Asian Women's Classic Bench Press Championships

Istanbul / Turkiye, 24 − 30 December, 2021

The List of Teams

Chinese Taipei {The Team in Total: 1}

Team Members: 1

1.	Chao Chen-Yeh	√ Cat.1	√ Head Coach

India {The Team in Total: 62}

Lifters: 62

1.	Kr Saha Nirmal	M	Masters 4	-83kg
2.	Saha Nirmal Kr	M	Masters 4	-83kg
3.	Razdan Sanjiv	M	Masters 3	-93kg
4.	Deshmukh Subhash	M	Masters 2	-93kg
5.	K L Nicey	F	Masters 2	-57kg
6.	Singh Mukhtiar	M	Masters 1	-83kg
7.	Neeta Mehta	F	Masters 1	-52kg
8.	Sharma Meena	F	Masters 1	-63kg
9.	K S Deepa	F	Masters 1	-76kg
10.	Sahu Gaurav	M	Juniors	-53kg
11.	V Raut Yadhnesh	M	Juniors	-59kg
12.	Attavar Adarsh B	M	Juniors	-59kg
13.	Kudaikar Sidhant Nitin	M	Juniors	-66kg
14.	Goutham Mathangi Rahul	M	Juniors	120+kg
15.	Harshitha K L	F	Juniors	-57kg
16.	Puthran Deepthika J	F	Juniors	84+kg
17.	Annie Carlo Venizela	F	Juniors	-69kg
18.	Carlo Venizela Annie	F	Juniors	-69kg
19.	Abhirami Ajit	F	Juniors	-76kg
20.	Abhiram Ajith	F	Juniors	-76kg
21.	Rahul Rohit	M	Subjuniors	-59kg
22.	Rohit Rahul	M	Subjuniors	-59kg
23.	N Keshav Karthick	M	Subjuniors	-59kg
24.	Chouhan Daksh Singh	M	Subjuniors	-93kg
25.	Jaiman Ashish	M	Open	-83kg
26.	Sharma Rahul	M	Open	-93kg
27.	Kumar Parul	M	Open	-93kg
28.	Raja E.	M	Open	120+kg
29.	E Raja	M	Open	120+kg
30.	Saquib Basha Shaik	M	Open	120+kg
31.	Pal Paritesh	M	Open	120+kg
32.	Mali Pooja	F	Open	-47kg
33.	Gupta Aditi	F	Open	-47kg
34.	Sharma Manisha	F	Open	-47kg
35.	Chavan Mithila	F	Open	-52kg
36.	Bhariti Sapna	F	Open	-57kg
37.	Sapna Bharati	F	Open	-57kg
38.	Imamdar Dr Sharvari V	F	Open	-57kg
39.	Parshetty Aditi	F	Open	-63kg
40.	K Aishwarya	F	Open	-63kg

41.	Teotia Geeta	F	Open	-84kg
42.	Prajapat Manisha	F	Open	84+kg
43.	Janjir Hemlata	F	Open	84+kg
44.	M Ashwini	F	Open	84+kg

