2024 African Women's Equipped Powerlifting Championships Potchefstroom / South Africa, 29 October – 3 November, 2024

			,	,			
Division «	Open»						
#	Name	Born	Team	SQ	BP	DL	Total
-63kg							
1. Le	ighton Megan	1996	South Africa	162.5	100.0	165.0	427.5
				In Divisi	In Division there is 1 Lifter		
Division «Masters II»							
#	Name	Born	Team	SQ	BP	DL	Total
-57kg							
1. An	thony Carol	1966	South Africa	115.0	52.5	122.5	290.0
				In Divisi	In Division there is 1 Lifter		
Division «Masters III»							
#	Name	Born	Team	SQ	BP	DL	Total
-69kg							
1. Le	ighton Heather	1964	South Africa	95.0	65.0	105.5	265.5
In Total there are 3						are 3 l	ifters