

African Women's Classic Bench Press Championships

Potchefstroom / South Africa, 9 – 11 March, 2023

Division «Open»

| # | Name | Born | Team | BP |
|--|-----------------|------|--------------|-------|
| 84+kg | | | | |
| 1. | Norton Lauren | 1989 | South Africa | 107.5 |
| -69kg | | | | |
| 1. | Salamatou Bouba | 1991 | Cameroon | 120.0 |
| 2. | Brewer Laura | 1988 | South Africa | 77.5 |
| In Division there are 3 Lifters | | | | |

Division «Subjuniors»

| # | Name | Born | Team | BP |
|--|-------------------------|------|--------------|------|
| -57kg | | | | |
| 1. | Eilim Devorah | 2006 | South Africa | 47.5 |
| -63kg | | | | |
| 1. | Fourie Catinka | 2005 | South Africa | 50.0 |
| -69kg | | | | |
| 1. | Smith Gila | 2009 | South Africa | 67.5 |
| -76kg | | | | |
| 1. | van der Merwe Roechelle | 2006 | South Africa | 65.0 |
| In Division there are 4 Lifters | | | | |

Division «Juniors»

| # | Name | Born | Team | BP |
|--|------------------|------|--------------|------|
| 84+kg | | | | |
| 1. | Putter Sunelle | 2004 | South Africa | 87.5 |
| -69kg | | | | |
| 1. | Kotze Charnleigh | 2004 | South Africa | 85.0 |
| In Division there are 2 Lifters | | | | |

Division «Masters I»

| # | Name | Born | Team | BP |
|--|--------------|------|--------------|------|
| -57kg | | | | |
| 1. | Garber Sorah | 1981 | South Africa | 82.5 |
| -76kg | | | | |
| 1. | Poxon Jodi | 1975 | South Africa | 62.5 |
| In Division there are 2 Lifters | | | | |

Division «Masters II»

| # | Name | Born | Team | BP |
|--------------------------------------|----------------|------|--------------|------|
| -63kg | | | | |
| 1. | Crain Zohra | 1969 | South Africa | 50.0 |
| -76kg | | | | |
| 1. | Mathewson Gail | 1969 | South Africa | 57.5 |
| In Total there are 13 Lifters | | | | |