

Asian Men's Equipped Bench Press Championships

Istanbul / Turkiye, 24 – 30 December, 2021

Division «Open»

#	Name	Born	Team	BP
-59kg				
1.	Shpitser Andrey	1986	Kazakhstan	190.0
2.	Abdolahpour Parviz	1987	Iran	120.0
-66kg				
1.	Shamuratov Furkat	1996	Kazakhstan	200.0
2.	Burkhayev Bakhtiyar	1994	Kazakhstan	170.0
-74kg				
1.	Yermakhanov Yeldos	1990	Kazakhstan	260.0
2.	Salmen Azat	1989	Kazakhstan	215.0
3.	Damdinsuren Batsukh	1984	Mongolia	200.0
4.	Purevdorj Khangal	1975	Mongolia	190.0
5.	Shirinov Kemron	1997	Uzbekistan	170.0
-83kg				
1.	Butenko Oleg	1983	Kazakhstan	295.0
2.	Batsukh Gansukh	1988	Mongolia	270.0
3.	Lashkari Alireza	1995	Iran	210.0
4.	Jaiman Ashish	1988	India	120.0
-93kg				
1.	Shokhanov Askar	1983	Kazakhstan	355.0
2.	Tsogtmagnai Tsenddorj	1985	Mongolia	260.0
3.	Janayev Issa	1986	Kazakhstan	250.0
4.	Rahmani Omid	1991	Iran	225.0
5.	Kumar Parul	1986	India	150.0
6.	Sharma Rahul	1992	India	130.0
-105kg				
1.	Vaigant Sergey	1989	Kazakhstan	320.0
2.	Trifonov Igor	1989	Kazakhstan	290.0
3.	Bayarsaikhan Byambasuren	1985	Mongolia	290.0
4.	Mohamad Bhjat	2001	Syria	130.0
5.	Mohamad Ziad	1972	Syria	130.0
-120kg				
1.	Suyunshaliyev Arslan	1989	Kazakhstan	360.0
2.	Bataa Chimedtseren	1981	Mongolia	355.0
3.	Tumurbaatar Erdenekhuu	1985	Mongolia	300.0
4.	Pichshayev Roman	1989	Kazakhstan	265.0
5.	Kapralov Evgeniy	1993	Uzbekistan	220.0
6.	Tajour Wellam	1982	Syria	160.0
120+kg				
1.	Koshkarov Aidar	1976	Kazakhstan	300.0
2.	Myagmarjav Dorj	1995	Mongolia	250.0
3.	Saquib Basha Shaik	1996	India	180.0
4.	Pal Paritesh	1999	India	150.0
5.	E Raja	1985	India	120.0

In Division there are 35 Lifters

Division «Subjuniors»

#	Name	Born	Team	BP
-59kg				
1.	N Keshav Karthick	2006	India	80.0
2.	Rahul Rohit	2005	India	70.0
-66kg				
1.	Abay Adilet	2003	Kazakhstan	165.0
-74kg				
1.	Gapurzhanov Shavkatbek	2004	Kazakhstan	170.0
-83kg				
1.	Zhansay Nurali	2005	Kazakhstan	180.0
-93kg				
1.	Kim Dmitriy	2002	Kazakhstan	120.0
2.	Chouhan Daksh Singh	2004	India	120.0
-105kg				
1.	Oleinikov Yegor	2005	Kazakhstan	175.0

In Division there are 8 Lifters**Division «Juniors»**

#	Name	Born	Team	BP
-53kg				
1.	Sahu Gaurav	2001	India	60.0
-59kg				
1.	Kanashov Islambek	2002	Kazakhstan	155.0
2.	V Raut Yadhresh	1998	India	100.0
3.	Attavar Adarsh B	2000	India	60.0
-83kg				
1.	Sukhbaatar Sukhbat	1999	Mongolia	240.0
2.	El Mourad Rakan	1998	Lebanon	185.0
-93kg				
1.	Abdurakhmanov Gafur	1998	Kazakhstan	230.0
2.	Parvardeh Abolfazl	1998	Iran	205.0
-105kg				
1.	Valiullin Rustam	2000	Kazakhstan	225.0
2.	Gryazev Artem	2000	Kazakhstan	220.0
-120kg				
1.	Amanov Azizbek	2001	Kazakhstan	210.0
120+kg				
1.	Goutham Mathangi Rahul	2001	India	100.0

In Division there are 12 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
-74kg				
1.	Mesforoush Amir Reza	1980	Iran	140.0
-83kg				
1.	Singh Mukhtiar	1977	India	50.0
-93kg				
1.	Enkhbayar Sukhbat	1979	Mongolia	245.0
2.	Jomaa Mhdmazen	1973	Syria	145.0

-105kg

1.	Salavatov Saduakas	1980	Kazakhstan	250.0
2.	Lkhagvajav Barkhasbaatar	1981	Mongolia	250.0
3.	Alshorekki Fadi	1975	Syria	160.0

-120kg

1.	Altaibaev Andrey	1972	Kazakhstan	220.0
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In Division there are 8 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
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-83kg

1.	Rakhimov Alimbek	1966	Kyrgyzstan	170.0
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-105kg

1.	Ichinnorov Teskhuu	1971	Mongolia	230.0
2.	Kaukakov Bakhyt	1967	Kazakhstan	200.0
3.	Ghasemnezhad Alireza	1966	Iran	150.0

-120kg

1.	Faezi Sam	1971	Iran	190.0
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In Division there are 5 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
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-105kg

1.	Kerimbekov Bakyt	1961	Kyrgyzstan	235.0
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In Division there is 1 Lifter**Division «Masters IV»**

#	Name	Born	Team	BP
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-83kg

1.	Kr Saha Nirmal	1948	India	80.0
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In Total there are 70 Lifters