

Asian Women's Equipped Powerlifting Championships**Alappuzha / India, 2 – 6 May, 2023****The List of Teams****Chinese Taipei {The Team in Total: 25}***Lifters: 21*

1.	Hwang Chien-Lih	M	Masters 4	-93kg
2.	Yu Yi-Chen	F	Masters 2	-63kg
3.	Chen Chih-Hao	M	Masters 1	-93kg
4.	Wang Yu-Cheng	M	Juniors	-66kg
5.	Huang Min-Chun	M	Juniors	-74kg
6.	Hsieh Chih-Hung	M	Juniors	-93kg
7.	Tian Jun-Bao	M	Subjuniors	-59kg
8.	Yan Shao-Kui	M	Subjuniors	-93kg
9.	Huang Yung-Chin	M	Subjuniors	-120kg
10.	Ke Guan-Ting	M	Subjuniors	120+kg
11.	Gu Dong-Le	F	Subjuniors	-47kg
12.	Jiang Jing-Yi	F	Subjuniors	-52kg
13.	Qiu Zi-En	F	Subjuniors	-63kg
14.	Kao Yu-Chen	F	Subjuniors	-63kg
15.	Gu Sin-Wei	F	Subjuniors	84+kg
16.	You Yao-Wei	M	Open	-59kg
17.	Feng Po-Wen	M	Open	-66kg
18.	Kuan Yi-Hsin	M	Open	-83kg
19.	Wu Wei-Chun	M	Open	-93kg
20.	Liu Mei-Xiang	F	Open	-52kg
21.	Lin Zi-Xuan	F	Open	-57kg

Team Members: 4

1.	Chao Chen-Yeh	✓	Cat.I	✓	Official
2.	Kao Jih-Hao			✓	Official
3.	Chan Yi-Jan			✓	Coach
4.	Hu Chun-Hsiung			✓	Coach

Hong Kong, China {The Team in Total: 4}*Lifters: 2*

1.	Pok Kim-Won	M	Masters 4	-59kg
2.	Ip Wing-Yuk	F	Masters 3	-63kg

Team Members: 2

1.	Pok Kim Won	✓	Cat.I	✓	Official
2.	Ip Wing-Yuk	✓	Cat.I	✓	Official

India {The Team in Total: 90}*Lifters: 76*

1.	Sebastian I	M	Masters 3	-59kg
2.	Amal Ghosh	M	Masters 3	-66kg
3.	Thomas V J	M	Masters 3	-66kg
4.	Basudeb Das	M	Masters 3	-105kg
5.	Amardip Debbarma	M	Masters 3	-120kg
6.	Reeni Tharakan	F	Masters 3	-69kg

7.	Anil Kumar M P	M Masters 2	-59kg
8.	Ashok Mate	M Masters 2	-74kg
9.	Jayappa Lamani	M Masters 2	-74kg
10.	Navnath Shinde	M Masters 2	-83kg
11.	Lingesan Velou S	M Masters 2	-105kg
12.	Ravi Singh Bidlan	M Masters 2	-105kg
13.	Dimple Kasana	F Masters 2	-63kg
14.	Shobha Mathur	F Masters 2	-69kg
15.	Arvind Kumar Kushwaha	M Masters 1	-66kg
16.	Mahalingam A	M Masters 1	-74kg
17.	Santosh Shetty	M Masters 1	-74kg
18.	Pappu Pappu	M Masters 1	-83kg
19.	Mahendiran A	M Masters 1	-93kg
20.	Jitendra Yadav	M Masters 1	-93kg
21.	Parminder Singh	M Masters 1	-120kg
22.	Rajesh Shirish Shetye	M Masters 1	-120kg
23.	Jyoti Kandhare	F Masters 1	-52kg
24.	Moniya Moniya	F Masters 1	-57kg
25.	Lakhi Rajkhowa	F Masters 1	-63kg
26.	Sharma Meena	F Masters 1	-63kg
27.	Vaishali Tandel	F Masters 1	84+kg
28.	Dutta Chatterjee Sima	F Masters 1	-69kg
29.	Salma Shaikh	F Masters 1	-69kg
30.	Alifiya Vagh	F Masters 1	-76kg
31.	Neeraj Kumar Yadav	M Juniors	-59kg
32.	Khushal Patel	M Juniors	-59kg
33.	Abhishek Abhishek	M Juniors	-74kg
34.	Bijin Sanki	M Juniors	-83kg
35.	Abhishek Sharma	M Juniors	-83kg
36.	M Durga Prasad	M Juniors	-93kg
37.	Yogesh G	M Juniors	-105kg
38.	Shubham Gaikwad	M Juniors	-120kg
39.	Vinoth Ganesan	M Juniors	120+kg
40.	Aleena Joseph	F Juniors	-47kg
41.	Aishwarya Aishwarya	F Juniors	-52kg
42.	Makwana Sejal	F Juniors	-57kg
43.	Almas Shaik Sadiya	F Juniors	-57kg
44.	K V Nandana	F Juniors	-63kg
45.	Pratheeksha G Naik	F Juniors	-84kg
46.	Elakeya J	F Juniors	84+kg
47.	Nishanthi Palanisamy	F Juniors	84+kg
48.	Janhvi Savardekar	F Juniors	-76kg
49.	Eshan Talwar	M Subjuniors	-53kg
50.	Dinesh R	M Subjuniors	-66kg
51.	Rahul Rohith Gs	M Subjuniors	-66kg
52.	Shaik Abdul Mateen	M Subjuniors	-74kg
53.	Sahil Sofat	M Subjuniors	-93kg
54.	Monish Chakrawarty	M Subjuniors	-120kg
55.	Annex Alakkal	M Subjuniors	120+kg

