

**African Men's Equipped Powerlifting Championships**

Potchefstroom / South Africa, 30 November – 4 December, 2021

**Division «Open»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-83kg</b>							
1.	Fongang Techap	1989	Cameroon	330.0	200.0	325.0	855.0
2.	Marie Mohamed	1977	Egypt	260.0	180.0	260.0	700.0
<b>In Division there are 2 Lifters</b>							

**Division «Subjuniors»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-93kg</b>							
1.	Strydom Marchelle	2003	South Africa	195.0	105.0	215.0	490.0
<b>In Division there is 1 Lifter</b>							

**Division «Juniors»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-74kg</b>							
1.	Manamela Karabo	1999	South Africa	210.0	120.0	220.0	550.0
<b>In Division there is 1 Lifter</b>							

**Division «Masters II»**

#	Name	Born	Team	SQ	BP	DL	Total
<b>-105kg</b>							
1.	Schoonraad Christo	1963	South Africa	260.0	170.0	250.0	680.0
<b>In Total there are 5 Lifters</b>							