

**Asian Men's Equipped Bench Press Championships****Hong Kong / Hong Kong, China, 8 – 12 October, 2025****Division «Open»**

#	Name	Born	Team	BP
<b>-59kg</b>				
1.	Smirnov Oleg	1990	Neutral Athlete	212.5
2.	Chow Jar Yue Ernest	1992	Hong Kong, China	142.5
3.	Al-Rubaiawi Hayder	1997	Iraq	115.0
<b>-66kg</b>				
1.	Urusov Ian	1989	Neutral Athlete	235.0
<sup>R</sup> 2.	Balabanov Ruslan	1996	Neutral Athlete	235.0
3.	Ito Tatsuya	1994	Japan	232.5
4.	Yelzhanov Shingis	2001	Kazakhstan	205.0
<sup>R</sup> 5.	Satybaldy Zhanat	1999	Kazakhstan	180.0
6.	Liu Weiqiang	1995	China	170.0
<b>-74kg</b>				
1.	Urusov Stanislav	1991	Neutral Athlete	260.0
2.	Karaman Abdulkarim	1994	Kazakhstan	255.0
<sup>R</sup> 3.	Tarada Artem	2001	Kazakhstan	200.0
4.	Al-Turfi Hayder	1994	Iraq	145.0
<b>-83kg</b>				
1.	Vorotilin Valerii	1995	Neutral Athlete	292.5
2.	Tulegenov Kuanyshbay	1998	Kazakhstan	240.0
3.	Sarsegalyev Yrysbek	1995	Kazakhstan	240.0
4.	Al-Khryafawee Mohammed	1995	Iraq	145.0
<b>-93kg</b>				
1.	Shokhanov Askar	1983	Kazakhstan	340.0
2.	Yamashita Yasuki	1991	Japan	320.5
3.	Abbasov Raman	1993	Neutral Athlete	300.0
4.	Kadoma Kosuke	1992	Japan	220.0
5.	Al-Bayati Abdulabbas	2000	Iraq	145.0
<b>-105kg</b>				
1.	Iakush Sergei	1995	Neutral Athlete	352.5
2.	Shah Bhaskar	1992	India	325.0
3.	Trifonov Igor	1989	Kazakhstan	300.0
4.	Vats Gaurav	1993	India	220.0
5.	Wu Cheong	1988	China	170.0
6.	Kadhim Raad	1986	Iraq	170.0
<b>-120kg</b>				
1.	Sykmenev Aleksandr	1978	Neutral Athlete	366.0
2.	Li Dimitriy	1991	Kazakhstan	330.0
3.	Al Mashhadani Mostafa	1987	Iraq	195.0
<b>120+kg</b>				
1.	Usov Sergey	1993	Neutral Athlete	385.0
2.	Koshkarov Aidar	1976	Kazakhstan	290.0

**In Division there are 33 Lifters ( In Teams:30 In Reserve:3 )****Division «Subjuniors»**

#	Name	Born	Team	BP
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**-53kg**

1.	Abdurakhmanov Rustambek	2007	Kazakhstan	115.0
2.	Saveo Dsouza Avniel	2007	India	100.0
3.	Assetov Ilyas	2009	Kazakhstan	90.0

**-59kg**

1.	Shaukatov Mukhammad	2009	Kazakhstan	130.0
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**-66kg**

1.	Ulugbekov Sardar	2009	Kazakhstan	140.0
2.	Yemsukhanov Nurlykhan	2008	Kazakhstan	140.0
<sup>R</sup> 3.	Kostromtsov Daniil	2009	Kazakhstan	100.0

