

19th North American Regional Men's Equipped Bench Press Championships

Panama City / Panama, 23 – 25 October, 2025

The Entry List of Representatives

#	Name	Team	Duty
1.	Alas Jacqueline	Belize	Coach - Referee [NFR]
2.	Baki Joseph	Belize	Coach
3.	Usher Khalid	Belize	Coach - Athlete [NFR]
4.	Usher. Khalid	Belize	Official
5.	Smith Justin	Canada	Head Coach
6.	Sproul Jillian	Canada	Assistant Coach - Athlete [NFR]
7.	Altamirano Dimitri	Costa Rica	Coach - Athlete [NFR]
8.	Flortes Bjorn	Costa Rica	Coach - Athlete [NFR]
9.	Aguirre Victor	Mexico	Coach
10.	Campos Porfirio	Mexico	Coach
11.	Castillo David	Mexico	Coach
12.	Contreras Gabino	Mexico	Coach
13.	Pacheco Cesar	Mexico	Coach
14.	Pena Helio	Mexico	Coach
15.	Reyes Jessica	Mexico	Coach
16.	Rivera Marco	Mexico	Head Coach - Referee [NFR]
17.	Rojas Ernesto	Mexico	Coach
18.	Serrano Ivan	Mexico	Coach
19.	Batista Javier	Panama	Coach
20.	Urdapilleta Gonzalo	Panama	Coach
21.	Alvarado Alex	Puerto Rico	Coach - Referee [NFR]
22.	Baez Joan	Puerto Rico	Coach - Referee [NFR]
23.	Cotte Doel	Puerto Rico	Assistant Coach - Athlete [NFR]
24.	Alleyne Deresay	Trinidad and Tobago	Assistant Coach - Athlete [NFR]
25.	Belfon Lawrence Marlon	Trinidad and Tobago	Head Coach
26.	Grant Shay	Trinidad and Tobago	Assistant Coach - Athlete [NFR]
27.	Hosten Dale	Trinidad and Tobago	Assistant Coach - Athlete [NFR]
28.	Hunte Rondel	Trinidad and Tobago	Coach - Athlete [NFR]
29.	Nelson Shaquille	Trinidad and Tobago	Assistant Coach - Athlete [NFR]
30.	Ramnath Ow Buland Kellie	Trinidad and Tobago	Assistant Coach
31.	Carlascio Michelle	U.S.America	Assistant Coach - Athlete [NFR]
32.	Cencich Thomas	U.S.America	Assistant Coach - Athlete [NFR]
33.	Evitch Broc	U.S.America	Assistant Coach - Athlete [NFR]
34.	Falcone Ron	U.S.America	Assistant Coach - Athlete [NFR]

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35.	Fronzaglia Damian	U.S.America	Assistant Coach - Athlete [NFR]
36.	Harris Michal A	U.S.America	Assistant Coach - Athlete [NFR]
37.	Howard Seth	U.S.America	Assistant Coach - Athlete [NFR]
38.	Keller Robert	U.S.America	IPF Official
39.	Losa Jonathan	U.S.America	Assistant Coach - Athlete [NFR]
40.	Mamola Adam	U.S.America	Assistant Coach - Athlete [NFR]
41.	Miner Yoli	U.S.America	Assistant Coach
42.	Petrencak Steve	U.S.America	Head Coach
43.	Rosenzweig Dana	U.S.America	Coach
44.	Ross Jason	U.S.America	Assistant Coach - Athlete [NFR]
45.	Sides Daniel	U.S.America	Assistant Coach - Athlete [NFR]
46.	Wages Sarah	U.S.America	Assistant Coach - Athlete [NFR]
47.	Walter Chris	U.S.America	Coach
48.	Wilson Stephen	U.S.America	Coach
49.	Massey Robert	US Virgin Islands	Official