

Asian Men's Classic Bench Press Championships

Istanbul / Turkiye, 24 – 30 December, 2021

Division «Open»

#	Name	Born	Team	BP
-59kg				
1.	Shpitsser Andrey	1986	Kazakhstan	160.0
2.	Shamuratov Furkat	1996	Kazakhstan	140.0
-66kg				
1.	Zubenko Vladimir	1992	Kyrgyzstan	150.0
2.	Mesforoush Amir Reza	1980	Iran	135.0
3.	Beisen Nurman	1997	Kazakhstan	130.0
-74kg				
1.	Parvardeh Mohammad	1991	Iran	190.0
2.	Kim Andrey	1996	Kazakhstan	180.0
3.	Salmen Azat	1989	Kazakhstan	180.0
4.	Yermakhanov Yeldos	1990	Kazakhstan	180.0
5.	Shirinov Kemron	1997	Uzbekistan	150.0
-83kg				
1.	Yemchenko Alexander	1990	Kazakhstan	205.0
2.	Mohseni Jalal	1989	Iran	190.0
3.	Ismoilov Gayrat	1987	Uzbekistan	140.0
4.	Jaiman Ashish	1998	India	130.0
-93kg				
1.	Tsoy Vyacheslav	1984	Kazakhstan	220.0
2.	Abdollahi Mahmoud	1993	Iran	190.0
3.	Valizadeh Joshaghan Hamid	1987	Iran	185.0
4.	Purevjav Enkhnasan	1982	Mongolia	180.0
5.	El Maalouf Michel	1987	Lebanon	160.0
6.	Kumar Parul	1986	India	130.0
7.	Sharma Rahul	1992	India	130.0
-105kg				
1.	Vertmiller Kirill	1984	Kazakhstan	230.0
2.	Abdollahi Ebrahim	1994	Iran	220.0
3.	Rybka Denis	1985	Kazakhstan	210.0
4.	Trifonov Igor	1989	Kazakhstan	210.0
5.	Bayarsaikhan Byambasuren	1985	Mongolia	205.0
6.	Abdullah Ahmad	1986	Syria	180.0
7.	Mohamad Ziad	1972	Syria	120.0
-120kg				
1.	Rashidi Hamid	1984	Iran	240.0
2.	Pichshayev Roman	1989	Kazakhstan	210.0
3.	Almasri Hasan	1983	Syria	210.0
4.	Vatankhah Abolfazl	1986	Iran	160.0
5.	Tajjour Wellam	1982	Syria	150.0
120+kg				
1.	Bolkovadze Shirin	1992	Kazakhstan	250.0
2.	Nergui Yalalt	1982	Mongolia	240.0
3.	Danzan Tuvshintugs	1984	Mongolia	235.0
4.	Masoudi Sajad	1989	Iran	230.0

5. Pal Paritesh	1999	India	150.0
6. Raja E.	1985	India	100.0

In Division there are 39 Lifters

Division «Subjuniors»

#	Name	Born	Team	BP
-53kg				
1.	Momino Mansurbek	2006	Kazakhstan	60.0
-59kg				
1.	Mynbolat Maksat	2005	Kazakhstan	120.0
2.	N Keshav Karthick	2006	India	100.0
3.	Rohit Rahul	2005	India	90.0
-66kg				
1.	Abay Adilet	2003	Kazakhstan	125.0
2.	Shama Anas	2003	Syria	120.0
-74kg				
1.	Alshehhi Omar	2004	United Arab Emirates	110.0
-83kg				
1.	Zhansay Nurali	2005	Kazakhstan	130.0
-93kg				
1.	Mohamad Fadi	2005	Syria	100.0
-105kg				
1.	Babajanov Timur	2003	Kazakhstan	155.0
-120kg				
1.	Altaybayev Andrey	2003	Kazakhstan	120.0

In Division there are 11 Lifters

Division «Juniors»

