African Men's Classic Bench Press Championships

Potchefstroom / South Africa, 9 − 11 March, 2023

Division «Open»

#	Name	Born	Team	BP
-66kg				
1.	Routledge Steven	1991	South Africa	120.0
-74kg				
1.	Govington Chadwyn	1985	South Africa	165.0
-83kg				
1.	Techap Fongang	1989	Cameroon	180.0
-93kg				
1.	Bangsi Serge	1988	Cameroon	195.0
2.	Belkebir Abderrahim	1995	Algeria	180.0
-105kg				
1.	Hazem Mostafa	1996	Egypt	180.0
2.	Bvumburai Simbayi	1994	Zimbabwe	140.0
-120kg				
1.	Smith Johan	1991	South Africa	222.5
2.	Francis Edgar Yebga Yebga	1986	Cameroon	210.0
3.	Bennabi Mohand	1992	Algeria	195.0
120+kg				
1.	Maafa Fethi	1980	Algeria	225.0
2.	Schroder Stefan	1992	South Africa	223.0

In Division there are 12 Lifters

Division «Subjuniors»

#	Name	Born	Team	BP
-53kg				
1.	Meshilinie Samuel	2006	South Africa	75.0
-66kg				
1.	Hamayun Faraz	2005	South Africa	108.0
-105kg				
1.	Steenekamp Richard	2006	South Africa	125.0

In Division there are 3 Lifters

Division «Juniors»

#	Name	Born	Team	BP
-83kg				
1.	Eilim Avishai	2004	South Africa	130.0

In Division there is 1 Lifter

Division «Masters I»

#	Name	Born	Team	BP
-66kg				
1.	Coleman Steven	1979	South Africa	117.5
-83kg				
1.	Fitzpatrick Ricardo	1980	South Africa	150.0
2.	Meyer Johann	1981	South Africa	130.0
-93kg				
1.	Belbedj Adlane	1979	Algeria	170.0

2.	Jacobsz David	1981	South Africa	160.0
3.	Botha Jerry	1974	South Africa	145.0
-105kg				
1.	Janse van Rensburg Hendrik	1981	South Africa	140.0
2.	Alkuwafi Rafeeq	1977	Libya	80.0
-120kg				
1.	Mudau Newton	1981	South Africa	170.0
2.	Alshuwayhidi Munayr	1974	Libya	90.0
120+kg				
1.	Koekemoer Werner	1976	South Africa	162.5

In Division there are 11 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-105kg				
1.	Erridir Zoubir	1967	Algeria	170.0
-120kg				
1.	de Beer Hermanus	1970	South Africa	145.0
2.	Makhlof Khalid	1973	Libya	60.0
120+kg				
1.	Crain John	1969	South Africa	172.5
2.	Bensch Denis	1965	South Africa	145.0

In Division there are 5 Lifters

Division «Masters III»

#	Name	Born	Team	BP
-66kg				
1.	Bruce Jc	1963	South Africa	80.0
-74kg				
1.	de Nysschen Tommie	1963	South Africa	132.5
-105kg				
1.	Thomas Glen	1960	South Africa	135.0
2.	Schoonraad Christo	1963	South Africa	125.0

In Total there are 36 Lifters