

COMMONWEALTH POWERLIFTING FEDERATION

Commonwealth Womens Classic Benchpress Championships 2022, Auckland (New Zealand), 28.11-04.12.2022

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-57kg												
1	Cook Jodie	1988	ENG	56.30	0.8974	37	80.0	87.5	95.0	87.5	78.52	12
-63kg												
1	Macpherson Charlotte	1995	ENG	62.70	0.8367	39	82.5	90.0	97.5	97.5	81.58	12
2	Solarska Eliza	1995	NI	62.15	0.8409	40	50.0	52.5	55.0	55.0	46.25	9
3	Leece Stephanie	1991	IMN	61.60	0.8453	38	45.0	50.0	52.5	52.5	44.38	8
-69kg												
1	Dillen Carolina	1983	NZL	68.20	0.8016	50	87.5	92.5	95.0	92.5	74.15	12
2	Thompson Sarah	1992	NZL	67.45	0.8057	51	75.0	80.0	85.0	80.0	64.46	9
3	Strickland Sarah	1997	CAN	67.95	0.8029	49	67.5	72.5	75.0	75.0	60.22	8
-76kg												
1	Williams Chanel	1995	NZL	74.20	0.7745	52	97.5	102.5	107.5	107.5	83.26	12
2	North Lydia	1988	CAN	74.45	0.7736	53	90.0	95.0	100.0	100.0	77.36	9
3	Gladden Morgan	1990	SCO	72.80	0.7800	54	90.0	95.0	97.5	97.5	76.05	8
-84kg												
1	Russell Amber	1993	NZL	83.35	0.7475	44	117.5	123.0-co	127.0-co	127.0	94.94	12
2	Wagner Marie	1982	CAN	82.60	0.7493	43	95.0	100.0	102.5	102.5	76.80	9
3	Tocher Claire	1984	SCO	83.60	0.7470	42	102.5	107.5	107.5	102.5	76.56	8
4	Hema Kiri	1988	NZL	80.60	0.7543	41	87.5	92.5	X	92.5	69.77	7
84+kg												
1	Coggle Rebecca	1983	ENG	139.75	0.7052	45	115.0	120.0	128.0-co	128.0	90.27	12
2	Lynch Aimee	1984	NZL	182.50	0.7026	48	115.0	122.5	122.5	115.0	80.80	9
3	Poli Teresa	1997	NZL	100.90	0.7213	46	97.5	102.5	107.5	107.5	77.54	8
4	Jonson Holly	1997	NZL	94.60	0.7282	47	97.5	102.5	107.5	102.5	74.64	7

Team (points)

1	New Zealand	54	[12+12+12+9+9]	37.60	IPF GL
2	England	36	[12+12+12]	50.36	IPF GL
3	Canada	26	[9+9+8]	14.38	IPF GL
4	Scotland	16	[8+8]	52.62	IPF GL
5	Northern Ireland	9	[9]	16.25	IPF GL
6	Isle of Man	8	[8]	14.38	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Russell Amber	New Zealand	83.35	127.0	94.9350	1
2.	Coggle Rebecca	England	139.75	128.0	90.2660	1
3.	Williams Chanel	New Zealand	74.20	107.5	83.2622	1

Sub-Juniors

-52kg												
1	Lindsay Teagan	2006	IMN	49.15	1.0101	22	32.5	35.0	40.0	35.0	35.36	12
2	Morris Isobel	2006	IMN	47.75	1.0414	21	27.5	30.0	32.5	30.0	31.24	9
-57kg												
1	Raj Singh Krity	2005	IND	55.15	0.9115	27	40.0	45.0	47.5	45.0	41.02	12

Team (points)

1	Isle of Man	21	[12+9]	36.60	IPF GL
2	India	12	[12]	11.02	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Raj Singh Krity	India	55.15	45.0	41.0175	1
2.	Lindsay Teagan	Isle of Man	49.15	35.0	35.3551	1
3.	Morris Isobel	Isle of Man	47.75	30.0	31.2410	2

Juniors

1	Curtis Ellie	2001	ENG	56.30	0.8974	1	67.5	72.5	80.0	72.5	65.06	12
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-63kg

1	Burt Yasmin	2003	ENG	62.40	0.8390	6	77.5	85.0	90.0	90.0	75.51	12
-69kg												
1	Hanlon Bettina	2000	ENG	68.00	0.8027	16	90.0	95.0	97.5	95.0	76.25	12
-84kg												
1	G Naik Pratheeksha	2000	IND	82.95	0.7484	7	65.0	70.0	75.0	70.0	52.39	12

Team (points)

1	England	36	[12+12+12]	16.82	IPF GL
2	India	12	[12]	52.39	IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Hanlon Bettina	England	68.00	95.0	76.2522	1
2.	Burt Yasmin	England	62.40	90.0	75.5093	1
3.	Curtis Ellie	England	56.30	72.5	65.0586	1