56.	Akshaya P	F	Subjuniors	-43kg
57.	A Jyoshna	F	Subjuniors	-52kg
58.	Shaik Shabeena	F	Subjuniors	-84kg
59.	Gnana Divya Nagam	F	Subjuniors	84+kg
60.	Sneha Gharami	F	Subjuniors	-76kg
61.	P Suresh	M	Open	-59kg
62.	Dharmendra Kumar Ramnayan Yadav	M	Open	-59kg
63.	Prakash B	M	Open	-66kg
64.	Sanjay Shahi	M	Open	-66kg
65.	Rahul Saji	M	Open	-74kg
66.	Ansu Singh	M	Open	-83kg
67.	Shanmugam Ramasamy	M	Open	-83kg
68.	Aswalt Praveenraj I	M	Open	120+kg
69.	Ashimol Ashimol	F	Open	-47kg
70.	Harinipriya D	F	Open	-57kg
71.	Sawant Sonal Sunil	F	Open	-57kg
72.	Samruddhi Deolekar	F	Open	-63kg
73.	Shovita Shovita	F	Open	-84kg
74.	Anjana A V	F	Open	84+kg
75.	Shedge Akshaya Ajit	F	Open	-69kg
76.	Seera Chandra Kala	F	Open	-76kg

Team Members: 14

1.	E Mohan Peters	✓	Cat.I	
2.	John Varghese	✓	Cat.I	
3.	Gopal Krishan	✓	Cat.II	
4.	Vinod Sahu	✓	Cat.I	
5.	Venu G Nair	✓	Cat.I	
6.	Sajeevan Baskaran	✓	Cat.II	
7.	Krishna Sahu	✓	Cat.I	✓ Official
8.	Ajith S Nair	✓	Cat.I	✓ Official
9.	P J Joseph	✓	Cat.I	✓ Official
10.	Puran Singh	✓	Cat.I	✓ Head Coach
11.	Sathish Kumar	✓	Cat.I	✓ Official
12.	Rajesh Tiwari	✓	Cat.I	✓ Official
13.	Vinod Bolar	✓	Cat.II	✓ Coach
14.	S Nagarajan	✓	Cat.II	✓ Coach

Iran {The Team in Total: 5}*Lifters: 4*

1.	Shajirati Mehdi	M	Open	-59kg
2.	Sharifi Sedeh Saeid	M	Open	-83kg
3.	Rouyavi Fazel	M	Open	-93kg
4.	Nezhadi Peyman	M	Open	120+kg

Team Members: 1

1.	Soltani Farshid	✓	Cat.I	✓ Official
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Kazakhstan {The Team in Total: 40}

