

African Mens Classic Bench Press Championships

Potchefstroom / South Africa, 30 November – 4 December, 2021

Division «Open»

#	Name	Born	Team	BP
-66kg				
1.	Michael Elouafin	1989	Ivory Coast	130.0
-83kg				
1.	Fongang Techap	1989	Cameroon	180.0
-93kg				
1.	Serge Bangsi	1988	Cameroon	195.0
2.	Inoussa Moluh	1992	Cameroon	190.0
3.	Franck Patrick Niagne	1991	Ivory Coast	180.0
4.	Duarte Nick	1995	South Africa	172.5
5.	Ayekpa Archie	1985	South Africa	162.5
6.	Akif Ali	1985	Morocco	160.0
7.	Aristide Ekou	1994	Ivory Coast	150.0
-105kg				
1.	Clauvis Nandji	1993	Cameroon	200.0
2.	Ballil Nezar	1978	Morocco	197.5
3.	Gustave Fezan	1988	Ivory Coast	190.0
4.	Johnson Johnny Charles	1972	South Africa	180.0
5.	Ibrahim Njuwou Ngnambi	1980	Cameroon	170.0
-120kg				
1.	Smith Johan	1991	South Africa	240.0
2.	Francis Edgar Yebga	1986	Cameroon	212.5
3.	Bezuidenhout Brandon	1993	South Africa	187.5
4.	Antoine Baya Nsang	1983	Cameroon	180.0
5.	Bakari Seremani	1980	Zimbabwe	150.0
120+kg				
1.	Leask Jared	1991	South Africa	217.5
2.	Jones Brandon	1995	South Africa	205.0

In Division there are 21 Lifters**Division «Subjuniors»**

#	Name	Born	Team	BP
-74kg				
1.	Arendse Matthew	2004	South Africa	100.0
-93kg				
1.	Weyer-Henderson David	2003	South Africa	142.5

In Division there are 2 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-53kg				
1.	Monaheng Boitumelo Edward	1997	South Africa	92.5
-93kg				
1.	Yslie Fabio	1999	South Africa	167.5
2.	Duke Daniel	2000	South Africa	150.0

In Division there are 3 Lifters

Division «Masters I»

#	Name	Born	Team	BP
-74kg				
1.	Phalatsi Jacobus	1981	South Africa	154.0
2.	Ndatya Xolani	1974	South Africa	107.5
-105kg				
1.	Ballil Nezar	1978	Morocco	197.5
2.	Masson Craig	1981	South Africa	170.0
-120kg				
1.	Victor Koule Nguime	1977	Cameroon	185.0
120+kg				
1.	Smith Gys	1972	South Africa	170.0
2.	Kerr David	1975	South Africa	145.0

In Division there are 7 Lifters

Division «Masters II»

#	Name	Born	Team	BP
-74kg				
1.	Hacker Ian	1964	South Africa	110.0
-83kg				
1.	De Nysschen Tommie	1963	South Africa	137.5
-93kg				
1.	Jamal Hamid	1971	Morocco	150.0
-120kg				
1.	Crain John	1969	South Africa	160.0
2.	Bensch Denis	1965	South Africa	145.0
^R 3.	De Beer Hermanus	1970	South Africa	140.0
120+kg				
^R 1.	Van den Berg Hercules	1966	South Africa	192.5
2.	Furman Ian	1967	South Africa	190.0
3.	Human Mornay	1969	South Africa	175.0

In Division there are 9 Lifters (In Teams:7 In Reserve:2)

Division «Masters III»

#	Name	Born	Team	BP
-66kg				
1.	Bruce Jc	1963	South Africa	80.0
-93kg				
1.	Thomas Glen	1960	South Africa	130.0
-105kg				
1.	Young Colin	1957	South Africa	150.0

In Division there are 3 Lifters

Division «Masters IV»

#	Name	Born	Team	BP
-74kg				
1.	Oppenheim Dan	1945	South Africa	90.0

In Total there are 46 Lifters (In Teams:44 In Reserve:2)