Masters 1

-52kg												
1	Metha Neeta	1977	IND	50.75	0.9789	20	47.5	50.0	52.5	52.5	51.39	12
-57kg												
1	Parish Amanda	1978	NZL	56.40	0.8962	26	65.0	67.5	70.0	70.0	62.73	12
2	Stott Emma	1974	ENG	56.30	0.8974	25	65.0	67.5	70.0	67.5	60.57	9
3	Morris Emma	1980	IMN	53.50	0.9341	24	37.5	40.0	42.5	42.5	39.70	8
-63kg												
1	Chatterjee Sima Dutt	1977	IND	62.95	0.8348	28	42.5	47.5	52.5	52.5	43.83	12
2	Lindsay Kerry	1973	IMN	60.60	0.8537	29	40.0	42.5	45.0	45.0	38.42	9
-69kg												
1	Broczek Anita	1977	NZL	67.45	0.8057	33	75.0	80.0	82.5	82.5	66.47	12
2	Suganthi B Amudha	1982	IND	63.60	0.8301	34	60.0	65.0	67.5	67.5	56.03	9
-84kg												
1	Grant Lisa	1977	IMN	83.15	0.7480	30	65.0	67.5	72.5	67.5	50.49	12
84+kg												
1	Websdell Polly	1973	NZL	122.70	0.7089	32	110.0	115.0	120.5-cm	120.5	85.43	12
2	Taylor Siobhan	1978	ENG	116.50	0.7112	31	90.0	97.5	102.5	102.5	72.90	9

Team (points)

1	New Zealand	36	[12+12+12]	14.63	IPF GL
2	India	33	[12+12+9]	51.25	IPF GL
3	Isle of Man	29	[12+9+8]	28.61	IPF GL
4	England	18	[9+9]	33.47	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Websdell Polly	New Zealand	122.70	120.5	85.4251	1
2.	Taylor Siobhan	England	116.50	102.5	72.9010	2
3.	Broczek Anita	New Zealand	67.45	82.5	66.4693	1

Masters 2

-63kg												
1	Lawrence Joanna	1970	AUS	61.30	0.8478	2	75.0-cm2	77.5-cm2	80.0-cm2	80.0	67.82	12
2	Spragg Rachel	1970	ENG	62.20	0.8405	5	60.0	65.0	67.5	65.0	54.64	9
3	Forker Annette	1966	NI	62.20	0.8405	4	52.5	55.0	57.5	57.5	48.33	8
4	Kasana Dimple	1967	IND	61.95	0.8425	3	45.0	50.0	52.5	50.0	42.13	7
-69kg												
1	Tarlton Jo	1972	NZL	67.90	0.8032	14	67.5	70.0	72.5	70.0	56.22	12
2	Clark Kelly	1964	ENG	66.80	0.8094	13	40.0	45.0	50.0	45.0	36.42	9
-76kg												
1	Evans Delwyn	1964	NZL	73.80	0.7761	17	70.0	75.0	78.0	75.0	58.20	12
84+kg												
1	Welgens Elizabeth	1971	NZL	128.60	0.7073	12	110.0	115.0	115.0	110.0	77.80	12
2	Laird Joanne	1972	ENG	126.50	0.7078	11	87.5	92.5	97.5	97.5	69.01	9
3	Jackson Elaine	1969	ENG	116.30	0.7113	10	70.0	77.5	82.5	82.5	58.68	8
4	Lena Devi Takhelmayun	1969	IND	86.55	0.7408	9	30.0	40.0	X	40.0	29.63	7
—	Lauder Angela	1970	SCO	88.15	0.7379	8	77.5	77.5	82.5	DSQ	—	—

Team (points)

1	New Zealand	36	[12+12+12]	32.23	IPF GL
2	England	35	[9+9+9+8]	18.75	IPF GL
3	India	14	[7+7]	71.76	IPF GL
4	Australia	12	[12]	37.82	IPF GL
5	Northern Ireland	8	[8]	18.33	IPF GL
—	Scotland	—	—	—	—

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Welgens Elizabeth	New Zealand	128.60	110.0	77.8010	1
2.	Laird Joanne	England	126.50	97.5	69.0118	2
3.	Lawrence Joanna	Australia	61.30	80.0	67.8239	1

Masters 3**-47kg**

1	Muldrock Patricia	1954	NZL	45.90	1.0894	18	55.0	60.0	62.5	60.0	65.37	12
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-57kg

1	Menzies Catherine	1960	NZL	55.90	0.9021	23	55.0	61.0-cm3	64.0-cm3	64.0	57.74	12
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Team (points)

1	New Zealand	24	[12+12]	23.10	IPF GL
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Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Muldrock Patricia	New Zealand	45.90	60.0	65.3650	1
2.	Menzies Catherine	New Zealand	55.90	64.0	57.7371	1

Masters 4**-52kg**

1	McGauley Judith	1948	ENG	48.35	1.0275	19	30.0	32.5	35.0	32.5	33.39	12
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-76kg

1	Devi Kh Chingkhuleima	1948	IND	74.80	0.7723	35	25.0	X	X	25.0	19.31	12
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Team (points)

1	England	12	[12]	33.39	IPF GL
2	India	12	[12]	19.31	IPF GL

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	McGauley Judith	England	48.35	32.5	33.3937	1
2.	Devi Kh Chingkhuleima	India	74.80	25.0	19.3077	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Gam
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia

CAN = Canada

ENG = England

IMN = Isle of Man

IND = India

NI = Northern Ireland

NZL = New Zealand

SCO = Scotland