Lifters: 34

1. Shkirman Vladimir	M Masters 2	-83kg
2. Gurlyov Denis	M Juniors	-53kg
3. Marchenko Anton	M Juniors	-59kg
4. Kozhevnikov Ruslan	M Juniors	-66kg
5. Plakhotnikov Vadim	M Juniors	-74kg
6. Lantsev Anton	M Juniors	-83kg
7. Starostin Kirill	M Juniors	-93kg
8. Valiullin Rustam	M Juniors	-105kg
9. Chsherbina Vassiliy	M Juniors	-120kg
10. Kyrykbayev Abylai	M Juniors	120+kg
11. Tychkova Karina	F Juniors	-43kg
12. Zhilyayeva Olesya	F Juniors	-52kg
13. Aitassova Sara	F Juniors	-63kg
14. Malykhina Diana	F Juniors	84+kg
15. Onufrak Polina	F Juniors	84+kg
16. Gaas Regina	F Juniors	-69kg
17. Baklaga Kamila	F Juniors	-76kg
18. Kleikin Danila	M Subjuniors	-53kg
19. Deineka Stepan	M Subjuniors	-66kg
20. Avdeyev Danil	M Subjuniors	-83kg
21. Sapakov Aibar	M Subjuniors	-105kg
22. Smolina Angelina	F Subjuniors	-47kg
23. Ablayeva Ninel	F Subjuniors	-57kg
24. Kuramshin Alexandr	M Open	-66kg
25. Butenko Oleg	M Open	-83kg
26. Kapyshev Aman	M Open	-93kg
27. Maslov Ilya	M Open	-105kg
28. Klass Alexandr	M Open	-120kg
29. Orazbekova Assiya	F Open	-52kg
30. Lisnichenko Anastassiya	F Open	-52kg
31. Bakhtygaliyeva Olga	F Open	-63kg
32. Kalinkina Olessya	F Open	-84kg
33. Okatenko Xeniya	F Open	84+kg
34. Nurkenova Asel	F Open	-69kg

Team Members: 6

1. Starkov Vyacheslav	✓ Head Coach
2. Pichshayev Roman	✓ Coach
3. Deineka Irina	✓ Coach
4. Prokopenko Andrey	✓ Coach
5. Yevdokimov Yevgeniy	✓ Coach
6. Rudenko Yevgeniy	✓ Assistant Coach

Mongolia {The Team in Total: 3}*Lifters: 1*

1. Dorjpalam Battogtokh	M Open	-74kg
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Team Members: 2

1. Dash Battulga	✓ Cat.II
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2. Ulambayar Bumbachamba

✓ Assistant Coach

Oman {The Team in Total: 10}*Lifters: 10*

1. Awladthani Mohmmmed	M Juniors	-83kg
2. Alsyabi Nasser	M Juniors	120+kg
3. Albusaidi Sultan	M Subjuniors	-59kg
4. Alsyabi Musab	M Subjuniors	-74kg
5. Albalushi Ibrahim	M Subjuniors	-105kg
6. Banioraba Alazhar	M Open	-59kg
7. Alhasani Ayman	M Open	-74kg
8. Al Maamari Aiman	M Open	-93kg
9. Alsyabi Alkhatab	M Open	-93kg
10. Alsyabi Mohammed	M Open	-105kg

Philippines {The Team in Total: 8}*Lifters: 7*

1. Ompod Veronica	F Juniors	-43kg
2. Tabuan Jessa Mae	F Juniors	-47kg
3. Erasmo Jane	F Juniors	-57kg
4. Tugade Charlene Raye	F Open	84+kg
5. Alejandro Christine Erine	F Open	-69kg
6. Reboton Joyce Gail	F Open	-76kg
7. Saul Rikki Diane	F Open	-76kg

Team Members: 1

1. Paje Allan	✓ Coach
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Uzbekistan {The Team in Total: 11}*Lifters: 8*

1. Khardin Konstantin	M Masters 2	-93kg
2. Khardina Elena	F Masters 2	-84kg
3. Fotiev Sergey	M Masters 1	-93kg
4. Malyugina Nadejda	F Masters 1	-63kg
5. Gafurov Metin	M Juniors	-105kg
6. Ivanova Leyla	F Subjuniors	-69kg
7. Shirinov Kemron	M Open	-74kg
8. Bobomuratov Sanjar	M Open	-120kg

Team Members: 3

1. Khardin Konstantin	✓ Cat.I Reg.	✓ Head Coach
2. Fotiev Sergey	✓ Cat.I	✓ Official
3. Sametdinova Elvira	✓ Cat.II	✓ Official

Summary Table

Number of Lifters	Asian Women's Equipped Powerlifting Championships	67
	Asian Men's Equipped Powerlifting Championships	96

Persons as ...	Referee	7
	Representative	11
	Referee & Representative	15
All Together		196