#	Name	Born	Team	BP
-53kg				
1.	Sahu Gaurav	2001	India	60.0
-59kg				
1.	Kanashov Islambek	2002	Kazakhstan	125.0
2.	Attavar Adarsh B	2000	India	50.0
-66kg				
1.	Kudaikar Sidhant Nitin	1998	India	70.0
-83kg				
1.	Levenchuk Sergey	1998	Kazakhstan	190.0
2.	Salehi Farid	1998	Iran	190.0
3.	El Mourad Rakan	1998	Lebanon	165.0
4.	Akmetov Yerassyl	1999	Kazakhstan	155.0
-93kg				
1.	Shaukatov Zhavlan	1998	Kazakhstan	210.0
2.	Safari Abolfazl	1998	Iran	180.0
3.	Parvardeh Abolfazl	1998	Iran	180.0
-105kg				
1.	Gryazev Artem	2000	Kazakhstan	190.0
2.	Guliranz Adiyasuren	1998	Mongolia	170.0
3.	Mirzoev Mukhammad-Ali	1999	Tajikistan	130.0
4.	Mohamad Bahjat	2001	Syria	120.0

-120kg

1.	Abdurakhmanov Takhirzhan	1998	Kazakhstan	160.0
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120+kg

1.	Gholizadeh Mohammad	1998	Iran	200.0
2.	Dakhell Zolfekar	1998	Syria	160.0

In Division there are 18 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
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-74kg

1.	Alyeksandr Tserensodnom	1973	Mongolia	127.5
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-83kg

1.	Alzaabi Faisal	1978	United Arab Emirates	180.0
2.	Ganjuur Gantugs	1978	Mongolia	170.0
3.	Singh Mukhtiar	1977	India	60.0

-93kg

1.	Shehnifeiz Mohsen	1979	Iran	155.0
2.	Mhdmazen Jomaa	1973	Syria	150.0
3.	Yamada Yohei	1978	Japan	135.0

-105kg

1.	Sarsenov Yerlan	1977	Kazakhstan	200.0
2.	Urgeshbayev Kairat	1981	Kazakhstan	190.0
3.	Sereenendorj Natsagdorj	1979	Mongolia	180.0
4.	Alkhanbouli Mohammed	1980	United Arab Emirates	165.0

-120kg

1.	Gneidin Dmitriy	1978	Kazakhstan	200.0
2.	Shirchindorj Munkhjargal	1980	Mongolia	180.0
3.	Akbar Ghalehtaki Siamak	1975	Iran	180.0
4.	Umirzokov Fazliddin	1979	Uzbekistan	110.0

120+kg

1.	Damdin Ankhbayar	1979	Mongolia	180.0
2.	Gholamipour Ali	1979	Iran	105.0

In Division there are 17 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
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-74kg

1.	Koike Tetsuo	1970	Singapore	125.0
2.	Shaandar Batbold	1971	Mongolia	100.0

-83kg

1.	Rakhimov Alimbek	1966	Kyrgyzstan	160.0
2.	Sadvakasov Sharipphan	1969	Kazakhstan	145.0
3.	Salasi Ghasem	1966	Iran	125.0

-93kg

1.	Nurmukanov Kairat	1966	Kazakhstan	160.0
2.	Goudarzi Ali	1966	Iran	160.0
3.	Heidari Javad	1971	Iran	155.0
4.	Pakdaman Hossein	1968	Iran	100.0
5.	Deshmukh Subhash	1966	India	80.0

-105kg

1.	Ichinnorov Teskhuu	1971	Mongolia	180.0
2.	Kauakov Bakhyt	1967	Kazakhstan	140.0
3.	Abedini Alireza	1971	Iran	135.0

-120kg

1.	Doroudi Kaveh	1971	Iran	150.0
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120+kg

1.	Sanakulov Olim	1971	Uzbekistan	120.0
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In Division there are 15 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
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-59kg

1.	Kitamura Hiroyuki	1954	Japan	100.0
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-93kg

1.	Aparin Yuriy	1954	Kazakhstan	110.0
2.	Razdan Sanjiv	1960	India	65.0

-105kg

1.	Kerimbekov Bakyt	1961	Kyrgyzstan	165.0
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In Division there are 4 Lifters**Division «Masters IV»**

#	Name	Born	Team	BP
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-83kg

1.	Saha Nirmal Kr	1948	India	60.0
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In Total there are 105 Lifters