Iran {The Team in Total: 29}

Lifters: 29

1.	Salasi Ghasem	M	Masters 2	-83kg
2.	Goudarzi Ali	M	Masters 2	-93kg
3.	Heidari Javad	M	Masters 2	-93kg
4.	Pakdaman Hossein	M	Masters 2	-93kg
5.	Abedini Alireza	M	Masters 2	-105kg
6.	Ghasemnezhad Alireza	M	Masters 2	-105kg
7.	Faezi Sam	M	Masters 2	-120kg
8.	Doroudi Kaveh	M	Masters 2	-120kg
9.	Mesforoush Amir Reza	M	Masters 1	-74kg
10.	Shehnifeiz Mohsen	M	Masters 1	-93kg
11.	Akbar Ghalehtaki Siamak	M	Masters 1	-120kg
12.	Gholamipour Ali	M	Masters 1	120+kg
13.	Salehi Farid	M	Juniors	-83kg
14.	Parvardeh Abolfazl	M	Juniors	-93kg
15.	Safari Abolfazl	M	Juniors	-93kg
16.	Gholizadeh Mohammad	M	Juniors	120+kg
17.	Abdolahpour Parviz	M	Open	-59kg
18.	Mesforoush Amir Reza	M	Open	-66kg
19.	Parvardeh Mohammad	M	Open	-74kg
20.	Mohseni Jalal	M	Open	-83kg
21.	Lashkari Alireza	M	Open	-83kg
22.	Rahmani Omid	M	Open	-93kg
23.	Valizadeh Joshaghan Hamid	M	Open	-93kg
24.	Abdollahi Mahmoud	M	Open	-93kg
25.	Abdollahi Ebrahim	M	Open	-105kg
26.	Rashidi Hamid	M	Open	-120kg
27.	Vatankhah Abolfazl	M	Open	-120kg
28.	Masoudi Sajad	M	Open	120+kg

Iraq {The Team in Total: 8}

Team Members: 8

1.	Majeed Fathi	√ Cat.2	
2.	Azeez Kadhim	√ Cat.2	
3.	Albothabhak Ammar		√ Head Coach
4.	Obaid Ali		√ Official
5.	Saaid Sabah		√ Official
6.	Mohsin Ramzi		√ Official
7.	Al-Zuhairi Nibras		√ Official
8.	Bibany Jingeez		√ Official

Japan {The Team in Total: 5}

Lifters: 2

1.	Kitamura Hiroyuki	M	Masters 3	-59kg

2.	Yamada Yohei	M	Masters 1	-93kg

Team Members: 3

1.	Yamada Yohei	√ Assistant Coach
2.	Sasaki Yoichi	√ Assistant Coach
3.	Kitamura Hiroyuki	√ Assistant Coach

Kazakhstan {The Team in Total: 89}

Lifters: 87

1.	Aparin Yuriy	M	Masters 3	-93kg
2.	Sadvakasov Shariphan	M	Masters 2	-83kg
3.	Nurmukanov Kairat	M	Masters 2	-93kg
4.	Kaukakov Bakhyt	M	Masters 2	-105kg
5.	Sarsenov Yerlan	M	Masters 1	-105kg
6.	Urgeshbayev Kairat	M	Masters 1	-105kg
7.	Salavatov Saduakas	M	Masters 1	-105kg
8.	Altaibaev Andrey	M	Masters 1	-120kg
9.	Gneidin Dmitriy	M	Masters 1	-120kg
10.	Altaibaeva Marina	F	Masters 1	84+kg
11.	Kanashov Islambek	M	Juniors	-59kg
12.	Levenchuk Sergey	M	Juniors	-83kg
13.	Akmetov Yerassyl	M	Juniors	-83kg
14.	Abdurakhmanov Gafur	M	Juniors	-93kg
15.	Shaukatov Zhavlan	M	Juniors	-93kg
16.	Gryazev Artem	M	Juniors	-105kg
17.	Valiullin Rustam	M	Juniors	-105kg
18.	Amanov Azizbek	M	Juniors	-120kg
19.	Abdurakhmanov Takhirzhan	M	Juniors	-120kg
20.	Gladkova Alena	F	Juniors	-52kg
21.	Aitasova Sara	F	Juniors	-63kg
22.	Nuriddinova Diana	F	Juniors	-63kg
23.	Abdyrova Iroda	F	Juniors	-84kg
24.	Kulakova Polina	F	Juniors	-84kg
25.	Korniyenko Tomiris	F	Juniors	-84kg
26.	Nikolayeva Alevtina	F	Juniors	-84kg
27.	Abdyrova Nigara	F	Juniors	-69kg
28.	Shatko Diana	F	Juniors	-76kg
29.	Momino Mansurbek	M	Subjuniors	-53kg
30.	Mynbolat Maksat	M	Subjuniors	-59kg
31.	Abay Adilet	M	Subjuniors	-66kg
32.	Gapurzhanov Shavkatbek	M	Subjuniors	-74kg
33.	Zhansay Nurali	M	Subjuniors	-83kg
34.	Kim Dmitriy	M	Subjuniors	-93kg
35.	Oleinikov Yegor	M	Subjuniors	-105kg
36.	Babajanov Timur	M	Subjuniors	-105kg
37.	Altaybayev Andrey	M	Subjuniors	-120kg
38.	Nuridin Aiken	F	Subjuniors	-69kg
39.	Yakusheva Veronika	F	Subjuniors	-69kg
40.	Jumabayeva Barno	F	Subjuniors	-76kg
41.	Shamuratov Furkat	M	Open	-59kg

