

**European Men's Equipped Bench Press Championships**

Ekaterinburg / Russia, 21 – 25 November, 2021

**The List of Teams****Armenia {The Team in Total: 4}***Lifters: 3*

1. Karoglanyan Yuri	M Juniors	-120kg
2. Hovannessyan Ara	M Open	-74kg
3. Hovhannes Mikayelyan	M Open	-120kg

*Team Members: 1*

1. Sergey Asaturov	✓	Head Coach
--------------------	---	------------

**Austria {The Team in Total: 9}***Lifters: 5*

1. Wetzstein Thomas	M Masters 1	-93kg
2. Frasl Andreas	M Open	-66kg
3. Kraushofer Juergen	M Open	-83kg
4. Hopf Mario	M Open	120+kg
5. Supanetz Pantea	F Open	-63kg

*Team Members: 4*

1. Krebs Herbert	✓	Cat.1
2. Wetekam Dominic	✓	Head Coach
3. Wetzstein Thomas	✓	Coach
4. Frasl Andreas	✓	Coach

**Belarus {The Team in Total: 2}***Lifters: 1*

1. Moiseev Alexander	M Masters 3	-59kg
----------------------	-------------	-------

*Team Members: 1*

1. Ignatenko Olga	✓	Cat.2	✓	Official
-------------------	---	-------	---	----------

**Denmark {The Team in Total: 12}***Lifters: 6*

1. Friche Mads	M Open	-83kg
2. Herrmann Michael Jurgen	M Open	-93kg
3. Balsby Jeppe Frost	M Open	-105kg
4. Mainz Jacob	M Open	-120kg
5. Pretzmann Annemia	F Open	-76kg

*Team Members: 6*

1. Stegelmann Jacob	✓	Head Coach
2. Friche Mads	✓	Coach
3. Mainz Jakob	✓	Coach
4. Pretzmann Annemia	✓	Coach
5. Herrmann Michael	✓	Coach
6. Balsby Jeppe Frost	✓	Coach

**Estonia {The Team in Total: 9}***Lifters: 6*

---

1. Parna Tarmo	M Masters 1	120+kg
2. Valk Karl Michael	M Open	-83kg
3. Parna Tarmo	M Open	120+kg
4. Peri Liisa	F Open	-57kg
5. Peri Liisa	F Open	-63kg

*Team Members: 3*

1. Parna Tarmo	✓ Head Coach
2. Martin Vahtramae	✓ Assistant Coach
3. Valk Karl Michael	✓ Assistant Coach

---

**Finland {The Team in Total: 10}***Lifters: 6*

1. Ketola Niku	M Juniors	-120kg
2. Torronen Emmeth	F Juniors	-84kg
3. Jarvenpaa Hermann	M Subjuniors	-105kg
4. Tajakka Joni	M Open	-105kg
5. Sistonen Simo	M Open	-120kg

*Team Members: 4*

1. Hyttinen Tero	✓ Cat.1	
2. Jarvenpaa Ari	✓ Assistant Coach	
3. Torronen Jari	✓ Assistant Coach	
4. Peltotupa Jesse	✓ Assistant Coach	

---

**France {The Team in Total: 1}***Team Members: 1*

1. De Puytorac Xavier	✓ Cat.1
-----------------------	---------

---

**Georgia {The Team in Total: 10}***Lifters: 7*

1. Kvikvinia Elguja	M Masters 3	120+kg
2. Orbelashvili Simoni	M Juniors	-66kg
3. Nandoshvili Jemali	M Juniors	-83kg
4. Rukhadze Zauri	M Juniors	-105kg
5. Sepiashvili Jaba	M Subjuniors	-59kg
6. Bezhashvili Tsotne	M Open	-74kg
7. Gabelaia Davit	M Open	-93kg

