

Asian Sub-Juniors Women's Equipped Records

Last update: 30 Aug 2023, 07:27 UTC

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-43kg	Jheng Ya-Syuan	Chinese Taipei	1999	42.20	132.5	02.05.2017	Soreang / Indonesia	
-47kg	Bautista Jeremy Reign	Philippines	1999	46.99	135.0	31.08.2015	Prague / Czechia	
-52kg	Chen Yi-Jin	Chinese Taipei	2003	51.60	157.5	27.08.2019	Regina / Canada	
-57kg	Priya D Harini	India	2004	56.25	170.0	19.06.2022	Coimbatore / India	
-63kg	Kao Yu-Chen	Chinese Taipei	2005	61.97	195.0	29.06.2023	Hong Kong / China	
-69kg	M. Kiruthika	India	2005	67.10	175.0	20.06.2022	Coimbatore / India	
-76kg	Sneha Gharami	India	2006	75.40	182.5	05.05.2023	Alappuzha / India	
-84kg	Shabeena Shaik	India	2005	79.78	175.0	26.08.2023	Cluj Napoca / Romania	
84+kg	Gu Sin-Wei	Chinese Taipei	2006	121.14	266.0	29.06.2023	Hong Kong / China	
BENCH PRESS								
-43kg	Ompod Veronica	Philippines	2000	42.54	57.5	02.05.2017	Soreang / Indonesia	
-47kg	Kikuchi Miyabi	Japan	1998	46.78	80.0	29.08.2016	Szczyrk / Poland	
-52kg	Karimova Dilyra	Kazakhstan	1998	51.80	95.0	29.08.2016	Szczyrk / Poland	
-57kg	Burik Marina	Kazakhstan	1993	56.50	90.0	30.08.2011	Moose Jaw / Canada	
-63kg	Karimova Amina	Kazakhstan	2005	61.34	115.0	25.08.2023	Cluj Napoca / Romania	
-69kg	Gaas Regina	Kazakhstan	2004	64.40	90.0	28.08.2022	Istanbul / Turkiye	
-76kg	Chuluunbat Khaliunaa	Mongolia	2005	74.95	92.5	29.08.2022	Istanbul / Turkiye	
84+kg	Gu Sin-Wei	Chinese Taipei	2006	117.88	108.0	05.05.2023	Alappuzha / India	
DEADLIFT								
-43kg	Akshaya P	India	2006	42.90	123.0	02.05.2023	Alappuzha / India	
-47kg	Krishna V K Anjana	India	2006	45.46	142.5	24.08.2023	Cluj Napoca / Romania	
-52kg	Huang Hui-Chuan	Chinese Taipei	1996	51.49	162.5	27.04.2014	Quzon / Philippines	
-57kg	Priya D Harini	India	2004	56.25	167.5	19.06.2022	Coimbatore / India	
-63kg	Kao Yu-Chen	Chinese Taipei	2005	61.97	165.0	29.06.2023	Hong Kong / China	
-69kg	Varshini S. Amritha	India	2005	67.10	157.5	20.06.2022	Coimbatore / India	
-76kg	Sneha Gharami	India	2006	75.40	170.0	05.05.2023	Alappuzha / India	
-84kg	Skvortsova Yekaterina	Kazakhstan	2001	83.24	160.0	24.04.2019	Hong Kong / Hong Kong	
84+kg	Fitria Martinings	Indonesia	1994	93.00	182.5	06.12.2011	Kobe / Japan	
TOTAL								
-43kg	Jheng Ya-Syuan	Chinese Taipei	1999	42.20	302.5	02.05.2017	Soreang / Indonesia	
-47kg	Tabuan Jessa Mae	Philippines	2002	45.91	347.5	26.08.2019	Regina / Canada	
-52kg	Huang Hui-Chuan	Chinese Taipei	1996	51.49	400.0	27.04.2014	Quzon / Philippines	
-57kg	Priya D Harini	India	2004	56.25	427.5	19.06.2022	Coimbatore / India	
-63kg	Karimova Amina	Kazakhstan	2005	61.34	452.5	25.08.2023	Cluj Napoca / Romania	
-69kg	M. Kiruthika	India	2005	67.10	405.0	20.06.2022	Coimbatore / India	
-76kg	Sneha Gharami	India	2006	75.40	425.0	05.05.2023	Alappuzha / India	
-84kg	Skvortsova Yekaterina	Kazakhstan	2001	83.24	520.0	24.04.2019	Hong Kong / Hong Kong	
84+kg	Gu Sin-Wei	Chinese Taipei	2006	121.14	541.0	29.06.2023	Hong Kong / China	
BENCH PRESS (SINGLE LIFT)								
-43kg	Popova Kristina	Kazakhstan	2001	42.90	67.5	25.05.2017	Kaunas / Lithuania	
-47kg	Popova Kristina	Kazakhstan	2001	46.65	82.5	26.04.2018	Potchefstroom / South Africa	
-52kg	Karimova Dilyra	Kazakhstan	1998	95.00	95.0	29.08.2016	Szczyrk / Poland	
-57kg	Dyachenko Taissiya	Kazakhstan	2000	56.40	120.0	25.05.2017	Kaunas / Lithuania	
-63kg	Sovetova Tamiris	Kazakhstan	2002	61.70	125.0	07.09.2019	Ulaanbaatar / Mongolia	
-69kg	Nuridin Aiken	Kazakhstan	2007	67.35	87.5	29.12.2021	Istanbul / Turkiye	
-76kg	Jumabayeva Barno	Kazakhstan	2007	75.00	112.5	29.12.2021	Istanbul / Turkiye	

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-84kg	Nikolayeva Alevtina	Kazakhstan	1998	82.90	100.0	13.09.2014	Bishkek / Kyrgyzstan
84+kg	Meier Regina	Kazakhstan	1999	92.30	135.0	25.05.2017	Kaunas / Lithuania

Abbreviation: * – Pending Approval