2024 African Women's Equipped Bench Press Championships Potchefstroom / South Africa, 29 October – 3 November, 2024

Divisio	on «Open»			
#	Name	Born	Team	BP
-84kg				
1.	Aboueme Ndeme Hanriette Audrey	1991	Cameroon	100.0
84+kg				
1.	. Fokem Fofe Aimerance	1987	Cameroon	110.0
			In Division there are 2 Lifters	
Divisio	on «Subjuniors»			
#	Name	Born	Team	BP
-57kg				
1.	. Tingounzeu Momo Erine Jennly	2008	Cameroon	60.0
			In Division there is 1 Lifter	
Divisio	on «Masters III»			
#	Name	Born	Team	BP
-69kg				
1	. Leighton Heather	1964	South Africa	69.0
			In Total th	ere are 4 Lifters