## 2024 African Women's Equipped Powerlifting Championships Potchefstroom / South Africa, 29 October – 3 November, 2024

## **Division «Open»**

#	Name	Born	Team	SQ	ВР	DL	Total
-63kg							
1. Le	eighton Megan	1996	South Africa	162.5	100.0	165.0	427.5
				In Division there is 1 Lifter			
Division «	Masters II»						
#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1. Ar	nthony Carol	1966	South Africa	115.0	52.5	122.5	290.0
				In Division there is 1 Lifter			
Division «	Masters III»						
#	Name	Born	Team	SQ	BP	DL	Total
-69kg							
1. Le	eighton Heather	1964	South Africa	95.0	65.0	105.5	265.5
				In Total there are 3 Lifters			