42.	Shpitser Andrey	M	Open	-59kg
43.	Shpitsser Andrey	M	Open	-59kg
44.	Shamuratov Furkat	M	Open	-66kg
45.	Beisen Nurman	M	Open	-66kg
46.	Burkhayev Bakhtiyar	M	Open	-66kg
47.	Salmen Azat	M	Open	-74kg
48.	Yermakhanov Yeldos	M	Open	-74kg
49.	Kim Andrey	M	Open	-74kg
50.	Butenko Oleg	M	Open	-83kg
51.	Yemchenko Alexander	M	Open	-83kg
52.	Janayev Issa	M	Open	-93kg
53.	Shokhanov Askar	M	Open	-93kg
54.	Tsoy Vyacheslav	M	Open	-93kg
55.	Trifonov Igor	M	Open	-105kg
56.	Rybka Denis	M	Open	-105kg
57.	Vaigant Sergey	M	Open	-105kg
58.	Vertmiller Kirill	M	Open	-105kg
59.	Pichshayev Roman	M	Open	-120kg
60.	Suyunshaliyev Arslan	M	Open	-120kg
61.	Koshkarov Aidar	M	Open	120+kg
62.	Bolkovadze Shirin	M	Open	120+kg
63.	Orazbekova Assiya	F	Open	-52kg
64.	Cheremissina Olga	F	Open	-57kg
65.	Rashidova Yekaterina	F	Open	-57kg
66.	Railyan Nadezhda	F	Open	-63kg
67.	Bermukhambetova Zhadyra	F	Open	-84kg
68.	Abduraimova Aziza	F	Open	84+kg
69.	Railyan Nadezhda	F	Open	-69kg
70.	Grechikhina Olesya	F	Open	-76kg

