

African Women's Classic Bench Press Championships

Potchefstroom / South Africa, 9 – 11 March, 2023

Division «Open»

#	Name	Born	Team	BP
84+kg				
1.	Norton Lauren	1989	South Africa	107.5
-69kg				
1.	Salamatou Bouba	1991	Cameroon	120.0
2.	Brewer Laura	1988	South Africa	77.5

In Division there are 3 Lifters**Division «Subjuniors»**

#	Name	Born	Team	BP
-57kg				
1.	Eilim Devorah	2006	South Africa	47.5
-63kg				
1.	Fourie Catinka	2005	South Africa	50.0
-69kg				
1.	Smith Gila	2009	South Africa	67.5
-76kg				
1.	van der Merwe Roechelle	2006	South Africa	65.0

In Division there are 4 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
84+kg				
1.	Putter Sunelle	2004	South Africa	87.5
-69kg				
1.	Kotze Charnleigh	2004	South Africa	85.0

In Division there are 2 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
-57kg				
1.	Garber Sorah	1981	South Africa	82.5
-76kg				
1.	Poxon Jodi	1975	South Africa	62.5

In Division there are 2 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
-63kg				
1.	Crain Zohra	1969	South Africa	50.0
-76kg				
1.	Mathewson Gail	1969	South Africa	57.5

In Total there are 13 Lifters