**-83kg**

1.	Okayama Sora	2008	Japan	208.0
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**-93kg**

1.	Pal Rishabh	2007	India	170.0
2.	Yevdokimov Nikita	2008	Kazakhstan	165.0

**120+kg**

1.	Garg Tanish	2009	India	220.0
2.	Ke Guan-Ting	2007	Chinese Taipei	200.0
3.	Tolybay Aidan	2007	Kazakhstan	175.0

**In Division there are 13 Lifters ( In Teams:12 In Reserve:1 )**

**Division «Juniors»**

#	Name	Born	Team	BP
<b>-59kg</b>				
1.	Rybka Oleg	2006	Neutral Athlete	140.0
2.	Al-Abboodi Ali	2004	Iraq	117.5
<b>-66kg</b>				
1.	Selianin Dmitrii	2005	Neutral Athlete	225.0
2.	Kudryavtsev Arseniy	2006	Neutral Athlete	167.5
3.	Al-Aridhee Mustafa	2004	Iraq	127.5
4.	Al-Muslimawi Ahmed	2002	Iraq	110.0
<b>-74kg</b>				
1.	Shchipanov Aleksandr	2002	Neutral Athlete	225.0
2.	Kuzdubaev Denislav	2002	Neutral Athlete	200.0
3.	Pismak Danil	2006	Kazakhstan	160.0
4.	Abooda Hayder	2004	Iraq	130.0
5.	Aljadooai Zaid	2002	Iraq	112.5
<b>-83kg</b>				
1.	Narozhniy Stepan	2005	Neutral Athlete	227.5
2.	Shlencev Vladislav	2005	Neutral Athlete	160.0
3.	Nikashuh Hasan	2005	Iraq	125.0
4.	Al-Khafaji Murtadha	2004	Iraq	122.5
<b>-93kg</b>				
1.	Mohsin Atheer	2002	Iraq	152.5
2.	Dyadov Maxim	2006	Kazakhstan	150.0
<b>-105kg</b>				
1.	Sameer Soham	2006	India	200.0
2.	Al-Hussein Rian	2003	Iraq	175.0
<b>-120kg</b>				

1. Kabanov Ruslan	2003	Neutral Athlete	220.0
2. Ismailov Paizakhmat	2006	Kazakhstan	210.0

**120+kg**

1. Amanov Buned	2003	Kazakhstan	235.0
2. Chang Yi	2002	Chinese Taipei	165.0

**In Division there are 23 Lifters****Division «Masters I»**

#	Name	Born	Team	BP
<b>-66kg</b>				
1.	Amakawa Akinori	1977	Japan	182.5
2.	Tokumaru Yu	1983	Japan	150.0
<b>-74kg</b>				
1.	Watanabe Kunihiro	1977	Japan	185.0
2.	Hung Wing Fai	1980	Hong Kong, China	120.0
<b>-83kg</b>				
1.	Goto Takashi	1976	Japan	242.5
2.	Pekuchshev Oleg	1977	Kazakhstan	200.0
<b>-120kg</b>				
1.	Mori Masato	1981	Japan	225.0

**120+kg**

1. Kumar R Vinay	1982	India	150.0
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**In Division there are 8 Lifters****Division «Masters II»**

#	Name	Born	Team	BP
<b>-66kg</b>				
1.	Ashizaki Takashi	1971	Japan	187.5
<b>-93kg</b>				
1.	Ametani Shigeaki	1967	Japan	180.0
2.	Kumar Sharma Deepak	1975	India	165.0
3.	Anand Mandia	1971	India	160.0
4.	Yagna Prasad Annadata	1969	India	140.0
<b>-105kg</b>				
1.	Howard Andrew	1969	Malaysia	180.0
<b>-120kg</b>				
1.	Okayama Miki	1972	Japan	220.0
2.	Bekov Kairat	1971	Kazakhstan	200.0
<b>120+kg</b>				
1.	Dhulipalla Ramu	1975	India	120.0
2.	Sharma Deepak	1971	India	100.0

**In Division there are 10 Lifters****Division «Masters IV»**

#	Name	Born	Team	BP
<b>-59kg</b>				
1.	Kawakami Kyoji	1950	Japan	112.5
<b>-83kg</b>				
1.	Singh Inderjeet	1954	India	135.0

**In Total there are 89 Lifters ( In Teams:85 In Reserve:4 )**