*Team Members: 3*

1. Kvikvinia Elguja	✓ Nat.	✓ Head Coach
2. Gabelaia Davit	✓ Nat.	✓ Coach
3. Nandoshvili Jemali		✓ Coach

---

**Germany {The Team in Total: 8}***Lifters: 4*

1. Graupner Joachim	M Masters 3	-74kg
2. Hirner Arthur	M Masters 3	-83kg
3. Nerb Franz	M Masters 3	-93kg

*Team Members: 4*

1. Weiss Joseph	✓ Cat.1
-----------------	---------

---

- |                     |  |                   |
|---------------------|--|-------------------|
| 2. Hirner Arthur    |  | ✓ Head Coach      |
| 3. Nerb Franz       |  | ✓ Assistant Coach |
| 4. Graupner Joachim |  | ✓ Assistant Coach |

---

**Hungary {The Team in Total: 5}**

*Lifters: 3*

- |                  |             |       |
|------------------|-------------|-------|
| 1. Beata Pusztai | F Masters 2 | -69kg |
| 2. Tatar Sandor  | M Juniors   | -83kg |

*Team Members: 2*

- |                  |  |                   |
|------------------|--|-------------------|
| 1. Andras Kromek |  | ✓ Head Coach      |
| 2. Lorand Berke  |  | ✓ Assistant Coach |

---

**Latvia {The Team in Total: 3}**

*Lifters: 1*

- |                  |              |       |
|------------------|--------------|-------|
| 1. Plocins Aivis | M Subjuniors | -93kg |
|------------------|--------------|-------|

*Team Members: 2*

- |                     |  |              |
|---------------------|--|--------------|
| 1. Ivanusins Jurijs |  | ✓ Head Coach |
| 2. Plocins Ilmars   |  | ✓ Coach      |

---

**Luxembourg {The Team in Total: 1}**

*Team Members: 1*

- |                  |         |            |
|------------------|---------|------------|
| 1. Parage Gaston | ✓ Cat.1 | ✓ Official |
|------------------|---------|------------|

---

**Poland {The Team in Total: 10}**

*Lifters: 9*

- |                      |              |        |
|----------------------|--------------|--------|
| 1. Walczak Eryk      | M Masters 1  | -120kg |
| 2. Debicki Radoslaw  | M Juniors    | -74kg  |
| 3. Kula Zuzanna      | F Juniors    | -52kg  |
| 4. Perlik Krzysztof  | M Subjuniors | -66kg  |
| 5. Marciniak Mariusz | M Open       | -83kg  |
| 6. Zalewski Rafal    | M Open       | -93kg  |
| 7. Lawniczak Daria   | F Open       | -84kg  |
| 8. Lawniczak Daria   | F Open       | -76kg  |

*Team Members: 1*

- |                     |         |              |
|---------------------|---------|--------------|
| 1. Znojek Arkadiusz | ✓ Cat.1 | ✓ Head Coach |
|---------------------|---------|--------------|

---

**Romania {The Team in Total: 3}**

*Lifters: 1*

- |                   |        |        |
|-------------------|--------|--------|
| 1. Caliani Andrei | M Open | 120+kg |
|-------------------|--------|--------|

*Team Members: 2*

- |                          |  |            |
|--------------------------|--|------------|
| 1. Punga Daniel Cristian |  | ✓ Official |
| 2. Oproiu Cristian       |  | ✓ Coach    |

---

**Russia {The Team in Total: 123}**

*Lifters: 116*

- |                        |             |        |
|------------------------|-------------|--------|
| 1. Grigorev Innokentii | M Masters 4 | -66kg  |
| 2. Shvetsov Leonid     | M Masters 4 | -105kg |
| 3. Emelianov Yury      | M Masters 3 | -66kg  |

