, 24 – 30 June, 2023

Division «Open»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	Al-Buthabhak Hussein	1987	Iraq	200.0	140.0	200.0	540.0
2.	Hsieh Hsin-Mu	1996	Chinese Taipei	200.0	125.0	207.5	532.5
3.	Wong Isaac	1996	Singapore	167.5	130.0	205.0	502.5
4.	Au Yeung Tsun Sang	1986	Hong Kong	185.0	85.0	195.0	465.0
-66kg							
1.	Ong Wei Chaai	1995	Singapore	227.5	122.5	280.0	630.0
2.	Foo Wesley	1996	Singapore	220.0	127.5	255.0	602.5
3.	Kander Tharendra 'tharen'	1995	Australia	182.5	122.5	242.5	547.5
4.	Leung Tsz Lik	1999	Hong Kong	190.5	127.5	217.5	535.5
5.	Al-Masslawi Ahmed	1990	Iraq	180.0	130.0	210.0	520.0
6.	Li Haiquan	1988	China	190.0	125.0	195.0	510.0
-74kg							
1.	Yonechi Koki	1996	Japan	215.0	165.0	275.0	655.0
2.	Yeoh Han Pin	1989	Malaysia	230.0	150.0	270.0	650.0
3.	Najzi Mohammad	1991	Iraq	215.0	135.0	230.0	580.0
4.	Tsai Chien-Ho Jack	1994	Singapore	202.5	120.0	255.0	577.5
5.	Lau Cheuk Nang	1998	Hong Kong	220.0	122.5	220.0	562.5
6.	Yuen Ka Tsun	1990	Hong Kong	205.0	115.0	215.0	535.0
-83kg							
1.	Monigatti Timothy	1996	New Zealand	307.5	185.0	325.0	812.5
2.	Xiao Tianyu	1995	China	290.0	165.0	300.0	755.0
3.	Ansu Singh	1992	India	250.0	135.0	290.0	675.0
4.	McKenley Acton	1989	Hong Kong	255.0	140.0	280.0	675.0
5.	Rajesh Atmaram Lanjekar	1992	India	257.5	157.5	247.5	662.5
6.	Tang Cornelius	1996	Singapore	235.0	137.5	285.0	657.5
7.	Lam Shu Ping Calvin	1993	Hong Kong	175.0	110.0	182.5	467.5
-93kg							
1.	Tsuruya Shimon	1997	Japan	285.0	162.5	310.0	757.5
2.	Anuar Ulan	1993	Kazakhstan	270.0	170.0	280.0	720.0
3.	Tsend-Ayush Otgondalai	1981	Mongolia	270.0	200.0	245.0	715.0
4.	Talib Ali	1996	Iraq	267.5	170.0	247.5	685.0
5.	Herman Hud Syafiq	1996	Singapore	230.0	175.0	270.0	675.0
6.	Law Kwan Chak	1993	Hong Kong	252.5	155.0	265.0	672.5
7.	Lim Jarryl Shao Gang	1996	Singapore	210.0	150.0	280.0	640.0
-105kg							
1.	Matsusita Daiki	1991	Japan	320.0	185.0	295.0	800.5
2.	Tsoy Vyacheslav	1984	Kazakhstan	260.0	230.0	280.0	770.0
3.	Hayashi Naoaki	1991	Japan	247.5	162.5	300.0	710.0
4.	Turysbekov Askar	1991	Kazakhstan	260.0	180.0	270.0	710.0
5.	Jayasinghe Uvindu	1988	Sri Lanka	260.0	165.0	280.0	705.0
6.	Humairi Jaafar	1986	Iraq	262.5	160.0	262.5	685.0
7.	Shee Dao Sen Samuel	1997	Singapore	222.5	172.5	275.0	670.0
-120kg							
1.	Hama Renwar	1991	Iraq	315.0	215.0	285.0	815.0

Asian / Pacific / African Men's Classic Powerlifting
Championships

2.	Li Dimitriy	1991	Kazakhstan	280.0	230.0	300.0	810.0
3.	Shagdarsuren Batzul	1982	Mongolia	300.0	200.0	300.0	800.0
4.	Jayathilaka Ransilu	1986	Sri Lanka	260.0	140.0	320.0	720.0
5.	Whiteside Gardiner	1991	Fiji	280.0	160.0	280.0	720.0
6.	D.weerasinghe Darin	1983	Sri Lanka	240.0	160.0	240.0	640.0

120+kg

1.	Wang Pei-Yu	1998	Chinese Taipei	345.0	200.0	310.0	855.0
2.	Al-Zaidi Mohammed	1989	Iraq	335.0	180.0	300.0	815.0
3.	Abuosayabi Hayder	1990	Iraq	280.0	180.0	295.0	800.0
4.	S.kushanthan Sackaharagha	1993	Sri Lanka	320.0	180.0	280.0	780.0
5.	Gayan Udara	1996	Sri Lanka	320.0	170.0	270.0	760.0

In Division there are 48 Lifters

Division «Subjuniors»

