

COMMONWEALTH POWERLIFTING FEDERATION
Commonwealth Womens Equipped Powerlifting Championships 2022, Auckland (New Zealand), 28.11-04.12.2022

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts			
Open																					
-47kg																					
1	Bhakare Kajal	1997	IND	43.20	0.2342	1	100.0	422.5	130.0	1	70.0	70.0	85.0-c	1	110.0	120.0	135.0	1	350.0	81.95	12
-52kg																					
1	Boste Kaminee	1999	IND	50.55	0.2077	2	120.0	150.0	170.0	1	75.0	85.0	90.0	1	120.0	140.0	150.0	1	410.0	85.17	12
-57kg																					
1	Jajula Ramalakshmi	1989	IND	56.00	0.1939	3	145.0	155.0	165.0	1	100.0	405.0	405.0	1	150.0	160.0	165.0	1	430.0	83.36	12
-63kg																					
1	Kumari Sudha	1979	IND	62.35	0.1816	5	140.0	152.5	462.5	1	95.0	105.0	112.5-c	1	140.0	450.0	X	2	405.0	73.55	12
2	Majhi Santhoshi	1982	IND	57.90	0.1898	4	145.0	460.0	460.0	2	65.0	70.0	70.0	2	150.0	160.0	170.0	1	385.0	73.08	9
-76kg																					
1	Du Toit Chantelle	1985	RSA	74.80	0.1653	10	160.0	170.5	175.5	1	103.0-c	106.5-c	108.0-c	1	155.0-c	165.0-c	470.0	2	448.5	74.13	12
2	Henry Joanne	1987	AUS	73.60	0.1665	9	165.0	175.0	480.0	2	90.0	90.0	97.5	2	160.0-c	172.5-c	180.0-c	1	445.0	74.11	9
-84kg																					
1	Yadav Vummualla Mallika	1994	IND	83.75	0.1575	6	180.0	210.0	236.0	1	70.0	85.0	95.0	1	190.0	205.0	215.5	1	546.5	86.05	12
84+kg																					
1	Baban Gaikwad Prateeksh	1991	IND	84.70	0.1568	7	190.0	240.0	210.0	1	110.0	125.0	130.0	1	170.0	185.0	492.5	1	525.0	82.30	12

Team (points)

1	India	60	[12+12+12+12+12]	418.82	IPF GL
2	South Africa	12	[12]	74.13	IPF GL
3	Australia	9	[9]	74.11	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Yadav Vummualla Mallika	India	83.75	546.5	86.0475	1
2.	Boste Kaminee	India	50.55	410.0	85.1668	1
3.	Jajula Ramalakshmi	India	56.00	430.0	83.3555	1

Sub-Juniors

-57kg																					
1	Raj Singh Krity	2005	IND	55.00	0.1961	10	92.5	95.0	440.0	1	40.0	55.0	62.5	1	105.0	112.5	117.5	1	267.5	52.46	12
-76kg																					
1	Sruthi E	2004	IND	73.75	0.1664	21	110.0	425.0	430.0	1	60.0	65.0	67.5	1	130.0	145.0	160.0	1	337.5	56.15	12
84+kg																					
1	Manisravani N	2004	IND	103.55	0.1465	18	140.0	160.0	172.5	1	75.0	87.5	97.5	1	120.0	132.5	442.5	2	402.5	58.99	12
2	Roshni Monteiro Reshial	2005	IND	0.00	-0.5245	17	425.0	135.0	440.0	2	80.0	90.0	405.0	2	120.0	132.5	140.0	1	365.0	-191.42	9

Team (points)

1	India	45	[12+12+12+9]	-23.82	IPF GL
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Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Manisravani N	India	103.55	402.5	58.9860	1
2.	Sruthi E	India	73.75	337.5	56.1509	1

3. Raj Singh Krity India 55.00 267.5 52.4634 1

Juniors

-52kg

1	S Logapriya	2000	IND	51.75	0.2043	7	130.0	140.0	450.0	1	50.0	65.0	70.0	1	120.0	130.0	140.0	1	350.0	71.52	12
2	Sarkar Debosree	2000	IND	51.35	0.2054	8	90.0	100.0	105.0	2	45.0	50.0	55.0	2	100.0	110.0	117.5	2	277.5	57.01	9

-57kg

1	Almas Shaik Sadiya	2002	IND	55.90	0.1941	9	160.0	177.5-c	487.5	1	65.0	70.0	77.5	1	150.0	163.0-c	170.0-c	1	417.5	81.03	12
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-63kg