## European Men's Equipped Bench Press Championships

---

4.	Chevardin Ivan	M	Masters 3	-105kg
5.	Smagin Vladimir	M	Masters 3	-120kg
6.	Okhremchuk Vera	F	Masters 3	-63kg
7.	Migachev Oleg	M	Masters 2	-83kg
8.	Neveikov Aleksei	M	Masters 2	-83kg
9.	Eremenko Viktor	M	Masters 2	-93kg
10.	Grazhdankin Vladimir	M	Masters 2	-93kg
11.	Konovnitsyn Igor	M	Masters 2	-105kg
12.	Chursin Oleg	M	Masters 2	-120kg
13.	Ibragimova Oksana	F	Masters 2	-47kg
14.	Prokofeva Larisa	F	Masters 2	-57kg
15.	Lutsenko Elena	F	Masters 2	-63kg
16.	Polichuk Elena	F	Masters 2	-63kg
17.	Neliubova Valentina	F	Masters 2	-69kg
18.	Efremov Vitalii	M	Masters 1	-74kg
19.	Nosach Evgenii	M	Masters 1	-74kg
20.	Galayda Andrey	M	Masters 1	-93kg
21.	Bobytkov Vasilii	M	Masters 1	-93kg
22.	Plastun Aleksei	M	Masters 1	-93kg
23.	Kalashnikov Igor	M	Masters 1	-105kg
24.	Selezen Sergey	M	Masters 1	120+kg
25.	Dolskaia Olesia	F	Masters 1	-63kg
26.	Shuliaeva Nadezhda	F	Masters 1	-63kg
27.	Kudriavtceva Ellina	F	Masters 1	-84kg
28.	Sidneva Tatiana	F	Masters 1	-69kg
29.	Emelyanov Kirill	M	Juniors	-53kg
30.	Sivtsev Aiaal	M	Juniors	-53kg
31.	Komissarov Boris	M	Juniors	-59kg
32.	Vasilev Sergei	M	Juniors	-59kg
33.	Volkov Danila	M	Juniors	-66kg
34.	Grigoryev Alexander	M	Juniors	-74kg
35.	Olefir Denis	M	Juniors	-74kg
36.	Stolnikov Dmitrii	M	Juniors	-74kg
37.	Talko Andrei	M	Juniors	-83kg
38.	Klimin Kirill	M	Juniors	-93kg
39.	Syunikov Bogdan	M	Juniors	-93kg
40.	Azizov Nariman	M	Juniors	-105kg
41.	Morozov Nikita	M	Juniors	-120kg
42.	Dorogin Ruslan	M	Juniors	120+kg
43.	Sunnatov Rustam	M	Juniors	120+kg
44.	Golovenkova Viktoria	F	Juniors	-43kg
45.	Reprintseva Anastasiia	F	Juniors	-47kg
46.	Fedorova Evgeniia	F	Juniors	-52kg
47.	Golubkova Viktoriia	F	Juniors	-52kg
48.	Chashchukhina Veronika	F	Juniors	-57kg
49.	Obolskaia Iuliia	F	Juniors	-63kg
50.	Belskaya Tatiana	F	Juniors	-63kg
51.	Vozmilova Anna	F	Juniors	-84kg
52.	Zykova Kristina	F	Juniors	-84kg

