African Women's Equipped Bench Press Championships Potchefstroom / South Africa, 9 – 11 March, 2023

Division «Open»

-52kg

1. Anthony Carol

Division «Open»			
# Nam	e Born	Team	BP
84+kg			
 Rees Christi 	1986	South Africa	175.0
-69kg			
 Salamatou Bouk 	oa 1991	Cameroon	140.0
2. Leighton Megan	1996	South Africa	117.5
		In Division there are 3 Lifters	
Division «Masters I»			
# Nam	e Born	Team	BP
84+kg			
1. Rees Jacqui	1980	South Africa	105.0
		In Division there is 1 Lifter	
Division «Masters II»			
# Nam	e Born	Team	RP

South Africa

1966

50.0

In Total there are 5 Lifters