

2024 African Men's Classic Bench Press Championships**Potchefstroom / South Africa, 29 October – 3 November, 2024****Division «Open»**

#	Name	Born	Team	BP
-66kg				
^R 1.	Elouaflin Michael	1989	Ivory Coast	135.0
-83kg				
1.	Hamdani Fethi	1993	Algeria	177.5
2.	Techap Fongang	1989	Cameroon	160.0
-93kg				
1.	Belkebir Abderrahim	1995	Algeria	190.0
2.	Balangwe Bakinien Julien	1986	Cameroon	182.5
-105kg				
1.	Kebbab Saber	1976	Algeria	190.0
-120kg				
1.	Naoussi Nembot Ano	1992	Cameroon	195.0
2.	Bendjeddou Yacine	1989	Algeria	195.0
120+kg				
1.	Ngon Anong A	1987	Cameroon	200.0

In Division there are 9 Lifters (In Teams:8 In Reserve:1)**Division «Subjuniors»**

#	Name	Born	Team	BP
-59kg				
1.	Tingounzeu Daren Aram	2010	Cameroon	70.0
-66kg				
1.	Ondoua Ntonga Hugues Laurent	2009	Cameroon	90.0

In Division there are 2 Lifters**Division «Masters I»**

#	Name	Born	Team	BP
2.	Coleman Steven	1979	South Africa	123.0
120+kg				
1.	Breetzke Simon	1978	South Africa	165.0

In Division there are 2 Lifters**Division «Masters II»**

#	Name	Born	Team	BP
-105kg				
1.	Ingel Nicholas	1971	South Africa	125.0
2.	Tingounzeu Omer Gaston	1974	Cameroon	70.0
-120kg				
1.	de Beer Hermanus	1970	South Africa	152.5
120+kg				
1.	Crain John	1969	South Africa	177.5

In Division there are 4 Lifters**Division «Masters III»**

#	Name	Born	Team	BP
-66kg				

1. Bruce Jc	1963	South Africa	80.0
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In Division there is 1 Lifter

Division «Masters IV»

#	Name	Born	Team	BP
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-83kg

1. Oppenheim Dan	1945	South Africa	90.0
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In Total there are 19 Lifters (In Teams:18 In Reserve:1)