53.	Lukina Olesia	F	Juniors	84+kg
54.	Novokrestova Alexandra	F	Juniors	84+kg
55.	Konkov Kirill	M	Subjuniors	-53kg
56.	Nosonov Alexei	M	Subjuniors	-53kg
57.	Savinykh Yurii	M	Subjuniors	-59kg
58.	Belkin Anton	M	Subjuniors	-74kg
59.	Dyakov Kirill	M	Subjuniors	-74kg
60.	Ozerov Savely	M	Subjuniors	-74kg
61.	Maximov Ivan	M	Subjuniors	-83kg
62.	Cheredov Artur	M	Subjuniors	-83kg
63.	Petrov Nikita	M	Subjuniors	-93kg
64.	Gusev Egor	M	Subjuniors	-105kg
65.	Kasymov Nikita	M	Subjuniors	-105kg
66.	Bondarenko Ivan	M	Subjuniors	-120kg
67.	Nigmatullin Maxim	M	Subjuniors	-120kg
68.	Chekalov Artem	M	Subjuniors	120+kg
69.	Mitina Valeria	F	Subjuniors	-43kg
70.	Suvorina Viktoriia	F	Subjuniors	-43kg
71.	Katkova Alina	F	Subjuniors	-47kg
72.	Salahli Ekaterina	F	Subjuniors	-47kg
73.	Dolbilova Maria	F	Subjuniors	-52kg
74.	Dudareva Polina	F	Subjuniors	-52kg
75.	Demidova Arina	F	Subjuniors	-57kg
76.	Golionko Anastasiia	F	Subjuniors	-57kg
77.	Filatova Olga	F	Subjuniors	-63kg
78.	Krylova Alina	F	Subjuniors	-63kg
79.	Toropitsina Olga	F	Subjuniors	-63kg
80.	Golikova Apollinariia	F	Subjuniors	-84kg
81.	Ogirenko Anastasiia	F	Subjuniors	84+kg
82.	Nikolaenko Karina	F	Subjuniors	-76kg
83.	Klimenko Georgii	M	Open	-59kg
84.	Balabanov Ruslan	M	Open	-66kg
85.	Urusov Stanislav	M	Open	-66kg
86.	Saukov Konstantin	M	Open	-66kg
87.	Luchkin Dmitrii	M	Open	-74kg
88.	Vorotilin Valerii	M	Open	-74kg
89.	Golovachuk Semen	M	Open	-83kg
90.	Nazarenko Alexei	M	Open	-83kg
91.	Abbasov Raman	M	Open	-93kg
92.	Belkov Yury	M	Open	-93kg
93.	Malchikov Denis	M	Open	-105kg
94.	Degtiarev Sergei	M	Open	-105kg
95.	Savelev Egor	M	Open	-105kg
96.	Lesukov Konstantin	M	Open	-120kg
97.	Lomakin Sergei	M	Open	120+kg
98.	Kotelnikova Marina	F	Open	-47kg
99.	Simoniants Karina	F	Open	-52kg
100.	Lorenz Anastasia	F	Open	-57kg
101.	Kolesnik Daniela	F	Open	-63kg

European Men's Equipped Bench Press Championships

102.	Baranova Ekaterina	F Open	-84kg
103.	Protchenko Liudmila	F Open	-84kg
104.	Elokhova Svetlana	F Open	84+kg
105.	Gulidova Maria	F Open	-69kg
106.	Naam Amaliia	F Open	-69kg
107.	Okhorzina Anastasiia	F Open	-69kg
108.	Erokhina Mariia	F Open	-76kg
109.	Ryabova Maria	F Open	-76kg

Team Members: 7

1.	Derevianko Igor	✓ Cat.1	✓ Head Coach
2.	Khodosevich Gennadii	✓ Cat.1	✓ Head Coach
3.	Kozeleva Alevtina	✓ Cat.1	✓ Official
4.	Morozevich Vitaly	✓ Cat.2	✓ Official
5.	Churilova Nadezhda	✓ Cat.2	✓ Official
6.	Kolesov Ilia	✓ Cat.2	✓ Coach
7.	Protchenko Liudmila	✓ Cat.2	✓ Official

**Slovakia {The Team in Total: 3}**

Lifters: 2

1.	Foris Martin	M Open	-74kg
2.	Ovsonka Peter	M Open	-120kg

Team Members: 1

1.	Varchola Pavol		✓ Head Coach
----	----------------	--	--------------

**Sweden {The Team in Total: 1}**

Team Members: 1

1.	Lars-Gunnar Olsson	✓ Cat.1	
----	--------------------	---------	--

**Turkiye {The Team in Total: 8}**

Lifters: 6

1.	Senol Nurullah	M Juniors	-93kg
2.	Zorba Sukru	M Subjuniors	-83kg
3.	Kara Haktan Ugur	M Subjuniors	-93kg
4.	Coban Furkan	M Open	-83kg
5.	Dunsen Firat	M Open	-93kg
6.	Yesilpinar Can	M Open	-120kg

Team Members: 2

1.	Kaya Furkan		✓ Head Coach
2.	Gurler Gurhan		✓ Official

**Summary Table**

Number of Lifters	European Women's Classic Bench Press Championships	27
	European Men's Classic Bench Press Championships	60
	European Women's Equipped Bench Press Championships	34
	European Men's Equipped Bench Press Championships	55

## European Men's Equipped Bench Press Championships

---

Persons as ...	Referee	5
	Representative	29
	Referee & Representative	12
All Together		222