

African Men's Equipped Bench Press Championships**Potchefstroom / South Africa, 9 – 11 March, 2023****The Entry List of Representatives**

#	Name	Team	Duty
1.	Nedjah A. Kamel .E	Algeria	Official
2.	Bessely Victor	Cameroon	Coach
3.	Fuya Tankeu Sam Roland	Cameroon	Assistant Coach
4.	Ngo Malong Anne	Cameroon	Assistant Coach
5.	Ngo Malong Anne	Cameroon	Assistant Coach
6.	Aboshousha Osama	Egypt	Official
7.	Alshuwayhdi Munayr	Libya	Official
8.	El Mamoun Mohamed	Morocco	Official
9.	Jamal Hamid	Morocco	Official
10.	Anthony Rodney	South Africa	Coach
11.	Anthony Carol	South Africa	Assistant Coach
12.	Leighton Megan	South Africa	Coach
13.	Leighton Heather	South Africa	Official
14.	Ludik Andre	South Africa	Head Coach
15.	Maritz Ilze-Mari	South Africa	Coach
16.	Oppenheim Dan	South Africa	Coach
17.	Smith Hannie	South Africa	Official
18.	de Wet Laura	South Africa	Coach
19.	de Wet Henk	South Africa	Coach
20.	du Toit Chantelle	South Africa	Coach