Team Members: 2

1.	Shardakhmet Kazybek	√ Coach
2.	Idrissov Faizulla	√ Coach

Kyrgyzstan {The Team in Total: 5}

Lifters: 5

1.	Kerimbekov Bakyt	M	Masters 3	-105kg
2.	Rakhimov Alimbek	M	Masters 2	-83kg
3.	Zubenko Vladimir	M	Open	-66kg

Lebanon {The Team in Total: 4}

Lifters: 4

1.	El Mourad Rakan	M	Juniors	-83kg
2.	Khairallah Joya	F	Juniors	-57kg
3.	El Maalouf Michel	M	Open	-93kg

Mongolia {The Team in Total: 25}

Lifters: 24

1.	Shaandar Batbold	M	Masters 2	-74kg
2.	Ichinnorov Teskhuu	M	Masters 2	-105kg

3.	Alyeksandr Tserensodnom	M	Masters 1	-74kg
4.	Ganjuur Gantugs	M	Masters 1	-83kg
5.	Enkhbayar Sukhbat	M	Masters 1	-93kg
6.	Sereenendorj Natsagdorj	M	Masters 1	-105kg
7.	Lkhagvajav Barkhasbaatar	M	Masters 1	-105kg
8.	Shirchindorj Munkhjargal	M	Masters 1	-120kg
9.	Damdin Ankhbayar	M	Masters 1	120+kg
10.	Sukhbaatar Sukhbat	M	Juniors	-83kg
11.	Guliranz Adiyasuren	M	Juniors	-105kg
12.	Damdinsuren Batsukh	M	Open	-74kg
13.	Purevdorj Khangal	M	Open	-74kg
14.	Batsukh Gansukh	M	Open	-83kg
15.	Purevjav Enkhnasan	M	Open	-93kg
16.	Tsogtmagnai Tsenddorj	M	Open	-93kg
17.	Bayarsaikhan Byambasuren	M	Open	-105kg
18.	Bataa Chimedtseren	M	Open	-120kg
19.	Tumurbaatar Erdenekhuu	M	Open	-120kg
20.	Myagmarjav Dorj	M	Open	120+kg
21.	Nergui Yalalt	M	Open	120+kg
22.	Danzan Tuvshintugs	M	Open	120+kg

Team Members: 1

1.	Dash Battulga	√	Cat.2

Philippines {The Team in Total: 3}

Lifters: 2

1.	Reboton Joyce Gail	F	Open	-84kg

Team Members: 1

1.	Capulong Willord	√	Coach

Singapore {The Team in Total: 2}

Lifters: 1

1.	Koike Tetsuo	M	Masters 2	-74kg

Team Members: 1

1.	Koike Satomi	√	Assistant Coach

Syria {The Team in Total: 20}

Lifters: 18

1.	Mhdmazen Jomaa	M	Masters 1	-93kg
2.	Jomaa Mhdmazen	M	Masters 1	-93kg
3.	Alshorekki Fadi	M	Masters 1	-105kg
4.	Mohamad Bahjat	M	Juniors	-105kg
5.	Dakhell Zolfekar	M	Juniors	120+kg
6.	Chamout Mona	F	Juniors	-52kg
7.	Shama Anas	M	Subjuniors	-66kg
8.	Mohamad Fadi	M	Subjuniors	-93kg
9.	Sukar Shaimaa	F	Subjuniors	-63kg
10.	Mohamad Ziad	M	Open	-105kg
11.	Mohamad Bhjat	M	Open	-105kg

12.	Abdullah Ahmad	M	Open	-105kg
13.	Almasri Hasan	M	Open	-120kg
14.	Tajour Wellam	M	Open	-120kg
15.	Tajjour Wellam	M	Open	-120kg
16.	Alkateeb Albouiny Tayma	F	Open	-47kg
17.	Almasri Asraa	F	Open	-63kg

Team Members: 2

1.	Mohamad Ziad	√ Cat.2	
2.	Mohamad Ziad	√ Cat.2	√ Head Coach

Tajikistan {The Team in Total: 1}

Lifters: 1

1.	Mirzoev Mukhammad-Ali	M	Juniors	-105kg

United Arab Emirates {The Team in Total: 3}

Lifters: 3

1.	Alzaabi Faisal	M	Masters 1	-83kg
2.	Alkhanbouli Mohammed	M	Masters 1	-105kg
3.	Alshehhi Omar	M	Subjuniors	-74kg

Uzbekistan {The Team in Total: 8}

Lifters: 8

1.	Sanakulov Olim	M	Masters 2	120+kg
2.	Umirzokov Fazliddin	M	Masters 1	-120kg
3.	Malyugina Nadejda	F	Masters 1	-57kg
4.	Kamzina Rushaniya	F	Juniors	-52kg
5.	Shirinov Kemron	M	Open	-74kg
6.	Ismoilov Gayrat	M	Open	-83kg
7.	Kapralov Evgeniy	M	Open	-120kg

Summary Table

Number of Lifters	Asian Women's Classic Bench Press Championships	40
	Asian Men's Classic Bench Press Championships	105
	Asian Women's Equipped Bench Press Championships	31
	Asian Men's Equipped Bench Press Championships	70
Persons as ...	Referee	4
	Representative	13
	Referee & Representative	2
All Together		265