

Asian Men's Equipped Powerlifting Championships**Alappuzha / India, 2 – 6 May, 2023****Division «Open»**

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	P Suresh	1981	India	260.0	185.0	220.0	665.0
2.	Dharmendra Kumar Ramnayan Yadav	1993	India	262.5	145.0	232.5	640.0
3.	You Yao-Wei	1995	Chinese Taipei	210.0	130.0	265.0	605.0
4.	Shajirati Mehdi	1995	Iran	190.0	140.0	180.0	510.0
5.	Banioraba Alazhar	1999	Oman	170.0	120.0	190.0	480.0
-66kg							
1.	Kuramshin Alexandr	1986	Kazakhstan	280.0	180.0	280.0	740.0
2.	Sanjay Shahi	1998	India	275.0	150.0	260.0	685.0
3.	Feng Po-Wen	1992	Chinese Taipei	255.0	187.5	240.0	682.5
4.	Prakash B	1996	India	260.0	155.0	262.5	677.5
-74kg							
1.	Dorjpalam Battogtokh	1987	Mongolia	280.0	200.0	280.0	760.0
2.	Shirinov Kemron	1997	Uzbekistan	250.0	180.0	260.0	690.0
3.	Rahul Saji	1999	India	282.5	165.0	235.0	682.5
4.	Alhasani Ayman	1991	Oman	250.0	175.0	240.0	665.0
-83kg							
1.	Shanmugam Ramasamy	1989	India	322.5	205.0	307.5	835.0
2.	Ansu Singh	1992	India	350.0	165.0	307.5	822.5
3.	Sharifi Sedeh Saeid	1988	Iran	305.0	210.0	275.0	790.0
4.	Kuan Yi-Hsin	1982	Chinese Taipei	300.0	180.0	300.0	780.0
5.	Butenko Oleg	1983	Kazakhstan	210.0	290.0	205.0	705.0
-93kg							
1.	Kapyshev Aman	1987	Kazakhstan	350.0	240.0	280.0	870.0
2.	Wu Wei-Chun	1990	Chinese Taipei	332.5	265.0	270.0	867.5
3.	Rouyavi Fazel	1990	Iran	325.0	205.0	277.5	807.5
4.	Alsabi Alkhatab	1998	Oman	280.0	185.0	310.0	775.0
5.	Al Maamari Aiman	1995	Oman	240.0	200.0	240.0	680.0
-105kg							
1.	Maslov Ilya	1989	Kazakhstan	350.0	320.0	330.0	1000.0
2.	Alsabi Mohammed	1990	Oman	330.0	200.0	310.0	840.0
-120kg							
1.	Klass Alexandr	1991	Kazakhstan	270.0	200.0	270.0	740.0
2.	Bobomuratov Sanjar	1990	Uzbekistan	250.0	170.0	270.0	690.0
120+kg							
1.	Nezhadi Peyman	1988	Iran	330.0	255.0	305.0	890.0
2.	Aswalt Praveenraj I	2002	India	380.0	192.5	300.0	872.5

In Division there are 29 Lifters**Division «Subjuniors»**

#	Name	Born	Team	SQ	BP	DL	Total
-53kg							
1.	Kleikin Danila	2007	Kazakhstan	190.0	100.0	200.0	490.0
2.	Eshan Talwar	2005	India	130.0	80.0	180.0	390.0

-59kg

1.	Tian Jun-Bao	2006	Chinese Taipei	170.0	90.0	165.0	425.0
2.	Albusaidi Sultan	2006	Oman	150.0	90.0	170.0	410.0

-66kg

1.	Dinesh R	2006	India	225.0	130.0	220.0	575.0
2.	Deineka Stepan	2007	Kazakhstan	210.0	125.0	220.0	555.0
3.	Rahul Rohith Gs	2005	India	185.0	100.0	215.0	500.0

