

African Women's Classic Bench Press Championships**Potchefstroom / South Africa, 30 November – 4 December, 2021****Division «Open»**

#	Name	Born	Team	BP
-84kg				
1.	Henriette Audrey Aboueme Ndeme	1991	Cameroon	105.0
84+kg				
1.	Christelle Aimerance Fokem Fofe	1987	Cameroon	120.0
2.	De Jager Christi	1986	South Africa	102.5
-69kg				
1.	Bouba Salamatou	1991	Cameroon	115.0
-76kg				
1.	Svongwa Audrey	1985	Zimbabwe	70.0
In Division there are 5 Lifters				

Division «Subjuniors»

#	Name	Born	Team	BP
-57kg				
1.	Grefen Aimee	2003	South Africa	47.5
-63kg				
1.	Ferreira Anika	2004	South Africa	57.5
-69kg				
1.	Groenewald Heike	2004	South Africa	57.5
In Division there are 3 Lifters				

Division «Juniors»

#	Name	Born	Team	BP
-63kg				
1.	Marie Annabelle Akissi Diaha	2003	Ivory Coast	60.0
-84kg				
1.	Qilingele Mbasu	2001	South Africa	75.0
-69kg				
1.	Yolande Nguenkam	1998	Cameroon	80.0
In Division there are 3 Lifters				

Division «Masters I»

#	Name	Born	Team	BP
-63kg				
1.	Garber Sorah	1981	South Africa	87.5
-69kg				
1.	Longhurst Monica	1980	South Africa	80.0
In Division there are 2 Lifters				

Division «Masters II»

#	Name	Born	Team	BP
-57kg				
1.	Crain Zohra	1969	South Africa	45.0

In Division there is 1 Lifter**Division «Masters III»**

#	Name	Born	Team	BP
2.	Sinclair Miriam	1958	South Africa	55.0

In Total there are 15 Lifters