w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Kumpuniemi Eila	Finland	1942	46.48	**90.5**	02.10.2018	Ulaanbaatar / Mongolia	
-52kg	Kumpuniemi Eila	Finland	1942	48.68	**98.5**	12.07.2016	Pilsen / Czechia	
-57kg	Fernstrom Britten	Sweden	1949	55.84	**100.5**	05.07.2023	Pilsen / Czechia	
-63kg	Fomina Tatyana	Russia	1946	60.35	**115.5**	02.10.2018	Ulaanbaatar / Mongolia	
-69kg	Europe Standard				**100.0**	01.01.2021		
-76kg	Europe Standard				**105.0**	01.01.2021		
-84kg	Europe Standard				**122.5**	01.01.2011		
84+kg	Europe Standard				**132.5**	01.01.2011		
BENCH PRESS								
-47kg	Kumpuniemi Eila	Finland	1942	45.56	**50.0**	09.07.2013	Hamm / Luxembourg	
-52kg	Kumpuniemi Eila	Finland	1942	47.96	**57.5**	17.07.2012	Pilsen / Czechia	
-57kg	Fernstrom Britten	Sweden	1949	55.84	**68.0**	05.07.2023	Pilsen / Czechia	
-63kg	Hykova Adina	Czechia	1943	60.47	**72.5**	12.07.2016	Pilsen / Czechia	
-69kg	Europe Standard				**65.0**	01.01.2021		
-76kg	Europe Standard				**67.5**	01.01.2021		
-84kg	Europe Standard				**85.0**	01.01.2011		
84+kg	Europe Standard				**90.0**	01.01.2011		
DEADLIFT								
-47kg	Kumpuniemi Eila	Finland	1942	46.31	**111.0**	03.10.2016	Tallinn / Estonia	
-52kg	Kumpuniemi Eila	Finland	1942	49.43	**120.5**	21.09.2014	Pilsen / Czechia	
-57kg	Fernstrom Britten	Sweden	1949	55.84	**123.0**	05.07.2023	Pilsen / Czechia	
-63kg	Fomina Tatyana	Russia	1946	61.72	**132.5**	03.10.2016	Tallinn / Estonia	
-69kg	Europe Standard				**105.0**	01.01.2021		
-76kg	Europe Standard				**107.5**	01.01.2021		
-84kg	Europe Standard				**122.5**	01.01.2011		
84+kg	Europe Standard				**132.5**	01.01.2011		
TOTAL								
-47kg	Kumpuniemi Eila	Finland	1942	45.56	**247.5**	09.07.2013	Hamm / Luxembourg	
-52kg	Kumpuniemi Eila	Finland	1942	49.53	**270.5**	08.07.2014	Pilsen / Czechia	
-57kg	Fernstrom Britten	Sweden	1949	55.84	**291.5**	05.07.2023	Pilsen / Czechia	
-63kg	Fomina Tatyana	Russia	1946	61.72	**300.0**	03.10.2016	Tallinn / Estonia	
-69kg	Europe Standard				**270.0**	01.01.2021		
-76kg	Europe Standard				**290.0**	01.01.2021		
-84kg	Europe Standard				**312.5**	01.01.2011		
84+kg	Europe Standard				**337.5**	01.01.2011		
BENCH PRESS (SINGLE LIFT)								
-47kg	Kumpuniemi Eila	Finland	1942	46.25	**52.5**	22.05.2017	Kaunas / Lithuania	
-52kg	Heligon Francoise	France	1943	51.26	**64.5**	11.10.2017	La Manga / Spain	
-57kg	Heligon Francoise	France	1943	55.07	**71.0**	16.10.2019	Tampere / Finland	
-63kg	Hykova Adina	Czechia	1943	62.40	**78.0**	15.10.2015	Tallinn / Estonia	
-69kg	Europe Standard				**67.5**	01.01.2021		
-76kg	Europe Standard				**72.5**	01.01.2021		
-84kg	Europe Standard				**85.0**	01.01.2011		
84+kg	Europe Standard				**90.0**	01.01.2011		

Abbreviation: * − Pending Approval