

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-53kg	Casamayor Aeron Paul	Philippines	1999	51.39	167.5	02.12.2022	Dubai / United Arab Emirates	
-59kg	Li Yuk Lam	Hong Kong	2001	57.73	213.0	24.06.2023	Hong Kong / Hong Kong	
-66kg	Ho Tristan	Singapore	2002	65.45	234.5	13.12.2023	Johor Bahru / Malaysia	
-74kg	Cheung Chin Lam	Hong Kong	2001	73.35	255.5	13.12.2023	Johor Bahru / Malaysia	
-83kg	Veraana Andre	Indonesia	2001	82.65	282.5	13.12.2023	Johor Bahru / Malaysia	
-93kg	Smagulov Yerlan	Kazakhstan	1994	92.54	310.0	24.06.2017	Minsk / Belarus	
-105kg	Endoso John	United Arab Emirates	2005	105.00	311.5	14.12.2023	Johor Bahru / Malaysia	
-120kg	Wu Yi-Chiu	Chinese Taipei	2000	118.00	340.5	14.12.2023	Johor Bahru / Malaysia	
120+kg	Xu Mingjie	China	2003	163.45	335.0	14.12.2023	Johor Bahru / Malaysia	
BENCH PRESS								
-53kg	Yelzhanov Shingis	Kazakhstan	2001	52.04	116.0	03.12.2019	Almaty / Kazakhstan	
-59kg	Inubushi Ryuichi	Japan	2004	57.78	148.0	31.08.2022	Istanbul / Turkiye	
-66kg	Alomari Ramzi	Iraq	2001	64.90	170.0	03.12.2022	Dubai / United Arab Emirates	
-74kg	Tan Kian Tong Bobby Kian Tong	Singapore	2000	73.94	190.0	30.08.2023	Cluj Napoca / Romania	
-83kg	Veraana Andre	Indonesia	2001	82.65	188.5	13.12.2023	Johor Bahru / Malaysia	
-93kg	Zhang Haoruo	China	2000	92.60	195.5	26.06.2016	Hong Kong / Hong Kong	
-105kg	Yang Sen	Chinese Taipei	1994	104.40	207.5	26.06.2016	Killeen / U.S.America	
-120kg	El Chaer Etienne	Lebanon	2000	119.00	202.5	21.07.2023	Beirut / Lebanon	
120+kg	Piao Jiaqi	China	2001	123.15	240.0	14.12.2023	Johor Bahru / Malaysia	
DEADLIFT								
-53kg	Casamayor Aeron Paul	Philippines	1999	51.39	220.0	02.12.2022	Dubai / United Arab Emirates	
-59kg	Agabon Alexei Laurenz	Philippines	2003	58.65	257.5	13.12.2023	Johor Bahru / Malaysia	
-66kg	Kiuchi Yosuke	Japan	1996	65.20	280.0	06.12.2019	Ulaanbaatar / Mongolia	
-74kg	Fernandes Aren Joy	India	2001	74.00	312.5	16.12.2023	Johor Bahru / Malaysia	
-83kg	Norfatris Danial	Singapore	1996	81.70	305.5	06.12.2019	Almaty / Kazakhstan	
-93kg	Chien Yu-Chan	Chinese Taipei	2001	92.85	320.0	13.12.2023	Johor Bahru / Malaysia	
-105kg	Joeswardhana Abrar Anandikka	Indonesia	2000	101.70	317.0	14.12.2023	Johor Bahru / Malaysia	
-120kg	El Chaer Etienne	Lebanon	2000	119.00	355.0	21.07.2023	Beirut / Lebanon	
120+kg	El Chaer Etienne	Lebanon	2000	121.89	338.5	07.12.2022	Dubai / United Arab Emirates	
TOTAL								
-53kg	Casamayor Aeron Paul	Philippines	1999	51.39	477.5	02.12.2022	Dubai / United Arab Emirates	
-59kg	Hisatsune Ayumi	Japan	1997	58.85	587.5	11.06.2019	Helsingborg / Sweden	
-66kg	Aryanto Viki	Indonesia	1994	65.85	653.5	10.12.2014	Melbourne / Australia	
-74kg	Fernandes Aren Joy	India	2001	74.00	707.5	16.12.2023	Johor Bahru / Malaysia	
-83kg	Veraana Andre	Indonesia	2001	82.65	756.0	13.12.2023	Johor Bahru / Malaysia	
-93kg	Smagulov Yerlan	Kazakhstan	1994	92.54	822.5	24.06.2017	Minsk / Belarus	
-105kg	Yang Sen	Chinese Taipei	1994	104.40	807.5	26.06.2016	Killeen / U.S.America	
-120kg	El Chaer Etienne	Lebanon	2000	119.00	887.0	21.07.2023	Beirut / Lebanon	
120+kg	Xu Mingjie	China	2003	163.45	855.0	14.12.2023	Johor Bahru / Malaysia	
BENCH PRESS (SINGLE LIFT)								
-53kg	Buriev Husnuddin	Uzbekistan	1994	52.75	150.0	03.06.2014	Johannesburg / South Africa	
-59kg	Hondo Masatatsu	Japan	1995	52.75	163.0	21.04.2017	Killeen / U.S.America	
-66kg	Tsuchida Masaomi	Japan	1996	65.45	172.5	19.05.2019	Tokyo / Japan	

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-74kg	Tan Bobby Kian Tong	Singapore	2000	73.94	190.0	30.08.2023	Cluj Napoca / Romania
-83kg	Yudchenko Sergey	Kazakhstan	1996	80.60	192.5	19.05.2019	Tokyo / Japan
-93kg	Tezichev Kirill	Kazakhstan	1997	90.81	210.5	18.05.2018	Vantaa / Finland
-105kg	Takimoto Takahiro	Japan	1996	101.90	222.0	19.05.2019	Tokyo / Japan
-120kg	Nagoshi Yuki	Japan	1998	107.14	205.0	19.05.2019	Tokyo / Japan
120+kg	Piao Jiaqi	China	2001	123.15	240.0	14.12.2023	Johor Bahru / Malaysia

Abbreviation: * – Pending Approval