African Men's Equipped Powerlifting Championships Potchefstroom / South Africa, 30 November – 4 December, 2021

Division «Open»

Name	Born	Team	SQ	BP	DL	Total
Fongang Techap	1989	Cameroon	330.0	200.0	325.0	855.0
2. Marie Mohamed	1977	Egypt	260.0	180.0	260.0	700.0
			In Division there are 2 Lifters			
«Subjuniors»						
Name	Born	Team	SQ	BP	DL	Total
Strydom Marchelle	2003	South Africa	195.0	105.0	215.0	490.0
			In Division there is 1 Lifter			
«Juniors»						
Name	Born	Team	SQ	BP	DL	Total
1. Manamela Karabo	1999	South Africa	210.0	120.0	220.0	550.0
			In Division there is 1 Lifter			
«Masters II»						
Name	Born	Team	SQ	BP	DL	Total
Schoonraad Christo	1963	South Africa	260.0	170.0	250.0	680.0
			In Total there are 5 Lifters			
	Fongang Techap Marie Mohamed *Subjuniors* Name Strydom Marchelle *Juniors* Name Manamela Karabo *Masters II* Name	Fongang Techap Marie Mohamed Subjuniors Name Born Strydom Marchelle Strydom Marchelle Manamela Karabo Manamela Karabo Masters II» Name Born Born Manamela Karabo Born	Fongang Techap Marie Mohamed Subjuniors» Name Born Strydom Marchelle Strydom Marchelle Waniors» Name Born Team Manamela Karabo 1999 South Africa Wasters II» Name Born Team	Fongang Techap Marie Mohamed 1989 Cameroon 1977 Egypt 260.0 In Divis *Subjuniors* Name Born Team SQ Strydom Marchelle 2003 South Africa In D *Juniors* Name Born Team SQ Manamela Karabo 1999 South Africa 210.0 In D *Masters II* Name Born Team SQ Schoonraad Christo 1963 South Africa 260.0	Fongang Techap Marie Mohamed 1977 Egypt 260.0 180.0 In Division the "Subjuniors" Name Born Team SQ BP Strydom Marchelle 2003 South Africa In Division t "Juniors" Name Born Team SQ BP Manamela Karabo 1999 South Africa 210.0 120.0 In Division t "Masters II" Name Born Team SQ BP	Fongang Techap Marie Mohamed 1989