

African Men's Equipped Bench Press Championships**Potchefstroom / South Africa, 9 – 11 March, 2023****Division «Open»**

#	Name	Born	Team	BP
-83kg				
1.	Techap Fongang	1989	Cameroon	205.0
-93kg				
1.	Bangsi Serge	1988	Cameroon	230.0
2.	Ayekpa Archie	1985	South Africa	197.5
-105kg				
1.	van Wyk Derik	1986	South Africa	207.5
2.	Masson Craig	1981	South Africa	200.0
-120kg				
1.	Francis Edgar Yebga Yebga	1986	Cameroon	240.0
120+kg				
1.	Smith Johan	1991	South Africa	281.0
2.	Breetzke Simon	1978	South Africa	247.5

In Division there are 8 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
-120kg				
1.	de Beer Hermanus	1970	South Africa	155.0
120+kg				
1.	Crain John	1969	South Africa	170.0

In Division there are 2 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
-74kg				
1.	de Nysschen Tommie	1963	South Africa	145.0
-105kg				
1.	Schoonraad Christo	1963	South Africa	185.5

In Total there are 12 Lifters