1	K Kavitha	2000	IND	57.60	0.1904	10	100.0	120.0	135.0	1	55.0	65.0	70.0	1	120.0	140.0	450.0	1	345.0	65.70	12
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-69kg

1	M Priya	2000	IND	64.65	0.1779	14	120.0	145.0	460.0	1	70.0	80.0	82.5	1	125.0	140.0	147.5	1	375.0	66.73	12
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-84kg

1	G Naik Pratheeksha	2000	IND	83.55	0.1576	12	180.0	493.0	193.0-c	1	95.0	105.0	446.0	1	160.0	175.0	480.0	1	473.0	74.55	12
2	Saravanan Amsavalli	2001	IND	80.50	0.1600	11	150.0	152.5	157.5	2	60.0	65.0	70.0	2	145.0	150.0	157.5	2	385.0	61.61	9

84+kg

1	Ghosh Moumita	2002	IND	99.65	0.1482	13	175.0	200.0	200.0	1	90.0	97.5	100.0	1	160.0	185.0	193.0-c	1	493.0	73.06	12
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Team (points)

1 India 60 [12+12+12+12+12] 366.88 IPF GL

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Almas Shaik Sadiya	India	55.90	417.5	81.0255	1
2.	G Naik Pratheeksha	India	83.55	473.0	74.5453	1
3.	Ghosh Moumita	India	99.65	493.0	73.0621	1

Masters 1

-63kg

1	Dutta Chatterjee Sima	1977	IND	62.85	0.1808	2	90.0	110.0	447.5	1	60.0	65.0	67.5	1	90.0	110.0	425.0	1	285.0	51.52	12
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-69kg

1	Suganthi B Amudha	1982	IND	63.40	0.1799	4	440.0	110.0	120.0	1	65.0	67.5	70.0	1	120.0	130.0	140.0	1	330.0	59.36	12
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84+kg

1	Sadashiv Vaishali	1982	IND	88.45	0.1542	3	95.0	105.0	115.0	1	40.0	47.5	52.5	1	95.0	105.0	117.5	1	280.0	43.18	12
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Team (points)

1 India 36 [12+12+12] 154.06 IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Suganthi B Amudha	India	63.40	330.0	59.3640	1
2.	Dutta Chatterjee Sima	India	62.85	285.0	51.5220	1
3.	Sadashiv Vaishali	India	88.45	280.0	43.1782	1

Masters 2

-52kg

1	Anthony Carol	1966	RSA	51.70	0.2045	9	110.0	420.0	430.5	1	47.5	52.5	55.0	1	110.0	120.0	127.5	1	290.0	59.30	12
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-63kg

1	Kasana Dimple	1967	IND	61.70	0.1827	13	75.0	90.0	95.0	1	45.0	52.5	55.0	1	80.0	100.0	112.5	1	260.0	47.50	12
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-76kg

1	Manikhombi Devi Kangabz	1970	IND	75.00	0.1651	20	50.0	60.0	60.0	1	30.0	32.5	X	1	50.0	67.5	72.5	1	165.0	27.24	12
84+kg																					
1	Lena Devi Takhelmayum	1969	IND	86.45	0.1555	16	50.0	65.0	80.0	1	35.0	40.0	60.0	1	60.0	72.5	82.5	1	187.5	29.16	12

Team (points)

1	India	36	[12+12+12]	103.90	IPF GL
2	South Africa	12	[12]	59.30	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Anthony Carol	South Africa	51.70	290.0	59.2969	1
2.	Kasana Dimple	India	61.70	260.0	47.5038	1
3.	Lena Devi Takhelmayum	India	86.45	187.5	29.1613	1

Masters 3

-63kg																					
1	Gevers Jeanette	1962	AUS	59.65	0.1864	12	140.0	145.0	150.5	1	85.0	87.5	87.5	1	127.5	132.5	135.0	1	368.0	68.59	12

Team (points)

1	Australia	12	[12]	68.59	IPF GL
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Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Gevers Jeanette	Australia	59.65	368.0	68.5915	1

Masters 4

1	Silver Valerie	1949	AUS	62.10	0.1820	11	35.0	42.5	45.0	1	40.0	42.5-c	45.0	1	85.0	92.5	100.0	1	180.0	32.76	12
—	Devi Kh Chingkhuleima	1948	IND	74.45	0.1656	19	30.0	30.0	50.0	1	25.0	X	25.0	—	40.0	50.0	70.0	1	DSQ	—	—

Team (points)

1	Australia	12	[12]	32.76	IPF GL
—	India	—	—	—	—

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Silver Valerie	Australia	62.10	180.0	32.7647	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia

RSA = South Africa

IND = India