#	Name	Born	Team	SQ	BP	DL	Total
-53kg							
1.	Gaihutlung Panmei	2006	India	180.0	90.0	180.0	450.0
-59kg							
1.	Huang Wei-Chen	2005	Chinese Taipei	172.5	90.0	197.5	460.0
2.	Al-Sreiwe Ali	2007	Iraq	115.0	75.0	167.5	357.5
3.	Wen Jiahong	2005	China	80.0	50.0	90.0	220.0
-66kg							
1.	Castro Wade	2006	Singapore	170.0	120.0	230.0	520.0
2.	Tursynbayev Rozmatkhozha	2005	Kazakhstan	170.0	125.0	200.0	495.0
3.	Rodrigo Adesha	2004	Sri Lanka	135.0	85.0	170.0	390.0
4.	Chen Mingqi	2005	China	100.0	60.0	130.0	290.0
5.	Cai Deyang	2005	China	100.0	60.0	110.0	270.0
6.	Shi You Xu	2007	Hong Kong	95.0	40.0	120.0	255.0
-74kg							
1.	Tan Jasper	2005	Singapore	182.5	102.5	235.0	520.0
2.	Goh Nikki	2005	Singapore	180.0	102.5	230.0	512.5
3.	Al-Abboodi Hasan	2005	Iraq	130.0	117.5	225.0	472.5
4.	Ishihara Soya	2006	Japan	155.0	92.5	175.0	422.5
5.	Zhang Mingyu	2006	China	100.0	60.0	130.0	290.0
6.	Lin Baidong	2006	China	100.0	60.0	130.0	290.0
7.	Diao Hai Bin	2007	Hong Kong	65.0	30.0	95.0	190.0
-83kg							
1.	Sia Jevan	2005	Singapore	172.5	117.5	195.0	485.0
2.	Okuda Taiki	2005	Japan	175.0	110.0	185.0	470.0
3.	van Beek Michael	2005	South Africa	160.0	90.0	190.0	440.0
-93kg							
1.	Okamura Kenji	2005	Japan	200.0	130.0	212.5	542.5
2.	Mohammad Noh Deen Hadif	2005	Singapore	152.5	95.0	210.0	457.5
3.	Yap Shao Feng	2005	Hong Kong	160.0	100.0	190.0	450.0
-105kg							
1.	Al-Rubaye Ali	2005	Iraq	230.0	162.5	230.0	622.5
2.	Hur Amer	2005	Iraq	215.0	95.0	247.5	557.5
3.	S. Mendis Sulesh	2005	Sri Lanka	190.0	130.0	220.0	540.0
4.	Ei'zir Ryan Danial	2005	Singapore	155.0	85.0	165.0	405.0

Asian / Pacific / African Men's Classic Powerlifting
Championships

5.	Shi Ching Wing	2007	Hong Kong	125.0	65.0	140.0	330.0
-120kg							
1.	Huang Yung-Chin	2005	Chinese Taipei	270.0	150.0	270.0	690.0
2.	Afiq Irfan	2005	Singapore	185.0	90.0	205.0	480.0
120+kg							
1.	Al-Rikabi Mahdi	2006	Iraq	150.0	90.0	185.0	425.0

In Division there are 31 Lifters

Division «Juniors»

#	Name	Born	Team	SQ	BP	DL	Total
-53kg							
1.	Al-Shuwaili Hamzah	2002	Iraq	135.0	105.0	180.0	420.0
-59kg							
1.	Li Yuk Lam	2001	Hong Kong	200.0	105.0	220.0	525.0
2.	Majeed Naktal	2002	Iraq	175.0	100.0	195.0	470.0
3.	Sarray Sajjad	2002	Iraq	155.0	100.0	205.0	460.0
-66kg							
1.	Li Kin Hei William	2002	Hong Kong	185.0	105.0	230.0	520.0
2.	Khfaji Aymen	2004	Iraq	177.5	112.5	215.0	505.0
3.	Saito Yoshiaki	2000	Japan	175.0	95.0	215.0	482.5
-74kg							
1.	Cheung Chin Lam	2001	Hong Kong	245.0	132.5	255.0	632.5
2.	Chung Sheung Wai	2000	Hong Kong	220.0	162.5	220.0	602.5
3.	Tang Jian Rong	2001	Singapore	207.5	120.0	250.0	577.5
4.	G.mendis Mendis	2000	Sri Lanka	225.0	110.0	230.0	565.0
5.	Huang Liang	2004	China	80.0	50.0	90.0	220.0
-83kg							
1.	Al-Sarray Redha	2001	Iraq	260.0	140.0	277.5	677.5
2.	Chan Lucas Spencer	2000	Singapore	235.0	142.5	280.0	657.5
3.	How Clement	2000	Singapore	220.0	132.5	282.5	635.0
-93kg							
1.	Chien Yu-Chan	2001	Chinese Taipei	270.0	147.5	310.0	727.5
2.	Zhang Haoruo	2000	China	250.0	190.0	280.0	720.0
3.	Dio Raffy	2001	New Zealand	258.0	150.0	275.0	683.0
4.	Obatay Peter Paul	2002	Singapore	237.5	120.0	260.0	617.5
-105kg							
1.	Chong Wayne	2004	Singapore	262.5	167.5	272.5	702.5
2.	Abdulshaheed Mohammed	2001	Iraq	280.0	152.5	265.0	697.5
3.	Lui Kwok Hei	2002	Hong Kong	260.0	140.0	250.0	650.0
4.	Vishmika A.s	2002	Sri Lanka	200.0	125.0	215.0	540.0
-120kg							
1.	Abdulameer Mohammed	2001	Iraq	270.0	150.0	280.0	700.0
120+kg							
1.	Jihad Mohammed	2001	Iraq	270.0	165.0	280.0	715.0
2.	P.k Fernando Pramod	2001	Sri Lanka	230.0	140.0	260.0	630.0

