

**African Mens Equipped Bench Press Championships**

Potchefstroom / South Africa, 30 November – 4 December, 2021

**Division «Open»**

#	Name	Born	Team	BP
<b>-83kg</b>				
1.	Fongang Techap	1989	Cameroon	200.0
2.	Abdullah Tarek	1986	Egypt	160.0
<b>-93kg</b>				
1.	Moluh Inoussa	1992	Cameroon	300.0
<b>-120kg</b>				
1.	Ajeddi Mostapha	1988	Morocco	165.0

**In Division there are 4 Lifters****Division «Masters I»**

#	Name	Born	Team	BP
<b>-105kg</b>				
1.	Masson Craig	1981	South Africa	170.0
<b>120+kg</b>				
1.	Smith Gys	1972	South Africa	190.0

**In Division there are 2 Lifters****Division «Masters II»**

#	Name	Born	Team	BP
<b>-83kg</b>				
1.	De Nysschen Tommie	1963	South Africa	150.5
<b>-93kg</b>				
1.	Jamal Hamid	1971	Morocco	170.0
<b>-120kg</b>				
1.	Crain John	1969	South Africa	170.0

**In Division there are 3 Lifters****Division «Masters III»**

#	Name	Born	Team	BP
<b>-93kg</b>				
1.	Thomas Glen	1960	South Africa	130.0

**In Total there are 10 Lifters**