

2024 African Women's Equipped Bench Press Championships

Potchefstroom / South Africa, 29 October – 3 November, 2024

Division «Open»

#	Name	Born	Team	BP
---	------	------	------	----

-84kg

1.	Aboueme Ndeme Hanriette Audrey	1991	Cameroon	100.0
----	--------------------------------	------	----------	-------

84+kg

1.	Fokem Fofe Aimerance	1987	Cameroon	110.0
----	----------------------	------	----------	-------

In Division there are 2 Lifters**Division «Subjuniors»**

#	Name	Born	Team	BP
---	------	------	------	----

-57kg

1.	Tingounzeu Momo Erine Jennly	2008	Cameroon	60.0
----	------------------------------	------	----------	------

In Division there is 1 Lifter**Division «Masters III»**

#	Name	Born	Team	BP
---	------	------	------	----

-69kg

1.	Leighton Heather	1964	South Africa	69.0
----	------------------	------	--------------	------

In Total there are 4 Lifters