

w.class	name	nation	born	bwt	result	date	location	state
SQUAT								
-47kg	Tynelius Marianne	Sweden	1964	46.76	83.0	12.02.2024	Malaga / Spain	
-52kg	Viitasaari Vuokko	Finland	1954	51.99	115.5	06.06.2018	Calgary / Canada	
-57kg	Jokitalo Leena	Finland	1961	55.08	120.0	12.02.2024	Malaga / Spain	
-63kg	Trimble Joan	Great Britain	1955	61.52	117.5	08.10.2022	St. John's / Canada	
-69kg	Loken Kirsti	Norway	1954	68.10	116.0	28.02.2023	Budapest / Hungary	
-76kg	Palsdottir Elsa	Iceland	1960	74.62	145.0	12.02.2024	Malaga / Spain	
-84kg	Takacova Hana	Czechia	1954	83.82	142.0	09.03.2020	Albi / France	
84+kg	Beremark Katarina	Sweden	1964	103.24	130.5	12.02.2024	Malaga / Spain	
BENCH PRESS								
-47kg	Europe Standard				50.0	01.01.2018		
-52kg	Hunter Jennifer	Great Britain	1958	51.80	67.5	06.03.2018	Helsingborg / Sweden	
-57kg	Hunter Jennifer	Great Britain	1958	54.03	68.5	07.06.2018	Calgary / Canada	
-63kg	Kosztin Flora	Hungary	1955	60.20	90.0	05.03.2019	Gyor / Hungary	
-69kg	Gustafsson Carin	Sweden	1963	66.70	82.5	28.02.2023	Budapest / Hungary	
-76kg	Del Luca Sara	Italy	1954	71.48	76.0	09.03.2020	Albi / France	
-84kg	Blikra Inger	Norway	1961	82.42	102.5	23.09.2021	Halmstad / Sweden	
84+kg	Takacova Hana	Czechia	1954	91.60	92.5	12.02.2024	Malaga / Spain	
DEADLIFT								
-47kg	Cornwall Marina	Great Britain	1954	45.19	123.0	02.12.2015	Vancouver / Canada	
-52kg	Girardi Marzia	Italy	1963	48.92	150.5	28.02.2023	Budapest / Hungary	
-57kg	Guennech Edith	France	1956	56.06	155.5	15.06.2017	Minsk / Belarus	
-63kg	Guennech Edith	France	1956	58.75	157.5	09.03.2020	Albi / France	
-69kg	Jensen Ulla Nancy	Denmark	1964	68.38	153.5	12.02.2024	Malaga / Spain	
-76kg	Nurmilaukas Outi	Finland	1964	74.00	178.5	12.02.2024	Malaga / Spain	
-84kg	Blikra Inger	Norway	1961	82.30	157.5	08.10.2022	St. John's / Canada	
84+kg	Beremark Katarina	Sweden	1964	103.24	173.5	12.02.2024	Malaga / Spain	
TOTAL								
-47kg	Cornwall Marina	Great Britain	1954	44.55	245.0	06.03.2018	Helsingborg / Sweden	
-52kg	Viitasaari Vuokko	Finland	1954	51.37	322.5	15.06.2017	Minsk / Belarus	
-57kg	Tiernan Deborah	Great Britain	1963	56.70	320.0	12.02.2024	Malaga / Spain	
-63kg	Kosztin Flora	Hungary	1955	60.20	327.5	05.03.2019	Gyor / Hungary	
-69kg	Gustafsson Carin	Sweden	1963	66.70	337.5	28.02.2023	Budapest / Hungary	
-76kg	Palsdottir Elsa	Iceland	1960	73.94	375.5	28.02.2023	Budapest / Hungary	
-84kg	Blikra Inger	Norway	1961	82.30	390.0	08.10.2022	St. John's / Canada	
84+kg	Beremark Katarina	Sweden	1964	103.24	394.0	12.02.2024	Malaga / Spain	
BENCH PRESS (SINGLE LIFT)								
-47kg	Servajeau Martine	France	1958	45.22	72.5	09.08.2018	Merignac / France	
-52kg	Hunter Jennifer	Great Britain	1958	51.70	68.0	18.05.2019	Tokyo / Japan	
-57kg	Lesellier Christine	France	1963	56.51	82.5	31.07.2023	Merignac / France	
-63kg	Kosztin Flora	Hungary	1955	60.20	90.0	05.03.2019	Gyor / Hungary	
-69kg	Maciejewski Patricia	France	1961	68.40	83.0	21.05.2023	Sun City / South Africa	
-76kg	Haas Regina	Germany	1962	73.75	95.5	21.05.2023	Sun City / South Africa	
-84kg	Blikra Inger	Norway	1961	82.42	102.5	23.09.2021	Halmstad / Sweden	
84+kg	Speth Eva	Germany	1954	92.30	94.0	07.08.2019	Hamm / Luxembourg	

Abbreviation: * – Pending Approval