-74kg

1.	Alsabi Musab	2005	Oman	210.0	100.0	230.0	540.0
2.	Shaik Abdul Mateen	2005	India	170.0	80.0	250.0	500.0

-83kg

1.	Avdeyev Danil	2005	Kazakhstan	230.0	150.0	250.0	630.0
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-93kg

1.	Yan Shao-Kui	2007	Chinese Taipei	265.0	150.0	215.0	630.0
2.	Sahil Sofat	2006	India	267.5	140.0	215.0	622.5

-105kg

1.	Sapakov Aibar	2006	Kazakhstan	250.0	155.0	250.0	655.0
2.	Albalushi Ibrahim	2006	Oman	180.0	90.0	200.0	470.0

-120kg

1.	Huang Yung-Chin	2005	Chinese Taipei	315.0	180.0	290.0	785.0
2.	Monish Chakrawarty	2005	India	242.5	107.5	202.5	552.5

120+kg

1.	Ke Guan-Ting	2007	Chinese Taipei	310.0	170.0	230.0	710.0
2.	Annex Alakkal	2005	India	230.0	110.0	242.5	582.5

In Division there are 18 Lifters**Division «Juniors»**

#	Name	Born	Team	SQ	BP	DL	Total
-53kg							
1.	Gurlyov Denis	2004	Kazakhstan	150.0	100.0	170.0	420.0
-59kg							
1.	Khushal Patel	2002	India	215.0	120.0	222.5	557.5
2.	Neeraj Kumar Yadav	2002	India	210.0	132.5	207.5	550.0
3.	Marchenko Anton	2003	Kazakhstan	190.0	170.0	190.0	550.0
-66kg							
1.	Wang Yu-Cheng	2001	Chinese Taipei	250.0	150.0	250.0	650.0
2.	Kozhevnikov Ruslan	2003	Kazakhstan	230.0	150.0	240.0	620.0
-74kg							
1.	Plakhotnikov Vadim	2003	Kazakhstan	270.0	170.0	270.0	710.0
2.	Huang Min-Chun	2001	Chinese Taipei	275.0	182.5	230.0	687.5
3.	Abhishek Abhishek	2000	India	255.0	145.0	200.0	600.0
-83kg							
1.	Lantsev Anton	2004	Kazakhstan	290.0	220.0	260.0	770.0
2.	Bijin Sanki	2000	India	280.0	185.0	277.5	742.5
3.	Abhishek Sharma	2001	India	275.0	180.0	270.0	725.0
4.	Awladthani Mohammed	2000	Oman	280.0	140.0	300.0	720.0
-93kg							
1.	Hsieh Chih-Hung	2001	Chinese Taipei	350.0	195.0	275.0	820.0
2.	Starostin Kirill	2000	Kazakhstan	270.0	180.0	270.0	720.0

3. M Durga Prasad	2002	India	270.0	170.0	240.0	680.0
-105kg						
1. Valiullin Rustam	2000	Kazakhstan	260.0	215.0	245.0	720.0
2. Gafurov Metin	2001	Uzbekistan	250.0	180.0	280.0	710.0
3. Yogesh G	2000	India	320.0	135.0	240.0	685.0
-120kg						
1. Chsherbina Vassiliy	2000	Kazakhstan	300.0	220.0	300.0	820.0
2. Shubham Gaikwad	2000	India	290.0	200.0	270.0	760.0
120+kg						
1. Vinoth Ganesan	2001	India	325.0	215.0	270.0	810.0
2. Alsyabi Nasser	2000	Oman	300.0	160.0	250.0	710.0
3. Kyrykbayev Abylai	2002	Kazakhstan	250.0	200.0	250.0	700.0

In Division there are 24 Lifters

Division «Masters I»

#	Name	Born	Team	SQ	BP	DL	Total
-66kg							
1.	Arvind Kumar Kushwaha	1975	India	187.5	110.0	180.0	477.5
-74kg							
1.	Mahalingam A	1981	India	235.0	130.0	190.0	555.0
2.	Santosh Shetty	1979	India	200.0	155.0	190.0	505.0
-83kg							
1.	Pappu Pappu	1980	India	265.0	170.0	222.5	657.5
-93kg							
1.	Fotiev Sergey	1979	Uzbekistan	280.0	150.0	280.0	710.0
2.	Jitendra Yadav	1982	India	277.5	182.5	232.5	692.5
3.	Mahendiran A	1981	India	270.0	150.0	240.0	660.0
4.	Chen Chih-Hao	1978	Chinese Taipei	170.0	170.0	195.0	535.0
-120kg							
1.	Parminder Singh	1981	India	240.0	147.5	207.5	595.0
2.	Rajesh Shirish Shetye	1981	India	250.0	115.0	220.0	585.0

In Division there are 10 Lifters

Division «Masters II»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	Anil Kumar M P	1967	India	150.0	82.5	170.0	402.5
-74kg							
1.	Ashok Mate	1972	India	200.0	132.5	200.0	532.5
2.	Jayappa Lamani	1972	India	170.0	122.5	205.0	497.5
-83kg							
1.	Shkirman Vladimir	1964	Kazakhstan	200.0	110.0	250.0	550.0
2.	Navnath Shinde	1970	India	140.0	115.0	180.0	435.0
-93kg							
1.	Khardin Konstantin	1968	Uzbekistan	210.0	120.0	220.0	550.0
-105kg							
1.	Ravi Singh Bidlan	1972	India	217.5	162.5	230.0	610.0
2.	Lingesan Velou S	1971	India	235.0	122.5	200.0	557.5

In Division there are 8 Lifters

Division «Masters III»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	Sebastian I	1954	India	150.0	77.5	177.5	405.0
-66kg							
1.	Amal Ghosh	1962	India	150.0	90.0	140.0	380.0
2.	Thomas V J	1962	India	140.0	60.0	145.0	345.0
-105kg							
1.	Basudeb Das	1958	India	190.0	105.0	205.0	500.0
-120kg							
1.	Amardip Debbarma	1962	India	100.0	90.0	135.0	310.0
In Division there are 5 Lifters							

Division «Masters IV»

#	Name	Born	Team	SQ	BP	DL	Total
-59kg							
1.	Pok Kim-Won	1940	Hong Kong, China	55.0	40.0	100.0	195.0
-93kg							
1.	Hwang Chien-Lih	1953	Chinese Taipei	165.0	150.0	152.5	467.5
In Total there are 96 Lifters							