In Division there are 26 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							

Asian / Pacific / African Men's Classic Powerlifting
Championships

1.	Lin Yiu Fai	1976	Hong Kong	150.0	100.0	170.0	420.0
-66kg							
1.	Bayaraa Odon	1980	Mongolia	190.0	135.0	230.0	555.0
2.	Li Ying Hang	1983	Hong Kong	190.0	110.0	215.0	515.0
3.	Tin Hin Tat	1982	Hong Kong	175.5	100.0	190.0	465.5
-74kg							
1.	Sanduijav Enkhbat	1974	Mongolia	205.0	125.0	245.0	575.0
2.	Baghlani Aminolah	1982	Iran	200.0	100.0	245.0	545.0
-83kg							
1.	Nyamaa Azzaya	1977	Mongolia	200.0	120.0	240.0	560.0
2.	Amen Mohmmed	1980	Iraq	192.5	130.0	200.0	522.5
3.	Thilakarathna Chandana	1975	Sri Lanka	180.0	100.0	220.0	500.0
-93kg							
1.	Rohan More	1979	India	200.0	120.0	220.0	540.0
2.	Fernando Hiran	1975	Sri Lanka	220.0	100.0	220.0	540.0
3.	Yamada Yohei	1978	Japan	155.0	120.0	180.0	455.0
-105kg							
1.	Bevington Pete	1979	New Zealand	270.0	165.0	265.0	682.5
2.	Purejav Enkhnasan	1982	Mongolia	200.0	180.0	200.0	580.0
3.	Sasaki Yoichi	1976	Japan	205.0	125.0	215.0	545.0
-120kg							
1.	Jahanipour Farid	1981	Iran	260.0	175.0	260.0	695.0
120+kg							
1.	Yerzhanov Aibar	1982	Kazakhstan	220.0	200.0	220.0	640.0

In Division there are 17 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-66kg							
1.	Ho Wai Lok	1969	Hong Kong	100.0	80.0	120.0	300.0
-74kg							
1.	Koike Tetsuo	1970	Singapore	160.0	125.0	207.5	492.5
2.	Khuujii Amarsanaa	1972	Mongolia	170.0	130.0	170.0	470.0
-83kg							
1.	Kwok Shun	1973	Hong Kong	150.0	110.0	205.0	465.0
2.	Aedi Morad	1972	Iran	150.0	130.0	160.0	440.0
3.	Leng Kai Man	1972	Hong Kong	130.0	100.0	150.0	380.0
-93kg							
1.	Fu Chien-Min	1966	Chinese Taipei	185.0	125.0	220.0	530.0
2.	Hageback Folke Johan Niclas	1968	Hong Kong	170.0	132.5	220.0	522.5
3.	Robertson Andrew	1965	Singapore	152.5	110.0	185.0	447.5
-105kg							
1.	Noah Hussein	1966	Iraq	150.0	90.0	190.0	430.0
120+kg							
1.	Nader Zkariya	1971	Iraq	230.0	165.0	240.0	635.0
2.	Lkhagvasuren Erdenetsogt	1970	Mongolia	200.0	150.0	210.0	560.0

In Division there are 12 Lifters

Division «Masters III»

Asian / Pacific / African Men's Classic Powerlifting
Championships

#	Name	Born	Team	SQ	BP	DL	Total
-83kg							
1.	Varady Stephen	1962	Australia	170.0	145.0	210.0	525.0
-93kg							
1.	Al-Zurfi Jaead	1961	Iraq	117.5	102.5	170.0	390.0
120+kg							
1.	Levine Paul	1962	Thailand	145.0	125.0	195.0	465.0
In Division there are 3 Lifters							

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	Wong Kung Him	1947	Hong Kong	116.0	85.0	135.0	336.0
-83kg							
1.	Ospanov Daribay	1949	Kazakhstan	130.0	135.0	130.0	395.0
-93kg							
1.	Hwang Chien-Lih	1953	Chinese Taipei	115.5	125.5	105.5	346.5
-105kg							
1.	Stepanenko Valeriy	1951	Kazakhstan	180.0	100.0	190.0	470.0
In Total there are 141 Lifters							